**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER TWO EXAMINATION**

**MARCH 2014 KRCHN CLASS (PRE-SERVICE)**

**NUTRITION EXAMINATION**

DATE: 3/6/2015 TIME:1.30 – 4.30 PM

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet.
4. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
5. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
6. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
7. Do NOT use a pencil.
8. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) NUTRITION – 5 MARKS**

Write true or false for Q.1. – Q.5.

Q.1. Egg yolk and cooking fat have visible fats.

Q.2. Beriberi is due to deficiency of vitamin B2.

Q.3. Prothrombin production is a function of vitamin K.

Q.4. Tissue building and repair is a main function of food.

Q.5. Malnutrition means low intake of nutrients.

**PART TWO: SHORT ANSWER QUESTIONS – NUTRITION –20 MARKS**

Q.1. Define the following terms:

1. Balanced diet.
2. Metabolism.
3. Nutrients.
4. Food.
5. Nutrition. 5 marks

Q.2. Write short notes on water as a nutrient. 2½ marks

Q.3. State five (5) factors that affect food choice. 5 marks

Q.4. List the five (5) main groups of nutrients and in each give one (1) function and

one (1) source. 7½ marks