



MATERNAL NEWBORN HEALTH

Questions Responses 93 Settings

Total points: 100

93 responses



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Summary

Question

Individual

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Score released Dec 5 3:16 PM

MATERNAL NEWBORN HEALTH

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* Required

NAME *

/ 0

Eddie

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GENDER *

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MALE

FEMALE

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INSTITUTION *

/ 0

Karen

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✘ A multigravida at 38 weeks' gestation is admitted with painless, bright red bleeding and mild contractions every 7 to 10 minutes. Which of the following assessments should be avoided? *

0 / 5

- Maternal vital sign
- Fetal heart rate
- Contraction monitoring
- Cervical dilation

✘

Correct answer

- Cervical dilation

Feedback

The signs indicate placenta previa and vaginal exam to determine cervical dilation would not be done because it could cause hemorrhage. Assessing maternal vital signs can help determine maternal physiologic status. Fetal heart rate is important to assess fetal well-being and should be done. Monitoring the contractions will help evaluate the progress of labor.

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✘ When preparing to administer the vitamin K injection to a neonate, the nurse would select which of the following sites as appropriate for the injection? * 0 / 5

- Deltoid muscle
- Anterior femoris muscles
- Vastus lateralis muscle
- Gluteus maximus muscle

✘

Correct answer

- Vastus lateralis muscle

Feedback

The middle third of the vastus lateralis is the preferred injection site for vitamin K administration because it is free of blood vessels and nerves and is large enough to absorb the medication. The deltoid muscle of a newborn is not large enough for a newborn IM injection. Injections into this muscle in a small child might cause damage to the radial nerve. The anterior femoris muscle is the next safest muscle to use in a newborn but is not the safest. Because of the proximity of the sciatic nerve, the gluteus maximus muscle should not be until the child has been walking 2 years

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✔ When performing a pelvic examination, the nurse observes a red swollen area on the right side of the vaginal orifice. The nurse would document this as enlargement of which of the following? * 5 / 5

- Clitoris
- Parotid gland
- Skene's gland
- Bartholin's gland

✔

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✓ When describing dizygotic twins to a couple, on which of the following would the nurse base the explanation? * 5 / 5

- Two ova fertilized by separate sperm
- Sharing of a common placenta
- Each ova with the same genotype
- Sharing of a common chorion



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✘ Which of the following should the nurse do when a primipara who is lactating tells the nurse that she has sore nipples? * 0 / 5

- Tell her to breast feed more frequently
- Administer a narcotic before breast feeding
- Encourage her to wear a nursing brassiere
- Use soap and water to clean the nipples

✘

Correct answer

- Tell her to breast feed more frequently

Feedback

Feeding more frequently, about every 2 hours, will decrease the infant's frantic, vigorous sucking from hunger and will decrease breast engorgement, soften the breast, and promote ease of correct latching-on for feeding. Narcotics administered prior to breast feeding are passed through the breast milk to the infant, causing excessive sleepiness. Nipple soreness is not severe enough to warrant narcotic analgesia. All postpartum clients, especially lactating mothers, should wear a supportive brassiere with wide cotton straps. This does not, however, prevent or reduce nipple soreness. Soaps are drying to the skin of the nipples and should not be used on the breasts of lactating mothers. Dry nipple skin predisposes to cracks and fissures, which can become sore and painful.

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✓ A newborn who has an asymmetrical Moro reflex response should be further assessed for which of the following? * 5 / 5

- Talipes equinovarus
- Fractured clavicle
- Congenital hypothyroidism
- Increased intracranial pressure



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✗ A newborn who has an asymmetrical Moro reflex response should be further assessed for which of the following? * 0 / 5

- Talipes equinovarus
- Fractured clavicle
- Congenital hypothyroidism
- Increased intracranial pressure



Correct answer

- Fractured clavicle

Feedback

A fractured clavicle would prevent the normal Moro response of symmetrical sequential extension and abduction of the arms followed by flexion and adduction. In talipes equinovarus (clubfoot) the foot is turned medially, and in plantar flexion, with the heel elevated. The feet are not involved with the Moro reflex. Hypothyroidism has no effect on the primitive reflexes. Absence of the Moro reflex is the most significant single indicator of central nervous system status, but it is not a sign of increased intracranial pressure.

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✗ To differentiate as a female, the hormonal stimulation of the embryo that must occur involves which of the following? * 0 / 5

- Increase in maternal estrogen secretion
- Decrease in maternal androgen secretion
- Secretion of androgen by the fetal gonad
- Secretion of estrogen by the fetal gonad

✗

Correct answer

- Secretion of estrogen by the fetal gonad

Feedback

The fetal gonad must secrete estrogen for the embryo to differentiate as a female. An increase in maternal estrogen secretion does not effect differentiation of the embryo, and maternal estrogen secretion occurs in every pregnancy. Maternal androgen secretion remains the same as before pregnancy and does not effect differentiation. Secretion of androgen by the fetal gonad would produce a male fetus.

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✓ Which of the following would be the priority nursing diagnosis for a client with an ectopic pregnancy? * 5 / 5

- Risk for infection
- Pain
- Knowledge Deficit
- Anticipatory Grieving

✓

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✘ A client at 24 weeks gestation has gained 6 pounds in 4 weeks. Which of the following would be the priority when assessing the client? *

0 / 5

- Glucosuria
- Depression
- Hand/face edema
- Dietary intake

✘

Correct answer

- Hand/face edema

Feedback

After 20 weeks' gestation, when there is a rapid weight gain, preeclampsia should be suspected, which may be caused by fluid retention manifested by edema, especially of the hands and face. The three classic signs of preeclampsia are hypertension, edema, and proteinuria. Although urine is checked for glucose at each clinic visit, this

is not the priority. Depression may cause either anorexia or excessive food intake, leading to excessive weight gain or loss. This is not, however, the priority consideration at this time. Weight gain thought to be caused by excessive food intake would require a 24-hour diet recall. However, excessive intake would not be the primary consideration for this client at this time.

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✓ With a fetus in the left-anterior breech presentation, the nurse would expect the fetal heart rate would be most audible in which of the following areas? * 5 / 5

- Above the maternal umbilicus and to the right of midline
- In the lower-left maternal abdominal quadrant
- In the lower-right maternal abdominal quadrant
- Above the maternal umbilicus and to the left of midline ✓

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✓ The nurse documents positive ballottement in the client's prenatal record. The nurse understands that this indicates which of the following? * 5 / 5

- Palpable contractions on the abdomen
- Passive movement of the unengaged fetus ✓
- Fetal kicking felt by the client
- Enlargement and softening of the uterus

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✓ When teaching a group of adolescents about male hormone production, which of the following would the nurse include as being produced by the Leydig cells? 5 / 5

*

- Follicle-stimulating hormone
- Testosterone
- Leuteinizing hormone
- Gonadotropin releasing hormone



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✓ When developing a plan of care for a client newly diagnosed with gestational diabetes, which of the following instructions would be the priority? 5 / 5

- Dietary intake
- Medication
- Exercise
- Glucose monitoring



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✘ Which of the following refers to the single cell that reproduces itself after conception? *

0 / 5

- Chromosome
- Blastocyst
- Zygote
- Trophoblast



Correct answer

- Zygote

Feedback

The zygote is the single cell that reproduces itself after conception. The chromosome is the material that makes up the cell and is gained from each parent. Blastocyst and trophoblast are later terms for the embryo after zygote.

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✔ Which of the following is the priority focus of nursing practice with the current early postpartum discharge? *

5 / 5

- Promoting comfort and restoration of health
- Exploring the emotional status of the family
- Facilitating safe and effective self-and newborn care
- Teaching about the importance of family planning



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✓ A client with severe preeclampsia is admitted with of BP 160/110, proteinuria, and severe pitting edema. Which of the following would be most important to include in the client's plan of care? * 5 / 5

- Daily weights
- Seizure precautions
- Right lateral positioning
- Stress reduction



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✓ The postterm neonate with meconium-stained amniotic fluid needs care designed to especially monitor for which of the following? * 5 / 5

- Respiratory problems
- Gastrointestinal problems
- Integumentary problems
- Elimination problems



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✘ A client at 8 weeks' gestation calls complaining of slight nausea in the morning hours. Which of the following client interventions should the nurse question? * 0 / 5

- Taking 1 teaspoon of bicarbonate of soda in an 8-ounce glass of water
- Eating a few low-sodium crackers before getting out of bed
- Avoiding the intake of liquids in the morning hours
- Eating six small meals a day instead of three large meals

✘

Correct answer

- Taking 1 teaspoon of bicarbonate of soda in an 8-ounce glass of water

Feedback

Using bicarbonate would increase the amount of sodium ingested, which can cause complications. Eating low-sodium crackers would be appropriate. Since liquids can increase nausea avoiding them in the morning hours when nausea is usually the strongest is appropriate. Eating six small meals a day would keep the stomach full, which often decrease nausea.

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✘ For which of the following clients would the nurse expect that an intrauterine device would not be recommended? * 0 / 5

- Woman over age 35
- Nulliparous woman
- Promiscuous young adult
- Postpartum client



Correct answer

- Promiscuous young adult

Feedback

An IUD may increase the risk of pelvic inflammatory disease, especially in women with more than one sexual partner, because of the increased risk of sexually transmitted infections. An IUD should not be used if the woman has an active or chronic pelvic infection, postpartum infection, endometrial hyperplasia or carcinoma, or uterine abnormalities. Age is not a factor in determining the risks associated with IUD use. Most IUD users are over the age of 30. Although there is a slightly higher risk for infertility in women who have never been pregnant, the IUD is an acceptable option as long as the risk-benefit ratio is discussed. IUDs may be inserted immediately after delivery, but this is not recommended because of the increased risk and rate of expulsion at this time

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Submitted 12/5/21, 3:16 PM