**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR TWO SEMESTER ONE SUPP. EXAMINATION**

**MARCH 2016 KRCHN CLASS (PRE-SERVICE)**

**NUTRITION EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART TWO : SAQ (SHORT ANSWER QUESTIONS) NUTRITION– 10 MARKS**

Q.1. Define the following terms:

1. Nutrition
2. Food
3. Malnutrition 3 marks

Q.2. State the three (3) main functions of food. 3 marks

Q.3. State the four (4) factors that affect the choice of food. 4 marks

**PART THREE : LAQ (LONG ANSWER QUESTIONS) NUTRITION– 15 MARKS**

Q.1. You are a KRCHN working at Nyamaiya Health Centre, and you are based in MCH/FP clinic. You plan to give a health talk to a group of mothers in the clinic about balanced diet.

1. Define balanced diet. 1 mark

1. Discuss the five (5) main food nutrients giving their functions and two (2) sources

of each food nutrient. 10 marks

1. Explain to the mothers the functions or benefits of water as a nutrient 4 marks