**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**SEPTEMBER 2014 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING EXAMINATION**

DATE: 4/3/2015 TIME:1 – 4.00 PM

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
5. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
6. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
7. Do NOT use a pencil.
8. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) COUNSELLING– 5 MARKS**

Q.1. Parroting is:

1. Explaining something.
2. Repeating exactly what the client has said.
3. Paraphrasing.
4. Empathy.

Q.2. Active listening involves listening and:

1. Observing clients non verbals.
2. Use of encouragers.
3. All of the above.
4. Mirroring.

Q.3. SOLER is:

1. A questioning skill.
2. Attending skill.
3. Paraphrasing.
4. Exploration.

Q.4. The following is a counselling theory:

1. Psycho analytic theory.
2. Psycho social stage of human development.
3. Maslow hierarchy of human needs.
4. Emphathy.

Q.5. E U A is:

1. Model in counselling.
2. Skill in counselling.
3. A theory of counselling.
4. A reflection of feelings.

**PART TWO: SHORT ANSWER QUESTIONS – COUNSELLING – 25 MARKS**

Q.1. Explain exploration of the counselling process. 5 marks

Q.2. Describe behavioural theory of counselling. 7 marks

Q.3. Describe the counselling contract. 8 marks

Q.4. What are the limitations of confidentiality. 5 marks