**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**YEAR I SEMESTER II EXAMINATION**

**SEPTEMBER 2013 KRCHN CLASS (PRE-SERVICE)**

**FAMILY PLANNING EXAMINATION**

DATE: 22/1/2015 TIME:8.30 – 11.30pm

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
5. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
6. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
7. Do NOT use a pencil.
8. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) FAMILY PLANNING – 7 MARKS**

Q.1. Concerning female condoms:

1. Male condoms are more effective than female condoms.
2. Slightly effective than male condoms.
3. Cheaper and affordable.
4. Inserted one minute before use.

Q.2. The following are contraindications of diaphragm except:

1. Severe cystocele or rectocele.
2. Rectovagina fistula.
3. Clients without a relaxed vaginal muscles.
4. Complete uterine prolapse.

Q.3. Contraindications to vasectomy include:

1. Hyperspadias, large hydrocele.
2. Diabetic patients, phimoses.
3. Inguinal hernia.
4. Desired family size, male participation.

Q.4. The following are severe complications of COC which needs clients to return to the clinic immediately.

1. Abdominal pains.
2. Chest pains.
3. Cycle problems.
4. Headaches.

Q.5. Concerning jadalle as a method of contraception:

1. Effectiveness period is 3 months.
2. An implant with effectiveness period of 5 years.
3. Amenorrhea is a rare side effect.
4. It is an implant with effectiveness period of 3 years.

**PART TWO: SHORT ANSWER QUESTIONS – FAMILY PLANNING – 16 MARKS**

Q.1. Explain instructions given to the client on how to use male condoms. 5 marks

Q.2. Explain instructions given to the client after insertion of implants. 5 marks

Q.3. State the mechanical action of spermicidal agents. 4 marks

Q.4. State six (6) ways you can confirm through assessment that the client is

not pregnant. 6 marks

Q.5. Name five (5) contraceptive benefits of norplant. 5 marks

**PART THREE: LONG ANSWER QUESTIONS – FAMILY PLANNING – 18 MARKS**

Q.1. Miss Mary 2 years old has come to family planning clinic for counselling on family planning method.

1. Describe menstruation cycle. 4 marks
2. Using the Acryrion GATHER explain how counselling is done. 6 marks
3. Describe the management of five side effects of combined oral contraceptive. 10 marks