**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER ONE EXAMINATION**

**MARCH 2016 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART TWO: SHORT ANSWER QUESTIONS – COUNSELLING – 20 MARKS**

Q.1. (a) Define counselling.Is the act of working with a patient to help them clarify personal goals and find ways of overcoming there problems. 1 mark

(b) List ten (10) counselling skills.Interviewing,Active listening , Attending skills, Paraphrasing skills , Reflecting feelings , Questioning , Clarifying , Summarising , 5 marks

(c) Explain three (3) counselling theories.-Psychoanalytic theory(Sigmund Freud).-Person centerd Appraoch(Abraham Maslow).-Behavioural Theory() 6 marks

(d) Discuss the counselling process.1. Relationship building.

2.Assesment and diagnosis

3.Formulation of conselling goals

4.Intervention and problems solving.

5.Termination and follow up.

6. Research and evaluation. 6 marks

(e) List four (4) ethical principles in counselling. 2 marks

1.Consent

2.Privacy and confedentiality.

3.Respect and freedom from prejudice

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