**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR ONE SEMESTER TWO EXAMINATION**

**SEPTEMBER 2014 KRCHN CLASS (PRE-SERVICE)**

**PALLIATIVE & HOME BASED CARE EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART TWO: SHORT ANSWER QUESTIONS – PALLIATIVE & HOME BASED CARE – 32 MK**

Q.1. Name any five (5) symptoms cared for in Home Based Care setting. 5 marks

1. Nutritional deficiency
2. Pain
3. Fever
4. Fatigue
5. Respiration complication
6. Diarrhoea
7. Anxiety

Q.2. List six (6) principles of palliative care. 6 marks

* Palliative care affirms life and regards dying as a normal process
* Palliative care neither hastens nor post pones life
* Provides relief from pain (control pain).
* It offers support systems to help patient cope to their illness.

Q.3. State any five (5) nursing care considerations in palliative care nursing. 5 marks

* Total care given to patients whose diseases is not responsive to curative treatment.
* It addresses physical, emotional, psychological and spiritual needs.
* Identifying the care needs for pts worth life limiting conditions and applying nursing are skills to help them improve.
* Should attend to clients with special needs e.g. Breast care, Colostomy care.
* Symptoms control should be the priority.
* Pain enquiry should be one of the aspects in pcn.
* Patients should be involved as match as possible in planning the care.

Q.4. Name any five (5) multidisciplinary team members in palliative care. 5 marks

Q.5. List any five (5) elements of comprehensive home based care. 5 marks

* Clinical management of opportunistic infections / diseases
* Diagnosis
* Counselling
* Social support
* Spiritual support
* Care giver support
* Logistic support
* Early identification of patient who needs hospitalisation

Q.6. State the six (6) steps in communicating bad news about terminal illness in

palliative care. 6 marks

1. Getting started
2. How does the patient know about the illness?
3. How much does the patient want to know?
4. Share the information.
5. Responding the patient and family needs
6. Planning for a follow-up