# Helminthology – Nematodes Hookworm

Terry L Dwelle MD MPHTM

### Classification of Nematodes

Subclass	Order (suborder)	Superfamily	Genus and Species	Probable prevalence in man
Secernentea	Strongylida	Ankylostomatoidea	Ankylostoma douodenale	716 million
			Necator americanus	
			A caninum	Thousands
			A braziliense	Thousands
	<i>1/2</i>		A ceylanicum	Rare
N W			Ternidens diminutus	Thousands
			Oesophagostomum apiostomum	Rare
1			Syngamus laryngeus	Rare

#### **General Information**

- Two major species; Ankylostoma duodenale (old world), Necator Americanus (new world)
- Others; A caninum, A braziliense, A ceylanicum
- Prevalence Africa, Asia, Central America, South America, Caribbean Islands, SE US

#### Size

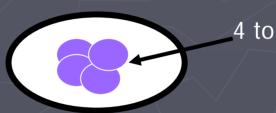
- Necator americanis male 7-9 mm, female 10-18 mm
- Ankylostoma duodenale male 8-11 mm, female 10-15 mm

#### Structure

- NA has a fused copulatory spicule vs AD
- AD totally dorsally flexed. NA is dorsally flexed but with a ventral flex near the head
- Two sets of reproductive organs
- Distinctive mouth parts
- Copulatory bursa ray patterns are distinctive

#### Eggs

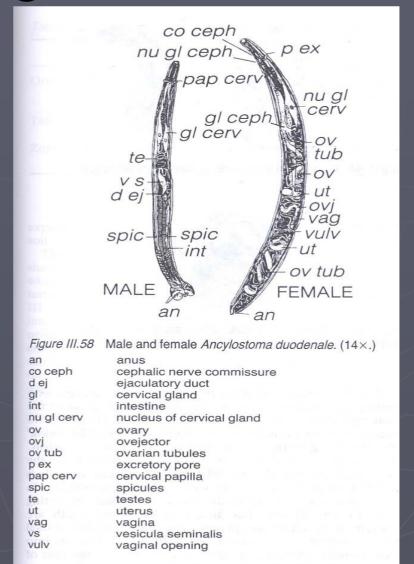
- Thin shelled
- 60-75 um X 35-40 um



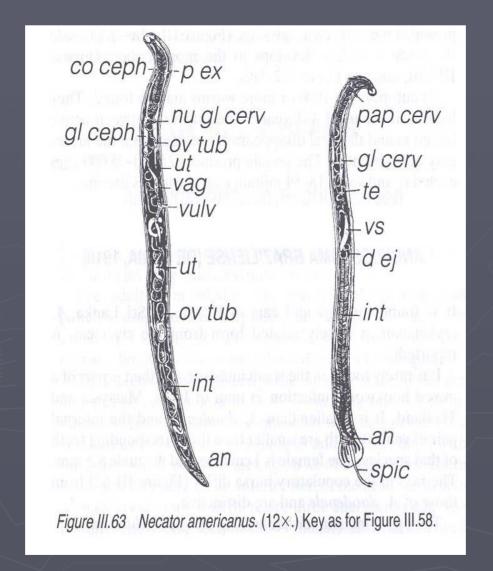
4 to 8 cells

#### Structure

- NA has a fused copulatory spicule vs AD
- AD totally dorsally flexed. NA is dorsally flexed but with a ventral flex near the head
- Two sets of reproductive organs
- Copulatory bursa ray patterns are distinctive for male worms



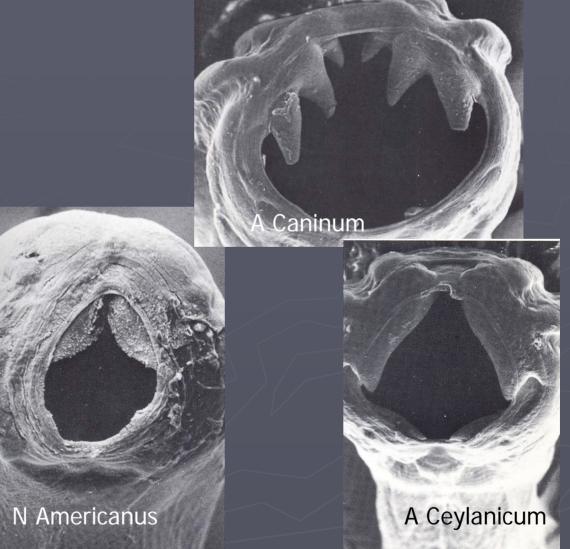
From Manson's Tropical Disease, 20<sup>th</sup> Edition, Saunders, pp 1621



From Manson's Tropical Disease, 20th Edition, Saunders, pp 1622



From a Color Atlas of Tropical Medicine and Parasitology, 2<sup>nd</sup> edition, Yearbook Medical Publishers, pp 148-149



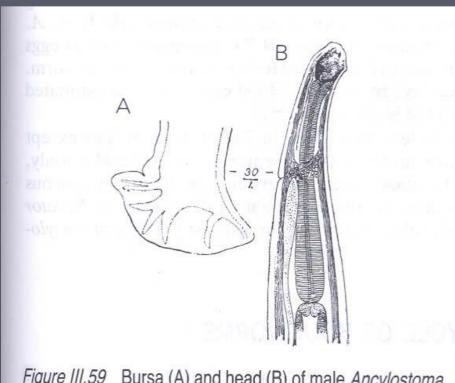
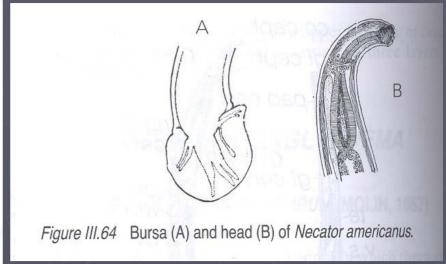
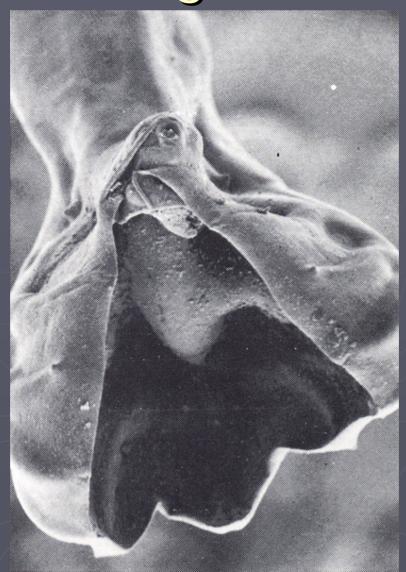
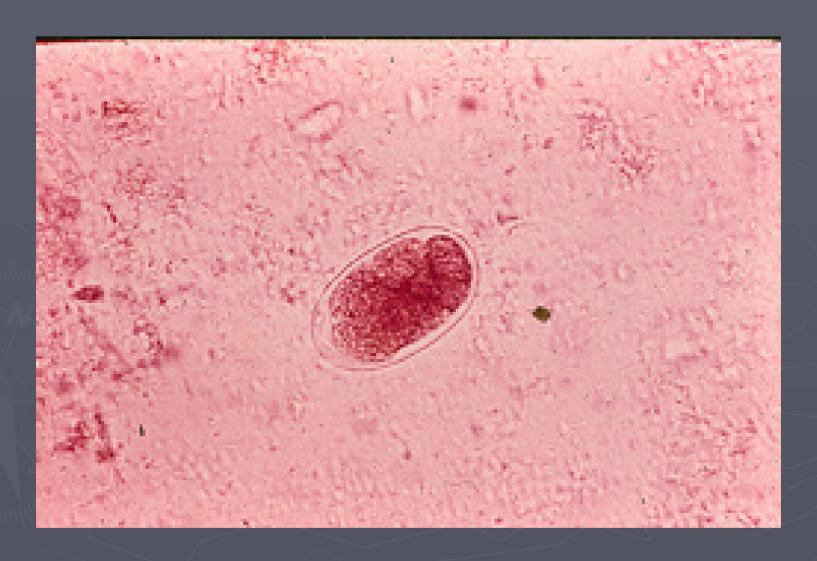


Figure III.59 Bursa (A) and head (B) of male Ancylostoma duodenale.





From a Color Atlas of Tropical Medicine and Parasitology, 2nd edition, Yearbook Medical Publishers, pp 148-149



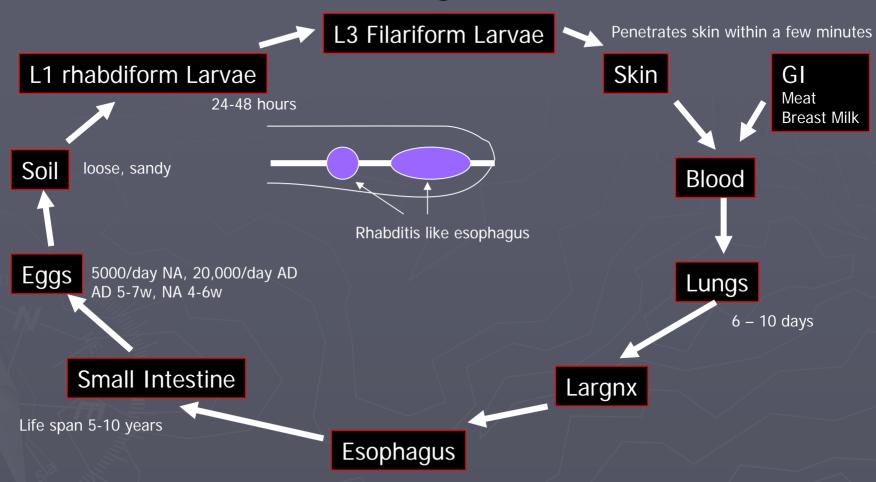
## Life Cycle

- Definitive host man
- ► Stage leaving the body fertile eggs
- ► Infectious stage for the definitive host L3 larvae

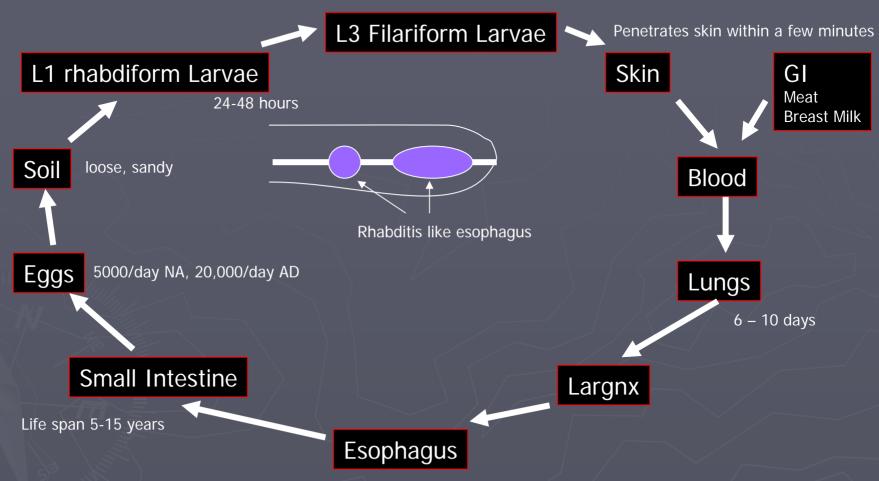
## Prepatency and Incubation Period

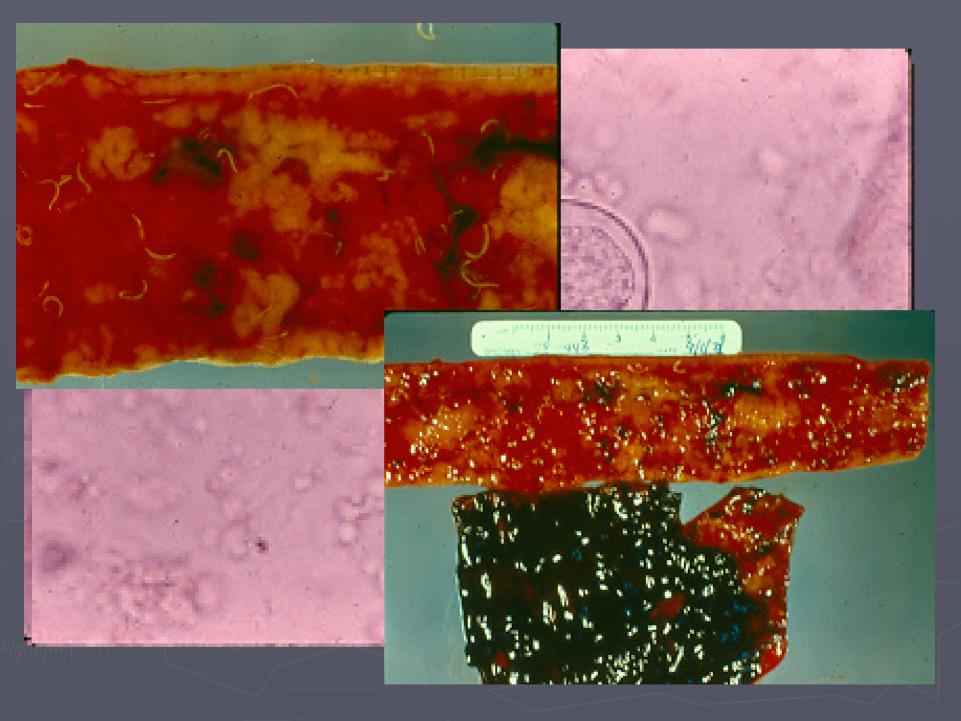
- ► Prepatency 8-12 weeks
- ► Incubation period 4-12 weeks

# Life Cycle



# Life Cycle





## Signs and Symptoms

- Ground itch due to vesiculation and pustulation at the entry site
  - Exposed portions of the body usually the soles of the feet or hands
- Asthma and bronchitis caused by migration of the larvae through the lungs
  - 1-2 weeks associated with dry cough and wheezing
- Established infection associated with hookworm disease

#### Established Infection

- Light infection (<100 worms)</li>
  - Mild anemia
  - Fatique
  - Lassitude
  - Digestive disturbances
  - Eosinophilia

#### **Established Infection**

- Heavy infection (>400 worms)
  - Fatique
  - Lassitude
  - Eosinophilia
  - Epigastric apin
  - Perverted taste pica, geophagy
  - Hematochezia / melena
  - Anemia
  - Edema associated with hypoalbuminemia
  - Heart failure
  - Hypothermia
  - Retinal hemorrhages
  - Irregular fever
  - Growth failure

#### Wakana disease

- Associated with oral infection with AD in Japan
- ► No larvae are found in the lung
- Has cough, dyspnea, eosinophilia, nausea and vomiting
- Seen one to several days after ingestion of larvae
- Etiology is not known

#### Infantile Disease

- ► Mostly reported from China
- ► Mainly caused by A Duodenale
- Transmission trans-mammary, laying infants on infected soil, and rarely transplacental
- Signs and symptoms diarrhea, hematochezia / melena, anorexia, vomiting, pallor, massive hemorrhage
- ► Mortality 12%



## Diagnosis

- Eggs in the stool
  - Heavy infection Direct stool smear with saline or potassium iodide saturated with iodine
  - Light infection Concentration techiques (Kato-Katz, Beaver direct smear, Stoll egg counting techique)
  - Late prepatent period Charcot Leyden crystals and eosinophils may be seen in the feces similar to whipworm
  - > 20 eggs / mg associated with anemia in NA vs > 5 eggs / mg with AD



## Treatment

Drug	Adult	Pediatric
Albendazole	400 mg once	400 mg once
Mebendazole	100 mg bid X 3 days or 500 mg once	100 mg bid X 3 days or 500 mg once
Pyrantel pamoate	11 mg/kg (max 1 gm) X 3 days	11 mg/kg (max 1 gm) X 3 days

### Adverse Reactions

Albendazole	Occasional: diarrhea, abdominal pain Rare: leukopenia, alopecia, increased serum transaminase levels	
Mebendazole	Occasional: diarrhea, abdominal pain Rare: leukopenia, agranulocytosis, hypospermia	
Pyrantel pamoate	Occasional: GI distrubances, headache, dizziness, rash, fever	

#### Control Measures

- ► Sanitary disposal of feces
- Treatment of all known infected people. Screening of high risk groups (agricultural workers and children) may help.
- Wearing shoes in endemic areas
- ► Mass de-worming of school aged children