**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**RE-SIT END OF FIRST SEMESTER EXAM**

**MARCH 2013 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING**

DATE: 16/12/2013 TIME: ...........................

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
4. Do NOT use a pencil.
5. Mobile phones are NOT allowed in the examination hall.

***PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) COUNSELLING – 5 MARKS***

Q.1. Paraphrasing is:

1. Repeating what client has said without changing the meaning.
2. Parroting.
3. Staring at the client.
4. Silence.

Q.2. Confidentially is a prerequisite before:

1. Counselling.
2. Discharging of a client.
3. Closure of a session.
4. Referral of a client.
5. All of the above.

Q.3. The purpose of a psychoanalytic counselling is to:

1. Change behaviour.
2. Make the unconscious conscious.
3. Develop defence mechanism.
4. Interpret dreams.

Q.4. SOLER is:

1. Observing the client.
2. Attending the client.
3. Confidentiality.
4. A counselling process.

Q.5. Humanistic theory of counselling is advocated by:

1. Albert Ellis.
2. Sigmund Freud.
3. Carl Rogers.
4. Pavlov.

***PART TWO: SHORT ANSWER QUESTIONS –COUNSELLING – 17 MARKS***

Q.1. (a) Write notes on questioning skill of counselling. 6 marks

(b) List twelve (12) qualities of a good counsellor. 6 marks

(c) When do you use the skill of silence in counselling? 5 marks

***PART THREE: LONG ANSWER QUESTIONS –COUNSELLING – 18MKS***

Q.1. Using the counselling process, how will you handle someone with stress? 18 marks