**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**MARCH 2017 KRCHN CLASS (PRE-SERVICE)**

**NUTRITION EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

***PART ONE SAQ (SHORT ANSWER QUESTIONS) –NUTRITION– 20 MARKS***

Q.1. State three (3) major roles of nutrients. 3 marks

Q.2. (a) Define the term therapeutic diet. 2 marks

(b) State four (4) reasons for therapeutic diet 4 marks

Q.3. State four (4) dietary guidelines 4 marks

Q.4. Highlight briefly nutritional requirements of a lactating mother. 4 marks

Q.5. State three (3) symptoms of marasmic kwashiorkor 3 marks

***PART TWO LAQ (LONG ANSWER QUESTIONS) –NUTRITION– 10 MARKS***

Q.1. (a) Define the term nutritional assessment 2 marks

(b) Explain briefly four (4) tools used for nutritional assessment 8 marks