

MCQs: SECTION A (20 mks)

1. Community is composed of specific dimensions which include the following except?
 - a. Social interactions
 - b. Collection of people such as community health worker
 - c. Geographical location, housing and transportation
 - d. None of the above
2. Which of the following is not true about objectives of community health?
 - a. Increase morbidity and decrease of infant and maternal mortality rate
 - b. Increase lifespan of human life
 - c. Improve total health care to enrich quality of life
 - d. Increase physical, mental and social well-being of individuals
3. Health promotion involve
 - a. Combination of health, education, economic, political or organizational initiatives to positive attitudinal, behavioral, social or environmental changes conducive to improving health of population
 - b. Focus on individual behaviour change and decrease in social and environmental intervention.
 - c. Minimum cooperation of sectors beyond health services which have influence on health
 - d. None of the above.
4. The primary purpose of health care delivery system?
 - a. Promote health
 - b. Restore health
 - c. Maintain health
 - d. All of the above
5. Determinants of health include the following except
 - a. Environmental factors
 - b. Lifestyle of the population
 - c. Mental status and physique
 - d. Human biology

6. Which of the following is not true about objectives of community health?
- Increase morbidity and decrease of infant and maternal mortality rate
 - Increase lifespan of human life
 - Improve total health care to enrich quality of life
 - Increase physical, mental and social well-being of individuals
7. Which of the following statement is true?
- It is important to understand community structures and their function when planning for community entry with the purpose of health related activities
 - Community participation is only relevant when dealing with budgeting and recruitment of community health volunteers
 - Every community have their own health institution that provide health care for their community members.
 - Only a and c are true statements
8. Primary prevention includes?
- Early diagnosis such as screening tests
 - Specific protection against diseases such as immunization or prophylaxis
 - Referral of complicated cases
 - Treatment to prevent disability
9. Types of communities can also be classified as follows EXCEPT?
- Community on intent
 - Community of practice
 - Community of infinity
 - Community of circumstance
10. The following are level of disease prevention. Which one is not?
- Secondary prevention
 - Primary prevention
 - Promotive
 - Tertiary prevention

11. About public health
- Refers to health status of the members of the community to the problem affecting their health and totality of health care provided to the community
 - Is complete state of physical, mental and social well-being and not merely absence of disease or infirmity
 - It is science and act preventing diseases, prolonging life and promoting health through organized community efforts
 - None of the above
12. Which of the following bacteria was not discovered by Robert Koch?
- Bacillus Anthracis
 - Salmonella Typhi
 - Vibrio cholera
 - Mycobacterium Tuberculosis
13. Which one is the main strategy that is used in the implementation of health promotion in health facility
- Strengthening people's health knowledge and skills to prevent ill health through use of IEC
 - Creation of environment that political good will is undermined so as the health care workers take lead in all aspects of health promotion activities
 - Different interests of the individual should be considered at the tail end of the health promotion activities
 - None of the above
14. The following factor hinder community participation
- Application of appropriate technology
 - Poor leadership
 - Prioritization of community needs
 - Good donor support systems within the community
15. Community dimension comprises the following
- Geographical locations, social systems and collection of people
 - Global space and social space only
 - Housing and transportation systems

- d. Community distribution based on ethnic consideration and housing patterns only
16. When planning for health promotion programme the following should be considered EXCEPT
- Rationale as to why the programme is needed
 - Objectives and goals to be achieved
 - Target population is seldom taken into consideration
 - Resources required such as financial and human resources
17. Basic health services in other terms is referred to?
- Health needs service
 - Essential health service
 - Community health services.
 - Standardized health service
18. Characteristics of urban communities include the following except?
- Sparsely populated
 - Comprises of different ethnic groups
 - They have different ideas, beliefs and culture
 - A and C
19. Community participation entails
- Involvement of people in a community to enable identify problems and come up with suggestions to solve their own problems related to their health
 - Health care workers bringing up issues affecting the community and giving the people strategies of solving them beginning with issues affecting them the most
 - Incorporation community leaders only health related issue
 - None of the above
20. Community based health care was established to address health issues and its success depends on the following except
- Adequate and proper supervision and management of health care activities in the community
 - Inadequate supplies of health care commodities
 - Proper selection of community health care workers
 - Adequate community participation at all levels of health delivery system

traditional, cultural & norms
Nutritional status.
social interaction.

LONG ANSWER QUESTION: SECTION B

1. Discuss determinants of health in the community (20 mks)
2. Discuss the dimension of health (20 mks)
3. Functions of community plays an important role in health promotion in the community. (20 mks)

Hygiene
Air } Environment
Water }
Noise }
Human biology
Education

Discuss Participation Education
Rehabilitation
Encouraging

Physical
Emotional
Spiritual
Occupational
Environmental
Social
Intellectual

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