

# FINAL QUALIFYING EXAMINATION. DIPLOMA COMMUNITY HEALTH NURSING PAPER THREE (COMMUNITY HEALTH)

DATE: THURSDAY

22<sup>ND</sup> JUNE 2017

Time Allowed: 3 Hours

9:00am -12:00 Noon.

#### **INSTRUCTIONS TO CANDIDATES:**

- 1. ENTER YOUR EXAMINATION NUMBER on the space provided on the examination answer booklet and inside every page of the answer booklet.
- 2. Enter QUESTION NUMBERS on the space provided in the examination answer book.
- 3. Confirm you have written the EXAM and QUESTION numbers correctly before handing in your booklet.
- 4. Omission of/ and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
- 5. Observe all the examination rules and regulations as stipulated in the college rules and regulations.
- 6. Follow any other instructions from the supervisor as may be necessary.
- 7. Mobile phones are NOT allowed in the examination hall.

#### Part 1: Multiple Choice Questions (20Marks)

#### 1. Conditions screened in school health programme include:

- a) Visual disturbance, Anaemia
- b) Anaemia, Typhoid
- c) Typhoid, Malaria
- d) Visual disturbance, diabetes mellitus

#### 2. The statement that communicates the reason for existence of an organisation is a:

- a) Vision
- b) Mission
- c) Philosophy
- d) Organisational structure

#### 3. Artificial immunity is achieved through:

- a) Infection
- b) Immunisation
- c) Breastfeeding
- d) High immunisation coverage

#### 4. The following is a competitive procurement method:

- a) Low value procurement
- b) Open tender
- c) Risk purchase
- d) Direct procurement

#### 5. The side effects of streptomycin include:

- a) Hepatitis, deafness, skin rash, tingling in the ear
- b) Pellagra, nausea, red colouration of body fluids, ataxia
- c) Dizziness, diarrhoea, vomiting, liver damage
- d) Hearing strange voices, dizziness, ataxic gait, deafness

# 6. A contraceptive method recommended for a client with a history of blood clotting disorders is;

- a) combined oral pill
- b) copper T 380A
- c) Bilateral tubal ligation
- d) Implants

### 7. The ability of the organism to spread rapidly from one host to another is called:

- a) Invasiness
- b) Virulence
- c) Infectivity
- d) Opportunistic

## 8. Disposal of biomedical wastes segregated into containers/bags with a yellow coding include:

- a) Autoclaving, deep burial
- b) Chemical treatment, shredding
- c) Microwaving, incineration
- d) Incineration, deep burial

#### 9. Manmade disasters include:

- a) Terrorists attacks, pollution, structural collapse
- b) Fires, civil unrest, communicable disease epidemics
- c) Toxic materials, avalanches accidents, conventional warfare
- d) Transportation accidents, non-conventional warfare, blizzards

#### 10. Learning refers to:

- a) Practice of teaching in an institution
- b) Process of acquiring knowledge, skills and dispositions
- c) Essential tool of communication
- d) Making informal decisions

#### 11. The following is are ways of interrupting the route of transmission:

- a) Chemoprophylaxis, personal hygiene
- b) Isolation of cases, treatment of carriers
- c) Personal hygiene, vector control
- d) Environmental hygiene, isolation of cases

#### 12. Occupation health hazard can be prevented by:

- a) Separating workers from dangerous machinery or poison
- b) Health educating the community on protective devices
- c) Special medical checkups in case of over exposure
- d) Early retirement of worker

#### 13. Brucellosis is transmitted through;

- a) Ingestion of contaminated vegetables and poultry
- b) Ingestion of half cooked poultry and meat for dead animals
- c) Ingestion of untreated milk and milk products
- d) Inhalation of Bacilli from sick and dead animals

#### 14. While calculating infant mortality rate, the correct formula is;

- a) Number of deaths of individuals in a year/number of live births in the same year X 1,000
- b) Number of death of infants in a year/number of live births in the previous year X 1,000
- c) Number of deaths of infants in a year/number of live births in the same year X 1,000
- d) Number of deaths of infants in a month/number of births in the same year X 1,000.

# 15. A client with, burning sensation, itchy and foamy greenish yellow discharge in the vagina is diagnosed to have;

- a) Gonorrhea
- b) Trichomonas
- c) Candidiasis
- d) Bacterial vaginosis

#### 16. The following group of people are classified as socially handicapped;

- a) Internally displaced, street children, sexually abused
- b) Epileptic, psychiatric cases, widowed
- c) Drug addicts, elderly, mongolism
- d) Obese, blind, deaf

#### 17. The management of poliomyelitis during pre-paralytic stage includes:

- a) Administration of mild sedative, avoiding all injections, passive movements of the affected limb
- b) Absolute bed rest, administration of mild sedatives, passive movements of the affected limbs
- c) Immobilization of the affected limbs, absolute bed rest, avoidance of all then injections
- d) Passive movements of the affected limbs, absolute bed rest, isolation of the case

#### 18. State whether the following is True or False

- i. For entry to clients 'homes during home visiting, the nurse requires to go through the community's opinion leader.
- ii. One of the roles of the County Chief Nurse is to employ and deploy nurses within the county.

#### 19. Priority in management of cholera patients during an epidemic is

- a) administration of tetracycline
- b) referral of patients to hospital
- c) administration of fluids and electrolyte s
- d) administration of analgesics

#### 20. At the age of 12 months the baby's weight is;

- a) Double birth weight
- b) Three times birth weight
- c) Four times birth weight
- d) Five times birth weight

#### Part 11: Short Answer Questions (40 Marks)

- 1. Draw and label a diagram showing the life cycle of Leishmania. (5Marks)
- 2. State four(4) characteristics of a good community based health information system (4Marks)
- 3. Outline four (4) strategic objectives of Community strategy (4Marks)
- 4. Explain two (2) types of empowerment used in Health Promotion. (4Marks)
- 5. State five (5) challenges faced by the factory inspectorate (5Marks)
- 6. State Four (4) advantages of community participation in Primary Health Care (PHC) (4Marks)
- 7. Explain five (5) procurement methods used according to the government procurement and Disposal Act. (5Marks)
- 8. State four (4) limitations of natural family planning methods. (5Marks)
- 9. State four(4) sources of health care financing (4 Marks)

#### Part111: Long Answer Question (40 Marks)

- 1. Among the roles of a Kenya Registered Community Health Nurse(KRCHN) is to carry out management functions
  - a) Explain Three(3) functions of a manager (6Marks)
  - b) Describe the scientific approach in management . (10Marks)
  - c) Outline two (4) Challenges experienced by a manager (4Marks)
- 2. Master Gay was brought to the health facility with generalized severe itching on the skin folds and a diagnosis of scabies was made:
  - a) Explain the epidemiology of scabies (6 Marks)
  - b) State Four(4) clinical picture that he may present with (4Marks)
  - c) Discuss the treatment, prevention and control of scabies (10 Marks)