



KMTC/QP-08/EPS

**KENYA MEDICAL TRAINING COLLEGE
FACULTY OF NURSING
DEPARTMENT OF NURSING**

**END OF SEMESTER EXAMINATION
FOR
CERTIFICATE IN COMMUNITY HEALTH NURSING
YEAR 1 SEMESTER 2**

MODULES: GLOBAL HEALTH POLICIES & INITIATIVES AND INTEGRATED HEALTH SERVICES

DATE: 28TH JULY, 2022

TIME: HOURS (2.00 PM – 5.00 PM)

INSTRUCTIONS

1. This paper consists of:

PHARMACOLOGY II KECHN Y1S2 comprising of:

- Section 1 (20 Multiple Choice Questions)
- Section 2 (7 Short Answer Questions)
- Section 3 (2 Long Answer Question)

2. Attempt **ALL** Questions

3. Write your **COLLEGE NUMBER** only on all the answer sheets provided and on the question paper.

4. Ensure that all examination answer scripts are handed in at the end of the examination

5. Ensure you sign the examination register provided

COLLEGE NUMBER C/NURS/22037/371

28
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SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. Tier one health care delivery units includes;
 - a) Clinics
 - b) Dispensaries
 - c) Health centres
 - d) Community
2. Efforts to detect and treat existing health problems at the earliest possible state when disease or impairment already exist is
 - a) Primary prevention
 - b) Secondary prevention
 - c) Tertiary prevention
 - d) Rehabilitative prevention
3. Roles of families with teenagers include:-
 - a) Encouraging children to make marital relationship
 - b) Releasing children as young adults
 - c) Maintaining a supportive home-base
 - d) Encouraging open parent-child communication
4. Screening in school health services involves;
 - a) Treatment of the sick school children
 - b) Taking note of any unusual signs or symptoms
 - c) Referral of sick pupils for further treatment
 - d) Health examination to determine the pupil's health status
5. An example of a guiding principle in school health services include;
 - a) Equality, technology
 - b) Privacy and confidentiality
 - c) Discrimination and availability
 - d) Access to information and injustice
6. The following is a step in evaluating the school health program
 - a) Taking corrective action
 - b) Implementing interventions
 - c) Discussing with stakeholders
 - d) Formulating school health objectives
7. The holistic approach to the achievement of wholesome health for the family is;
 - a) Family nursing
 - b) Family health care
 - c) Family health nursing
 - d) Family nursing process
8. A rural health unit under the Ministry of health that is charged with the responsibility of providing services to a particular catchment area is;
 - a) Clinic
 - b) Dispensary
 - c) Health centre
 - d) Sub-county hospital
9. The following preventive/promotive services are appropriate to Late Childhood (6- 12 yrs)

- a) Antenatal care, breastfeeding^x
 b) Vaccination, growth monitoring
 c) Supplementary feeding, de-worming[✓]
 d) Nutritional care, insecticide treated net use
10. The component of a school health programme include:
 a) Health Education in Schools, Healthful School Environment, Mobile Clinics
 b) Home Visiting, Dental Health, Healthful School Environment
 c) Parent-Teacher Association, Community Mobilization, Deworming
 d) School Health Services, Health Education In Schools, Healthful School Environment
11. The interventions that will promote healthy school children during school health programme include:
 a) Protection from diseases, appropriate medical and dental care
 b) Treatment of cases, referral to healthy facility
 c) Medical examination, immunization
 d) Daily observation, nutritional programmes
12. Which is the primary goal of community health nursing?
 a) To support and supplement the efforts of the medical profession in the promotion of health and prevention of diseases
 b) To enhance the capacity of individuals, families and communities to cope with their health needs
 c) To increase the productivity of the people by providing them with services that will increase their level of health
 d) To contribute to national development through promotion of family welfare, focusing particularly on mothers and children
13. Tier IV Hospital are classified as?
 a) Primary
 b) Secondary
 c) Intermediate
 d) Tertiary
14. Some of the concepts of primary health care include;
 a) Accessibility, Affordability, Community Participation
 b) Availability, Accessibility, Community Involvement
 c) Accessibility, Affordability, Accessibility
 d) Community Mobilization, Affordability, Accessibility
15. Which level of health facility is the usual point of entry of a client into the health care delivery system?
 a) Primary
 b) Secondary
 c) Intermediate
 d) Tertiary
16. The Nurse is the supervisor of rural health midwives. Which of the following is a supervisory function of the Nurse?
 a) Referring cases or patients to the midwife
 b) Providing technical guidance to the midwife
 c) Providing nursing care to cases referred by the midwife
 d) Formulating and implementing training programs for midwives
17. Isolation of a child with measles belongs to what level of prevention?

- a) Primary
- b) Secondary
- c) Intermediate
- d) Tertiary

18. The process of creating awareness of health issues in the community is:-

- a) Community participation
- b) Community involvement
- c) Community mobilization
- d) Community sensitization

19. A common outcome from the willingness of a community to participate in initiated health programs is;

- a) Resource mobilization
- b) Improved health workforce
- c) Creation of partnership between development agencies and the community
- d) Overall improvement of the community's health status

20. Assessment of a community by a nurse involves?

- a) Identifying present and potential needs and resources related to health of patients.
- b) Participation in planning for community health nursing services
- c) Providing health education to inform the community on health problems
- d) Ensuring that all records on reactions of clients, degree of satisfaction, are well kept

SECTION II: SHORT ANSWER QUESTIONS (SAQS)

40 MARKS

- *21. Outline five (5) principles of community health according to the Alma Ata Declaration of 1978 5 marks
- *22. State five (5) components of high priority package in the Kenya essential package for health 5 marks
- 23. Outline five (5) possible causes of home accidents 5 marks
- 24. State five (5) responsibilities of a school nurse 5 marks
- 25. State four (4) activities carried out during outreaches 5 marks
- 26. Outline six (6) basic needs of a school going child 6 marks
- 27. State five (5) services provided in an integrated mother and child health/FP (IMCH/FP) clinic 5marks
- *28. Outline (5) priority areas of Ouagadougou declaration 5 marks

SECTION III: LONG ANSWER QUESTIONS (LAQS)

40 MARKS

- 29. You have been deployed as a Nurse in a dispensary within your sub-County with a principal role of planning and conducting weekly home visits to your clients.
 - a. Outline five (5) specific objectives of home visiting that you will consider in your weekly home visits to your clients 5marks
 - b. Explain five (5) relevant principles of family health nursing that you maintain during your weekly home visits to your clients 10marks
 - c. Outline five ways you will conduct yourself during the visits 5marks
- 30. The delivery of health care services in Kenya is depended on past health conventions and declarations.
 - a. Describe three pillars of the Kenyan vision 2030 6 marks
 - b. Explain seven (7) sustainable development goals 14 marks