**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**MARCH 2015 KRCHN CLASS (PRE-SERVICE)**

**SEXUALITY AND SEXUAL HEALTH EXAMINATION**

DATE: 25/9/2015 TIME:1 – 4.00 pm

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
5. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
6. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
7. Do NOT use a pencil.
8. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) SEXUALITY– 5 MARKS**

Q.1. Which of the following best describes sexualism:

1. The use of sex as a tool to manipulate others for personal gain.
2. Discrimination of people based on their gender.
3. Being overtly promiscuous.
4. Expressing oneself as a sexual being.

Q.2. Which of the following may led to mental disorders in the youth and adolescents:

1. High cost of living.
2. Illiteracy.
3. Drugs and substance abuse.
4. Over ambition.

Q.3. Which of the following is not a model of youth friendly services:

1. Church based.
2. Clinic based.
3. School based.
4. Youth centre based.

Q.4. Inadequate diet among young girls may cause:

1. Delayed puberty.
2. Delinquency.
3. Low self-esteem.
4. Pica.

Q.5. Young girls have a higher risk of getting HIV compared to mature women because:

1. They have many sexual partners.
2. Their vaginal mucosa is not yet mature.
3. They hardly practice safer sex.
4. They prefer to have sex when they are menstruating.

**PART TWO: SHORT ANSWER QUESTIONS – SEXUALITY – 9 MARKS**

Q.1. State five (5) problems faced by youth and adolescence. 5 marks

Q.2. Define the following:

1. Voyeurism.
2. Transvestism.
3. Telescaltogia.
4. Paedophilia. 4 marks

**PART THREE: LONG ANSWER QUESTIONS – SEXUALITY –12 MARKS**

Q.1. Describe the role of a community health nurse in the promotion of adolescent and youth

sexual and reproductive health. 12 marks