**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**MARCH 2012 KRCHN CLASS (PRE-SERVICE)**

**FAMILY PLANNING SUPPLEMENTARY**

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
5. Do NOT use a pencil.
6. Mobile phones are NOT allowed in the examination hall.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS)**

Q.1. The following are severe complications of coc which needs client to return to the clinic immediately:-

1. Abdominal pains.
2. Chest pains.
3. Headaches.
4. Eye problems.

Q.2. Which of the following is not a barrier to effective family planning counselling:-

1. Educational level.
2. Lack of privacy.
3. Gender bias.
4. Family planning method.

Q.3. Which of the following is not suitable client for an IUCD:-

1. Woman with cervices.
2. Post abortion 19 years old.
3. Women who are HIV positive with no complications.
4. Women who are taking ARV with no clinical complications.

Q.4. Concerning jadalle as a method of contraception:-

1. It is an implant with an effectiveness period of 3 years.
2. It is an injectable with effectiveness period of 3 months.
3. It is an implant with an effectiveness period of 5 years.
4. Amenorrhoea is a rare side effects.

Q.5. Which of the following contraceptive method is not suitable for HIV positive person:-

1. Lucn.
2. Condom.
3. Norplant.
4. None of the above.

Q.6. Concerning vasectomy:-

1. Its effectiveness is comparable to female sterilization, implant and uesp.
2. It is not possible for the man to make his wife pregnant after 20 ejaculations.
3. Formation of antisperm antibodies is not one of the side effects.
4. Failure rate is less than 0.2%.

Q.7. Concerning injectable steroid contraceptives:-

1. Cyclofem is a monthly combined injectables.
2. Depo provera prevents against HIV and STI infection.
3. Noristerat is an injectable contraceptive that is given after every 3 months.
4. Mesegyna is a progesterone only contraceptive.

Q.8. Which of the following is not true concerning benefits of effective counselling:-

1. Increase family planning acceptors.
2. Longer acceptance of method use.
3. Improved reproductive health.
4. Decreased contraceptive prevalence rate.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) –**

Q.9. Which of the following is untrue concerning barrier contraceptive method:-

1. Diaphragm and cervical cap provides complete protection against STI/HIV.
2. Effectiveness is improved if used together with spermicides.
3. Effectiveness of female condom is similar to male condom.
4. Are women controlled methods.

Q.10. The following apply to women who should delay use of natural family planning method except:-

1. Irregular vaginal bleeding.
2. Abnormal vaginal discharge.
3. Women with chronic conditions that raise body temperatures.
4. Habit of taking mood altering drugs.

**PART TWO: SHORT ANSWER QUESTIONS**

Q.1. State the six (6) principles in counselling a family planning client. 6 marks

Q.2. Explain briefly how to manage the following side effects of LUCO:

1. Infection.
2. Perforations. 5 marks

**PART THREE: LONG ANSWER QUESTIONS**

Q.1. Explain how to perform manual examination. 10 marks

Q.2. Explain the logistic / inventory management cycle of family planning

commodities. 10 marks