**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER TWO EXAMINATION**

**MARCH 2014 KRCHN CLASS (PRE-SERVICE)**

**HEALTH PROMOTION EXAMINATION**

DATE: 2/6/2015 TIME:1.30 – 4.30 PM

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
5. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
6. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
7. Do NOT use a pencil.
8. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
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**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) HEALTH PROMOTION – 5 MARKS**

Q.1. Andragogy refers to:

1. The value of process and learning.
2. How adults learn.
3. The emphasis of assumptions about how challenging learning is.
4. Adult learning.

Q.2. What is the ULTIMATE purpose of health promotion programs?

1. Advocacy to create the essential conditions for health.
2. Creating environment that are supportive of health.
3. To help individuals make intelligent decisions and to behave accordingly with regard to their own health.
4. Promotion of health and prevention of diseases by educating individuals.

Q.3. Which method/methods could be used to describe the make-up and history of the community to provide a context within which to collect data on its current concern?

1. Interview, assessment, screening and collecting information about the community’s problems.
2. Interviews, surveys, collecting information about the problems.
3. Comments, surveys and interviews.
4. Interviews, evaluation, screening and surveys.

Q.4. Part of an effective educator in adult learning involves:

1. Provision of meaningful learning experiences for adults.
2. The value of the process of learning.
3. Understanding how adults learn best.
4. Carrying out a needs assessment survey to understand adults’ learning needs.

Q.5. Which of the following is a factor to consider when choosing teaching aids:

1. They bridge the gap between time and space.
2. Relevance of the teaching aids.
3. Simplicity in evaluation of the teaching method.
4. Overhead transparencies used in projectors must be kept in special files.

**PART TWO: SHORT ANSWER QUESTIONS – HEALTH PROMOTION –20 MARKS**

Q.1. (a) Outline four (4) aims of health education. 4 marks

(b) List five (5) components of effective communication. 5 marks

Q.2. (a) Describe the five (5) processes of health promotion design. 5 marks

(b) Explain five (5) steps followed to ensure proper use of teaching aids. 5 marks

(c) Name two (2) advantages of using teaching aids. 1 mark