**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR TWO SEMESTER ONE SUPP. EXAMINATION**

**MARCH 2016 KRCHN CLASS (PRE-SERVICE)**

**PSYCHIATRY EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE : MCQS (MULTIPLE CHOICE QUESTIONS) PSYCHIATRY – 10 MARKS**

Q.1. In the development of psychiatry, which of the following persons are associated with humanitarian period:

1. Dr Browne, Kind Edward the II, William Tuke
2. Dr Phillipe Pinel, Dorothea Lynda Dix, William Tuke
3. Dorothea Lynda Dix, Dr Browne, King Edward the II
4. King Edward the II, William Tuke, King Nebuchadnezzer

Q.2. According to psychoanalytic theory of human development:

1. Latent phase is where the is no sexual interest
2. Phallic phase is when the capacity for objective and mature sex is developed
3. Genital phase is the time when satisfaction is obtained through anal activity or action
4. Anal phase is where satisfaction is obtained by actions of suckling or biting

Q.3. Which of the following best represent some psychosomatic disorders:

1. Asthmatic attack, essential hypertension
2. Essential hypertension, tuberculosis
3. Asthmatic attack, meningitis
4. Peptic ulcer, pancreatitis

Q.4. Anxiety neurosis is a minor mental disorder with many symptoms which include:

1. Trembling, dry mouth, restlessness
2. Essential hypertension, tuberculosis
3. Asthmatic attack, meningitis
4. Peptic ulcer, pancreatitis

Q.5. Depressive disorder presents with many features which include:

1. Early morning awakening, quick thoughts and actions]
2. Suicidal attempt, early morning awakening
3. Slow thoughts and actions, normal morning awakening
4. Elated mood, suicidal attempt

Q.6. Which of the following groups represent mental disorders of childhood:

1. Nocturnal enuresis, school phobia
2. School phobia, manic disorder
3. Schizophrenia, nocturnal enuresis
4. Temper tantrums, depression

Q.7. Antidepressants produce many undesired reactions which include:

1. Dryness of the mouth, raised neurotransmitters
2. Blurred vision, tachycardia
3. Raised mood, blurred vision
4. Improved psychomotor, dryness of the mouth

Q.8. Major tranquillizers are used to control symptoms of mental disorders which of the following are some of the major tranquilizers?

1. Chlopromazine, stellazine, haloperidol
2. Mogadon, stellazine, haloperidol
3. Thioridazine, diazepam, chlorpromazine
4. Diazepam, stellazine, mogadon

Q.9. Some of the side effects of major tranqullizers include:

1. Oculogyric crisis, pseudo-parkinsonism
2. Tonic contractions, relaxations
3. Postural hypotension, anaemia
4. Constipation, loss of appetite

Q.10. To admit a person suffering from mental disorder from another county into a mental hospital in Kenya, the government of that country would apply in writing to the:

1. Minister of health
2. Mental health board
3. Medical practitioners and dentist board
4. Director of medical services

**PART TWO : SAQ (SHORT ANSWER QUESTIONS) PSYCHIATRY– 20 MARKS**

Q.1. State briefly the specific nursing management of a suicidal patient. 5 marks

Q.2. Outline any six (6) symptoms of mental illness/disorder 6 marks

Q.3. List the four (4) periods in the development of psychiatry and psychiatric nursing 4 marks

Q.4. Briefly describe any five (5) features of depressive disorder. 5 marks

**PART THREE : LAQ (LONG ANSWER QUESTIONS) PSYCHIATRY – 20 MARKS**

Q.1. Mr Y has been brought to a psychiatry unit accompanied by the wife, brothers and a

neighbor and on assessment a diagnosis of affective disorder is made.

1. Define affective disorder. 2 marks
2. Which mode of admission will be used to admit him. 2 marks
3. Formulate two (2) nursing diagnosis for Mr Y. 2 marks
4. Describe the nursing management of Mr Y until he is discharged home 14 marks