

# CURRICULUM VITAE

## **Cynthia Awino**

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## **Professional Summary**

Dedicated and compassionate nursing professional with experience in basic and advanced nursing care. Proven ability to manage diverse patient needs across various departments, including medical, surgical, and psychiatric wards. Skilled in patient admission, discharge processes, wound care, patient teaching, counseling, and specialized therapies.

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## **Work Experience**

### **Basic Nursing Care Provider**

*September 2022 - January 2023*

- Performed basic nursing care services: admission, discharge, wound dressing, bedbirth, patient teaching & counseling, breaking bad news.
- Rendered services in various departments:
  - Gynecological Ward
  - Female and Male Medical Ward
  - Female and Male Surgical Ward
  - Pediatric Ward

### **Psychiatric Care Management**

*Mathare Teaching and Referral Hospital, September 2023*

- Managed psychiatric patients including admission, total care in the ward, psychotherapy, individual therapy, group therapy, cognitive behavioral therapy, and management of suicidal patients.

### **Ward Management Services**

*Muranga Level Five Hospital, May - June 2024*

- Performed comprehensive management services in the ward, ensuring total patient care and efficient ward operations.
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## **Education**

### **Kenya Medical Training College**

2021 - 2024

### **Nursing in Mental Health, Computer Packages, and Psychiatry**

March - July 2021

### **St. Joseph's Girls High School**

2017 - 2020

Achieved Certificate of Secondary Education (KCSE)

### **St. Gerald Primary School**

2006 - 2016

Achieved Certificate of Primary Education (KCPE)

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## **Skills**

- Basic Nursing Care
  - Patient Admission and Discharge
  - Wound Dressing
  - Bedbirth Assistance
  - Patient Teaching & Counseling
  - Breaking Bad News
  - Psychotherapy
  - Individual Therapy
  - Group Therapy
  - Cognitive Behavioral Therapy
  - Management of Suicidal Patients
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## **Referees**

Available upon request.