**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**MARCH 2017 KRCHN CLASS (PRE-SERVICE)**

**HEALTH PROMOTION EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

***PART ONE MCQ (MULTIPLE CHOICE QUESTIONS) –HEALTH PROMOTION– 5 MARKS***

Q.1. Which is the correct sequence of steps in behavior change:

1. Pracontemplation stage, preparation stage, maintenance stage, action stage, contemplation stage
2. Action stage, preparation stage, pracenteplation stage, contemplation stage, termination stage, maintenance stage
3. Praconteplation stage, contemplation stage, preparation stage, action stage, maintenance stage, termination stage
4. Contemplation stage, action stage, maintenance stage, pracontemplation stage, preparation stage, contemplation stage.

Q.2. Which of the following is not a principle of effective communication:

1. Having clarity of ideas
2. Using appropriate language
3. Choosing appropriate venue
4. Having adequacy of message

Q.3. Which of the following consists of primary prevention of diseases:

1. Screening of disease, health education, early treatment of diseases
2. Rehabilitation, cancer screening, immunization
3. Health education, rehabilitation, screening
4. Immunization, health education, non smokers campaigns

Q.4. The following are programs used in health promotion except:

1. Information dissemination programs
2. Lifestyle behavior change programs
3. Community approach programs
4. Environmental control programs

Q.5. Empowerment approach in health promotion:

1. Provides individuals with relevant information to help make decisions
2. Provides conducive environment for individuals to enable them change their behavior
3. Help individuals to identify their own concerns and gain skills and confidence necessary to act upon them
4. Provides interventions for those who have suffered from particular health event

***PART TWO SAQ (SHORT ANSWER QUESTIONS) –HEALTH PROMOTION– 20 MARKS***

Q.1. State two (2) factors which influence communication. 2 mks

Q.2. State three (3) barriers to effective communication. 3 mks

Q.3. List four (4) objectives of health education. 2 mks

Q.4. State three (3) principles of health education. 3 mks

Q.5. State three (3) criteria used in selecting audio visual aids 3 mks

Q.6. State the three (3) levels of disease prevention. 3 mks

Q.7. State four (4) roles of a nurse in health promotion 4 mks