**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Determinants of health status in the community. **TOPIC:**  introduction

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Community definition*  *Function of community*  *Community feelings* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Determinants of health status in the community. **TOPIC:**  dimension of community

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Identify determinants of health status in the community

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Functions as dimension of community*  *Health and community systems* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Determinants of health status in the community. **TOPIC:**  definition of health

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Models of health*  *Dimensions of health*  *Concepts of community health(preventive,curative and rehabilitative heslth)* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health education and health promotion. **TOPIC:** Definition

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Participate in the process of planning and implementation of Primary Health Care and Community Based Health Care activities

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background information,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Definition*  *Components of health promotion*  *Principles of health promotion* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health education and health promotion. **TOPIC:**  illness prevention

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Participate in the process of planning and implementation of Primary Health Care and Community Based Health Care activities

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Intervention programmes*  *(primordial,*  *primary,*  *secondary,*  *tertiary)* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health education and health promotion. **TOPIC:**  Ottawa charter

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Participate in the process of planning and implementation of Primary Health Care and Community Based Health Care activities

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Definition*  *Components*  *Areas and strategies for health promotion*  *Key developments*  *Principles of health promotions* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health education and health promotion. **TOPIC:**  definition of health education

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Participate in the process of planning and implementation of Primary Health Care and Community Based Health Care activities

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Definition*  *Aims and objectives of health education*  *Approaches, steps in carrying out healtheducation* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health education and health promotion. **TOPIC: Topics in health education**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Participate in the process of planning and implementation of Primary Health Care and Community Based Health Care activities

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *common topics of health education, methods of health education, planning for health education and tips for health education* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC: Definition**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background information,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Definition of primary health care*  *Characteristic of HC* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC: Principles of PHC**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

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| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background information,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Principles of PHC*  *Elements of PHC* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC: MDGs and SDGs**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *MDGs*  *Concepts and definitions SGDs* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC: Community based health care (CBHC)**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Introduction to CBHC* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC: Community health strategy**

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Community health strategy* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Health Promotion Materials. **TOPIC:** Health Promotion Materials

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Teaching aids*  *Posters*  *charts* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….

**KENYA MEDICAL TRAINING COLLEGE**

**KMTC QUALITY MANAGEMENT SYSTEM**

**TEACHING AND LEARNING LESSON DESIGN PLAN**

**CAMPUS:** Voi **TARGET**: Clinical Medicine CLASS: March 2022 DATE: …………………. TIME:………………….

**SUBJECT:** COMMUNITY HEALTH I **UNIT**: Primary Healthcare and CHBC. **TOPIC:** Health Promotion Materials

**BROAD OBJECTIVE:** By the end of this lesson the learner should be able to, identify determinants of disease in the community, plan community health education, design and deliver health promotion messages, Plan, organize and facilitate health education-related messages

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| INSTRUCTIONAL APPROACH | SPECIFIC  OBJECTIVES | TEACHING  METHOD | TEACHER’S  ACTIVITY | LEARNER’S  ACTIVITY | INSTRUCTIONAL  MEDIA | REFERRENCE | TIME | REMARKS |
| Schema  Activation | *Climate setting*  *Introduction to the unit and the subject*  *Background informatios,*  *Topic introduction* | *Greetings*  *Brain storming*  *Introduction* | *Introduction to students*  *Lecturer asking questions* | *Introduction to lecturers*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen* | Aggleton, F., Dennison, C & Warwick, I. (2010)2. Promoting health and wellbeing through schools, (1st edition). Routledge Publishers. London UK | *5 min* | *Done* |
| Schema  Construction | *Videos*  *Demonstrations, role plays* | *Lectures*  *Class room discussion* | *Lecturing*  *Asking questions*  *Giving answers* | *Taking notes and listening*  *Answering and asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Amadan, R. (2010). Planning in Health Promotion Work: An Empowerment Model, London, Routledge. Green, J. & Tones, K. (2010). | *1 hr 40 min* | *Done* |
| Schema  refinement | *Evaluation of*  *Students understanding*  *Provision of assignment* | *Lecture*  *Classroom discussion* | *Lecturing asking questions*  *Giving assignments* | *Answering questions*  *Asking questions* | *White board*  *Marker pen*  *Projectors*  *Pen*  *Lecture notes* | Wood. C. H. (2008). Continuing Education for Health Workers Planning District Programmes. Amref, Nairobi. Kenya | *10 min* | *done* |

Subject lecturer:………………………………………………………………………………… Signature:…………………………………………… Date……………………..

Course coordination:…………………………………………………………………………. Signature:…………………………………………… Date……………………..

Head of department: ………………………………………………………………………… Signature:…………………………………………… Date…………………….