**KENYA MEDICAL TRAINING COLLEGE – ELDORET**

**YEAR ONE (1) SEMESTER ONE (1)**

**MARCH 2015 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING EXAMINATION**

DATE: 23/9/2015 TIME 1.00 – 4.00 PM

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
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**PART TWO: SHORT ANSWER QUESTIONS – COUNSELLING – 20 MARKS**

Q.1. (a) Define counselling.Is the act of working with a patient to help them clarify personal goals and find ways of overcoming their problem. 1 mark

(b) Explain two (2) theories of counselling.1.Psychoanalytic theory

2.Personal centered Approach. 4 marks

Q.2. (a) List two (2) core conditions in humanistic therapy. 2 marks

(b) List ten (10) counselling skills. 5 marks

Q.3. (a) Explain the counselling process. 6 marks

(b) List two (2) limitations of confidentiality. 2 marks