**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF FIRST SEMESTER EXAMINATION**

**SEPTEMBER 2013 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING EXAMINATION**

**DATE**: 4 MARCH 2014 **TIME**: 2.00 – 5.00 PM

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
4. Do NOT use a pencil.
5. Mobile phones are NOT allowed in the examination hall.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS COUNSELLING – 5 MARKS**

Q.1. Counselling can be defined as:

1. Helping relationship.
2. Advising and giving information.
3. Chatting with a client.
4. ………………

Q.2. Repeating exactly what the client has said is called:

1. Paraphrasing.
2. Mirroring.
3. Active. Listening.
4. Counselling.

Q.3. EUA model is associated with:

1. Carl Rogers.
2. Egan.
3. Freud.
4. Roberts.

Q.4. Last part of the communication cycle is:

1. Message.
2. Source.
3. Feedback.
4. Channel.

Q.5. Nodding when a client is talking is called:

1. An encourager.
2. Active listening.
3. Paraphrasing.
4. Parroting.

**PART TWO: SHORT ANSWER QUESTIONS COUNSELLING – 20 MARKS**

Q.1. List ten (10) counselling skills. 5 marks

Q.2. State six (6) goals of counselling. 6 marks

Q.3. State three (3) core conditions that a counsellor can use. 3 marks

Q.4. Explain the EUA model of counselling. 6 marks

**PART THREE: LONG ANSWER QUESTIONS (ESSAYS) - COUNSELLING – 15 MARKS**

Q.1. Describe the communication cycle. 15 marks