**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**MARCH 2016 KRCHN CLASS (PRE-SERVICE)**

**SEXUALITY AND SEXUAL HEALTH EXAMINATION**

DATE: 30/9/2016 TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) SEXUALITY– 4 MARKS**

Q.1. Which of the following is a model of youth friendly services:

1. Community based.
2. Club based.
3. Church based.
4. Youth centre based.

Q.2. Write true or false on the following statements.

1. Poor parenting may lead to risky life style among the youth and adolescents.
2. A person may walk into a youth friendly clinic and will be tested for HIV without testing.
3. Young girls are more at risk for HIV than mature women when they practice unsafe sex.
4. Youths and adolescents stand low chances of developing mental disorders than adults.

Q.3. Which of the following strategic can be used to encourage youth and adolescents to use youth friendly services?

1. Introduction of technical servers in the centres.
2. Delay of invasive procedures.
3. Frequent trips outside the centre.
4. Encourage them to take part in religious activities.

Q.4. Which of the following is the best quality for a nurse working in a youth friendly clinic?

1. Honest, confidentiality, dressing and talking shang.
2. Pretend that nothing is wrong when youths do wrong.
3. Confidentiality, non-judgement, empathy.
4. Being zealously religious.

**PART TWO: SHORT ANSWER QUESTIONS – SEXUALITY – 30 MARKS**

Q.1. State five (5) factors that may lead the youth and adolescents into unsafe sex

practices. 5 marks

Q.2. Define:

1. Bestiality.
2. Masochism.
3. Sex.
4. Fetishism. 4 marks

Q.3. State five (5) roles of a nurse at a clinic based youth friendly centre. 5 marks

Q.4. (a) Describe seven (7) drugs and substance abused by the youth and adolescents. 7 marks

(b) Explain four (4) effects of drugs and substance on the youth and adolescents. 4 marks

Q.5. State five (5) advantages of youth friendly clinics. 5 marks