**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR 1 SEMESTER TWO EXAMINATION**

**MARCH 2015 KRCHN CLASS (PRE-SERVICE)**

**PALLIATIVE & HOME BASED CARE EXAMINATION**

DATE: 27/4/2016 TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) P H B C – 5 MARKS**

Q.1. People fear death due to many reasons, which of the following represent the reasons why people fear death?

1. Fear of losing the mind, fear of pain, fear of losing property, fear of how they leave their family.
2. Fear of meeting ghost ancestors, fear of going to heaven, fear of pain, fear of getting lost into space.
3. Fear of losing the mind, fear of being tormented forever. Fear of gong to heave, fear of the unknown beings.
4. Fear of blame, fear of shame, fear of guilt, fear of hunger.

Q.2. Which of the following represents threatening or life limiting illness in palliative care?

1. Diabetes, cancer, chronic malaria, cholera.
2. Typhoid, yellow fever, HIV/AIDS, asthma.
3. Cancer of the cervix, skin cancer, hepatoma, melanoma.
4. Cholera, meningitis, hypertension, HIV/AIDS.

Q.3. One of the following is not true according to palliative care, which one is it?

1. Completely cures life limiting illness.
2. Uses teamwork approach in managing patients.
3. Provides relief from pain.
4. Neither hastens nor postpones death.

Q.4. Three of the following are true about hospice in palliative care except which one?

1. Hospital for patient with terminal illness.
2. Started during the Greek empire as a resting place for the tired and sick traders and travellers.
3. Resting place for people who don’t want to stay at their homes because of poverty.
4. A hospital which care for patients with chronic illness as they wait for their days as long as God will keep them.

Q.5. Which of the following is not one of the components of Home Based Care in palliative care?

1. Psychosocial and spiritual support.
2. Clinical care.
3. Nursing care.
4. Surgical management.

**PART TWO: SHORT ANSWER QUESTIONS – P H B C – 35 MARKS**

Q.1. State five (5) principles of palliative care. 5 marks

Q.2. State six (6) steps in communicating bad news in palliative care. 6 marks

Q.3. What are the challenges in provision of palliative care? 5 marks

Q.4. List the ten (10) multidisciplinary team members in palliative care. 5 marks

Q.5. List five (5) advantages of Home Based care. 5 marks

Q.6. List any four (4) of the top cancers in Kenya. 4 marks

Q.7. State any five (5) considerations in palliative care nursing. 5 marks