**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR 1 SEMESTER TWO EXAMINATION**

**MARCH 2015 KRCHN CLASS (PRE-SERVICE)**

**FAMILY PLANNING EXAMINATION**

DATE: 26/4/2016 TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) FAMILY PLANNING– 10 MARKS**

Q.1. The following are indications of POPC except:

1. Tolerate to COCS.
2. Post-partum.
3. Diabetic mellitus.
4. Hypertension.

Q.2. The client who should not use LUCD are:

1. Breastfeeding mothers, those with fibroids, sex months post-natal.
2. Nulliparous, breastfeeding, post-partum mothers within 10 minutes.
3. Those with anaemia, congenital uterine abnormalities, abnormal vaginal bleeding.
4. Suspected pregnancy, nulliparous, menopausal.

Write true or false for Q.3.

Q.3. (a) Consumption record records information about movement of stock from one storage to

another.

(b) Transaction record records each quantity of item dispensed to customers.

Q.4. The following are contra-indications of diaphragm except?

1. Severe cystocele or rectocele.
2. Rectovaginal fistula.
3. Client without relaxed vaginal muscles.
4. Complete uterine prolapse.

Q.5. Concerning vasectomy, the following are not true except:

1. Failure rate less than 0.2%.
2. Formation of anti-sperm antibodies is not one the side effects.
3. Its effectiveness is comparable to tubal ligation and implant.
4. It is not possible for the man to make his wife pregnant after 20 ejaculations.

Q.6. The following are side effects of male condoms except:

1. Itching.
2. Allergic reactions.
3. Pleasant for those who use oral sex.
4. Vaginal irritations.

Q.7. The barrier methods of contraception include:

1. Plain ended condoms, teat ended condoms, female condoms.
2. ICUD, diaphragm, condoms.
3. Norplant, spermicides, diaphragm.
4. Condoms, diaphragm, spermicides.

Q.8. Limitations of injectable contraceptives include except:

1. Delay in fertility return of 6 months or more.
2. Change in menstrual cycle.
3. Protection against STD/HIV hepatitis.
4. Decreased dysmenorrhea.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) FAMILY PLANNING– 10 MARKS**

Q.9. The following women of reproductive age should delay family planning method:

1. Irregular vaginal bleeding.
2. Habit of taking mood alleviating drugs.
3. Abnormal vaginal discharge.
4. Chronic complications raising body temperatures.

Q.10. Which of the following statements is not a barrier of effective family planning counselling:

1. Educational level.
2. Lack of privacy.
3. Gender bias.
4. Family planning method.

**PART TWO: SHORT ANSWER QUESTIONS – FAMILY PLANNING – 22 MARKS**

Q.1. Define the following terms:

1. Family planning.
2. Lead time.
3. Average monthly consumption.
4. Naheral fertility. 4 marks

Q.2. State four (4) signs observed by a client using symptom-thermal method. 4 marks

Q.3. State four (4) indications of male condoms. 4 marks

Q.4. State four (4) indications for removal of implants. 4 marks

Q.5. Explain how to perform speculum examination. 6 marks

**PART THREE: LONG ANSWER QUESTIONS – FAMILY PLANNING – 20 MARKS**

Q.1. You are the in-charge of family planning clinic in county referral hospital and you are required to ensure sufficient contraceptives commodities.

1. Define:
2. Logistic system.
3. Total consumption.
4. Lead time.
5. Average monthly consumption.
6. Minimum months of stock. 5 marks
7. State the logistical inventory management cycle of family planning. 10 marks
8. Explain five (5) principles of good storage. 5 marks