

HISTORY SCHEMES OF WORK

FORM ONE 2021

TERM II

REFERENCES:

1. KLB
2. The Evolving World
3. Milestone in History
4. Gateway
5. KIE

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WK	LSN	TOPIC	SUB-TOPIC	OBJECTIVES	L/ACTIVITIES	L/T AIDS	REFERENCE	REMARKS
1	1	The people of Kenya up to 19 th century	Origin, migration and settlement of Abaluhya Abagusii Abakuria	By the end of the lesson, the learner should be able to State the causes of migration of Abaluhya, Abagusiii and Abakuria Explain the origin and settlement of Abaluhya, Abagusii and Abakuria	explaining the origin, migration and settlement of Abagusii, Abaluhya and Abakuria discussions demonstrating drawing of maps showing migration patterns	students book teachers guide maps charts pictures	Milestone in History and Government form 1 page 42-44 Milestone Teachers guide 42-43 K.L.B History and Government Bk 1 page 40-42 High flyer page 10	
	2	The people of Kenya up to 19 th Century	Origin, migration and settlement of the Eastern Bantu Mt. Kenya Bantus e.g Aembu, Ameru, Akamba, Agikuyu	By the end of the lesson, the learner should be able to Explain the origin, migration and settlement of Eastern Bantu i.e Mt. Kenya Bantu e.g Aembu Ameru Akamba Agikuyu Explain the results of Eastern Bantu migration	Drawing Discussions Explanations demonstrating	students book teachers guide maps charts pictures handouts realia	Milestone in History and Government form 1 page 44-45 Milestone Teachers guide 42-43 K.L.B History and Government Bk 1 page 43 Golden Tips pages 21-22 High Flyer page 10	
	3	The people of Kenya up to 19 th Century	Origin, migration and settlement of Costal bantu Taita Pokomo Mijikende Waswahili	By the end of the lesson, the learner should be able to explain the origin, migration and settlement of the Costal Bantu	discussions explanations asking and answering questions	maps students book teachers guide Hand-outs Realia	Milestone in History and Government form 1 page 46-47 Milestone Teachers guide 42-43 K.L.B History and Government Bk 1 page 43-44 Golden Tips pages 21 High Flyer page 10-11	
2	1	The People of Kenya up to the 19 th Century	Origin, migration and settlement of the River lake nilotes	By the end of the lesson, the learner should be able to explain the origin, migration	Discussions Explanations Asking and answering	Charts Maps Teachers guide	Milestone in History and Government form 1 page 47-48 Milestone Teachers guide	

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			luo	of the river lake nilotes – luo Explain the causes and results of migration	questions	Hand-outs Realia	42-43 K.L.B History and Government Bk 1 page 45-47 Golden Tips pages 22 High Flyer page 11	
	2	The people of Kenya up to the 19 th Century	Origin, migration and settlement of the highland nilotes Nandi Kipsigis Tugen Pokot The maasai The Iteso	By the end of the lesson, the learner should be able to Explain the origin, migration and settlement of the Nandi, Kipsigis, Tugen, Pokot, maasai & iteso	Discussions Explanations Asking and answering questions	Photos Student book Teachers guide Maps Charts	Milestone in History and Government form 1 page 48-49 Milestone Teachers guide 42-43 Government Bk 1 page 47-48 Golden Tips pages 23	
	3	The People of Kenya up to the 19 th Century	Results of the migration and settlement of the Bantu	By the end of the lesson, the learner should be able to Explain the results of the migration and settlement of the Bantu	Explaining Asking and answering questions discussions	Photos Students book Teachers Guide Maps Pictures Hand-outs Realia	Milestone Teachers guide 42-43 K.L.B History and Government Bk 1 page 49-51	
3	1	The people of Kenya up to the 19 th Century	Results of the migration and settlement of the Nilotes	By the end of the lesson, the learner should be able to Explain the results of migration and settlement of the Plain Nilotes, highland nilotes	Explaining results of the migration and settlement of the Plain Nilotes & highland nilotes Discussions Asking and answering questions	Maps Students book Teachers guide Charts Hand outs	Milestone in History and Government form 1 page 51-52 Milestone Teachers guide 43 K.L.B History and Government Bk 1 page 47-51	
	2	The people of Kenya up to the 19 th Century	Results of the migration and settlement of the Cushites	By the end of the lesson, the learner should be able to Explain the results of the migration and settlement of the Cushites	Explanations Discussions Answering and asking questions	Maps Charts Hand-outs Realia Pictures Students book Teachers guide	K.L.B History and Government Bk 1 page 48-51 Golden Tips pages 24	

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	3	Social Economic and political organization of Kenya societies in 19 th Century	Bantu Agikuyu social economic organization	By the end of the lesson, the learner should be able to Explain the social economic organization of the Agikuyu Explain the political organization of the Agikuyu Discuss the social and economics organization of the Ameru	Discussions Explanations Asking and answering questions Drawing maps Explaining the political organization of the Agikuyu Discussing the social and economic organization of the Ameru Asking and answering questions	Charts Photographs Students books Maps Pictures Hand-outs	Milestone in History and form 1 page 54-55 Milestone Teachers guide 43 K.L.B History and Government Bk 1 page 52-54 Golden Tips pages 26 High Flyer page 12	
4	1	Social economic and political organization of Kenya societies in the 19 th century	The political organization of the Ameru The political social and economic organization of Akamba	By the end of the lesson, the learner should be able to Explain the political organization of the Ameru The political, social, and economics organization of the Akamba	Explaining the political organization of the ameru Political, social and economic organization of the Akamba	Photos Students book Teachers guide Maps Charts Hand-outs Realia	Milestone in History and Government form 1 page 56-58 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 53-55 Golden Tips pages 27	
	2	Social, Economic and political organization of Kenyan societies in the 19 th century	The social, economic and political organization of the Abagusii	By the end of the lesson, the learner should be able to Explain the social, economics and political organization of the Abagusii	Explaining the social, economic and political organization Discussion Asking and answering questions on the content cover	Photos Charts Students book Maps Students book Teachers Guide	Milestone in History and Government form 1 page 58-59 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 56 Golden Tips pages 27	
	3	Social economic and political organization of Kenyan societies in the 19 th Century	The social, economic, political organization of the Mijikenda	By the end of the lesson, the learner should be able to Discuss the social economic and political organization of the Mijikenda	Discussing the social, economic and political organization of the Mijikenda Explanations Asking and answering questions	Students book Teachers Guide Charts Maps Hand-outs Realia	Milestone in History and Government form 1 page 59-60 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 56-57	
5	1	Social economic	Nilotes	By the end of the lesson, the	Explanations	students book	Milestone in History and Government form 1 page	

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		and Political organization of Kenyan societies in the 19 th Century	Luo The social, economic and political organization of the Luo	learner should be able to Explain the social, political and economic organization of the Luo	Discussions Asking and answering questions Drawing of the maps demonstrating	teachers guide charts maps hand-outs realia pictures	61-62 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 59 Golden Tips pages 28 High Flyer page 14	
	2	Social economics and political organization of Kenyan societies in 19 th Century	Nilotes Nandi Social economic & political organization of the Nandi	By the end of the lesson, the learner should be able to Explain the social, economic & political organization of the Nandi	Discussions Explanations Asking and answering questions	Students book Pictures Chart Map Handouts Realia	Milestone in History and Government form 1 page 62-63 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 60-61	
	3	Social, economic and political organization of Kenyan societies in the 19 th century	Cushites Boranna The social and economic organization of Borana	By the end of the lesson, the learner should be able to Explain the social and economic organization of the Borana Explain the eleven gada of the Boranna Kinship system Explain the political organization of the Boranna	Discussing the organization of the Boranna Explanations Asking and answering questions	Photos Students book Teachers guide Charts Hand-outs	Milestone in History and Government form 1 page 64-65 Milestone Teachers guide 48 K.L.B History and Government Bk 1 page 62-63	
6	1	Social, economic and political organization of Kenyan societies in the 19 th century	Somali The social and economic organization of the Somali	By the end of the lesson, the learner should be able to Explain the social and economic organization of the Somali Discuss the political organization of the Somali	Discussions Explanations Asking and answering questions	Students book Teachers guide Pictures Charts Hand-outs	K.L.B History and Government Bk 1 page 63-65 Golden Tips page 30-31 High Flyer page 15	
	2	Contacts between East Africa and the outside world up to the 19 th century	The early history of the East African Coast Sources of information on the	By the end of the lesson, the learner should be able to Discuss the early history of the East African Coast Discuss the sources of	Discussing the source of information of early African Coast Explanations Asking and answering	Students book Teachers guide Maps Charts Hand-outs	Milestone in History and Government form 1 page 66-67 Milestone Teachers guide 48 K.L.B History and	

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			early History of East Africa Coast	information on the early history of the East African Coast	questions		Government Bk 1 page 64,66	
	3	Contacts between East Africa and the outside world up to the 19 th century	The early visitors to the East African Coast up to 1500 The early visitors to the East African coast up to 1500 Romanian	By the end of the lesson, the learner should be able to Identify the origin of the early visitors to the East African Coast up to 1500 Identify the origin of early visitors to the East African coast up to 1500 i.e Romans	Discussions Explanations Asking and answering questions	Students book Teachers guide Maps Charts Hand out	K.L.B History and Government Bk 1 page 67,85	
7	1	Contacts between East African Coast and outside world up to 19 th century	Chinese Persians	By the end of the lesson, the learner should be able to Identify the origin of the early visitors to the east African Coast i.e Chinese and persians	Identifying Discussions Explanations Asking and answering questions	Maps Students book Charts Hand-outs Pictures Realia	K.L.B History and Government Bk 1 page 67	
	2	Contacts between East African Coast and outside world up to 19 th century	Arabs	By the end of the lesson, the learner should be able to Identify the origin of the early visitors to the East African coast i.e Arabs	Identifying Demonstrations Explanations Discussing Asking and answering questions	Maps Charts Students book Teachers guide Hand outs	Milestone in History and Government form 1 page 70 Milestone Teachers guide 53-54 K.L.B History and Government Bk 1 page 68 Gateway Revision page 23	
	3	Contacts between East African Coast and outside world up to 19 th century	Trade between the East-coast of Africa and outside world Organization of the trade Factors which facilitated trade Impacts of trade on the people of East Africa Inter marriages Kiswahili language	By the end of the lesson, the learner should be able to Explain the development of trade between the East African Coast and outside world Explaining factors that facilitated the trade Discuss the extract of trade between the East African Coast and the outside world Explain factors that led to	Discussing Asking and answering questions Explanations Demonstrating Identifying	Charts Students book Teachers guide Hand-outs Realia Maps	Milestone in History and Government form 1 page 70-71 Milestone Teachers guide 54 K.L.B History and Government Bk 1 page 68-69	

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			Swahili culture The spread of Islam Factors that facilitated the spread of Islam	the spread of Islam					
8	1	Contacts between East African Coast and outside world up to 19 th century	The characteristics of the Coastal city states Reasons for Decline	By the end of the lesson, the learner should be able to Explain the characteristics of the coastal city states Explain reasons for decline of the coast of city states	explaining Discussions Illustrations Asking and answering questions	Photos Maps Students book Teachers guide Resource persons Discussions Realia	Milestone in History and Government form 1 page 72-73 Milestone Teachers guide 54 K.L.B History and Government Bk 1 page 69		
	2	Contacts between East African Coast and outside world up to 19 th century	The growing of city states Factors that contributed to the rise and growth of the coastal city states	By the end of the lesson, the learner should be able to Discuss the factors that contributed to the growth of the coastal city state	Discussing Explaining Illustrations Asking and answering questions demonstrations	photos maps students book teachers guide documents Resource person Realia	K.L.B History and Government Bk 1 page 69 Gateway Revision page 21-23 High Flyer page 17 Golden Tips pages 37		
	3	Contacts between East African Coast and outside world up to 19 th century	The growth of a class of wealth merchants	By the end of the lesson, the learner should be able to Discuss the growth of wealth merchants	Discussions Explanations Demonstrating Asking and answering questions	Pictures Teachers guide Students book Resource persons Realia Document	K.L.B History and Government Bk 1 page 69 Gateway Revision page 21-23 High Flyer page 17 Golden Tips pages 37		
9-10		END OF TERM EXAMINATIONS							

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