

Question 50 of 120

The term **physical disability** can be defined as a physical condition that impacts:

- One's athletic ability
- One's intelligence
- Activities of daily living
- One's social skills

Question 47 of 120

The categories of children who should be checked for malnutrition and anemia include:

- Children with diarrhea
- Children with feeding problems
- All children brought to clinic
- Children with chronic illness leading to loss of weight

Question 113 of 120

According to Erikson's Psychosocial Stages of Development, the stage in which a child needs to learn to interact favorably with peers in school to achieve competence is referred to as :-

- Initiative vs guilt
- Identity vs role confusion
- Trust Vs mistrust
- Industry vs inferiority

Question 10 of 120

Infection with this parasite can cause extensive damage to human urogenital structures.

- Ascaris lumbricoides
- Schistosoma haematobium
- Toxoplasma gondii
- Schistosoma mansoni

Question 25 of 120

Management functions include:-

- Planning, organizing, staffing, controlling
- Planning, centralization, authority, controlling
- Authority, planning, organizing, staffing
- Unity of command, staffing, controlling, directing

Question 7 of 120

Herd immunity exists in a community when:-

- A high percentage of people are immune to an infection
- The incidence of the disease decrease to a very low level
- Vaccination is stopped in a community that has been well vaccinated
- Both dead and live antigens are used to immunize

Question 21 of 120

A nursing intervention for a male client with bipolar I disorder should include:

- Designing activities that will require the client to maintain contact with reality
- Providing a structured environment
- Engaging the client in conversing about current affairs
- Touching the client to provide assurance

Question 29 of 120

Rapid and abrupt changes in emotional feeling

- Rapid affect
- Restricted affect
- Labile affect
- Inappropriate affect

Question 49 of 120

The purpose of operational definitions in research is to


- Facilitator standardized communication among investigators
- Spell out how the investigator manipulator the independent variable
- Enhance the ordinary meaning assigned to variables
- Describe all meaning of variables

Question 19 of 120

The rate of natural increase in the human population is calculated by

- Crude birth rate + crude mortality rate
- Crude death rate - crude birth rate
- Crude birth rate - crude death rate
- Crude death rate + crude birth rate

Activities during post visit phase of home visit include:-

-  Developing a future follow up care plan
- Integrating the patient into the community
- Transferring patient care to another agency
- Sharing the report of home visit with relevant authorities

Question 3 of 120

The following is a symptom of abortive polio

- Muscle spasm
- Sore throat
- Stiff neck
- Back pain

Question 24 of 120

The following statements is true in reference to depression:-

- It can only be confirmed if a patient has lost a relative, job or something valuable in their life
- It is obvious, the illness runs along familial lines
- Indecisiveness and poor concentration significant in its diagnosis
- In children and adolescents it is not significant

Question 13 of 120

Research descriptive statistics refers to:-

- An estimate of the population parameters from sample data
- A description of the patterns and specific trends in data set
- Examine or explore of one variable at a time
- Testing hypothesis

Question 59 of 120

The cycle of disaster consists of the following components

- Mitigation, Preparedness, Response, Recovery
- Preparedness, vulnerability assessment, risk assessment, recovery
- None of the above
- Mitigation, Risk assessment, Response and Recovery

Question 11 of 120

The most common cause of Pneumonia in children less than 5 years;

- Haemophilus influenza type B
- Streptococcal pneumoniae
- Staphylococcus aureus
- Group B beta hemolytic streptococcus

Question 36 of 120

During school health program,

- All school children need to be served under one roof
- Groups need to be formed and served as per their need
- Parent's teachers and students should be served together
- Teachers should be served first for them to be able to control students

Question 17 of 120

The epidemiologic triad of disease causation refers to:

- Agent, host, environment
- Source, mode of transmission, susceptible host
- Host, vector, source
- Host, portal of entry, source

Question 14 of 120

The primary purpose of conducting an epidemiologic investigation is to:

- Identify groups who are at risk of contracting the disease
- Identify geographical location of cases of the disease in the community
- Delineate the etiology of the epidemic
- Encourage cooperation and support of the community

Question 53 of 120

The following is one of the main goals of community health:-

- Early diagnosis and prevention of disease
- Control of communicable diseases
- Identify community health problems and needs
- Improved sanitation in the environment

Question 62 of 120

A patient who presents with genital ulcers with multiple painful vesicles is treated with

- Benzathine Penicillin 2.4 MU stat
- Cefixime 400mg stat
- I. M. Ceftriaxone 500mg stat and Acyclovir 400mg TID x 10 days
- Azithromycin 2gm PO stat and Acyclovir 400mg TID x 10 days

Question 104 of 120

The mode of admission for an aggressive patient with no insight to mental hospital is:

- Temporarily
- Involuntary
- Voluntary

Question 52 of 120

The following is the importance of health education in inspiring behavior change:-

- helps to increase learning and skills
- Stimulates community to take ownership towards the approach
- Increases understanding and coping
- Increase in knowledge and attitude of the people

Question 20 of 120

Maternal factors affecting growth and development during prenatal:

- Infections, use of drugs
- Smoking, faulty placental implantation
- No. of children, use of drugs
- Malposition, alcoholism

Question 51 of 120

The following is a communicable disease control measures at individual and village level :-

- Increase immunization coverage, environmental manipulation
- Emphasize on water protection and purification
- Completing the immunization, protection of springs and well
- Participate in vector and reservoir control, Immunization coverage

Question 39 of 120

When developing health promotion plans with clients, the nurse educator should use the client's

- Promoter
- Counsellor
- Resource person
- Advisor

Question 31 of 120

Dan 5 years old pupil visits a clinic for check up. In assessing growth and development, the nurse will note

- All individuals follow cephalo-caudal and proximo-distal
- All individuals follow standard growth rate
- Rate and pattern of growth can be modified
- Different parts of the body grow at same rate

Question 8 of 120

The style of leadership that takes into account other people's views, opinions and ideas is

- Laissez faire
- Democratic
- Autocratic
- People oriented

Question 105 of 120

The approach to health promotion which aims to increase individuals' knowledge about

- Behavior change approach
- Community development approach
- Community based approach
- Biomedical approach

Question 105 of 120

The approach to health promotion which aims to increase individuals' knowledge about the

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Question 38 of 120

Body mass index (BMI) of 23 is considered to be?

- Obese
- Overweight
- Normal weight
- Underweight

Question 108 of 120

The following is a complicated signs and symptoms of measles disease:-

- Fever
- Coryza
- Coughing
- Diarrhoea

Question 18 of 120

The Legal document used for involuntary admission

- MOH 613
- MOH 637
- MOH 614
- MOH 638

Question 27 of 120

Primary disease prevention involves:

- Immunization, screening for cervical cancer, good nutrition
- Early treatment, regular medical check-ups, mass treatment
- Screening for cervical cancer, early treatment, immunization
- Immunization, eating balanced diet, regular exercise

Vulnerability analysis comes in which part of the Disaster Management Cycle

- Mitigation
- Recovery
- Preparedness
- Response

Question 6 of 120

The wastage factor for measles vaccine is:-

1/5

1/3

1/2

1/4

Question 44 of 120

The learning domain concerned with acquisition of facts, concepts and principles is

- Affective
- Cognitive
- Evaluative
- Psychomotor

Question 46 of 120

Information in the research methodology process includes

- Research design, study population, justification of study
- Formulating hypothesis, sampling, study design
- Study population, research design, analysis of data
- Study population, research design, sampling

Some of the records included in a school health program include:

- Schools covered, pupils treated, number of teachers, activities carried out, health messages shared
- Schools covered, pupils treated, activities carried out, health messages shared
- Pupils referred, type of ailments treated, activities carried out, number of teachers
- Activities carried out, health achievements by the school, health messages shared, number of visits to

Question 28 of 120

Occupational health programs must be provided by organizations. The main objective of an occupational health program is:

- To prevent health problems due to normal working condition
- To promote and maintain highest degree of normal health
- To assist the injured and disabled for rehabilitation and treatment
- To protect the workers from factors adverse to their health during their employment

Question 58 of 120

Neuroleptics are:

- Minor tranquillizers with mild calm effects on neurotic patient
- Major tranquillizers which block dopamine receptor thus producing calm effects
- Mood stabilizers thus elevating mood of a depressed patient
- Antidepressants

Gastrointestinal decompression involves:

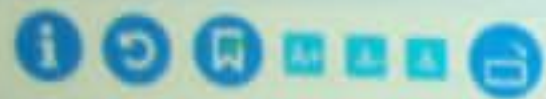
- Gastrostomy tube suction to remove abdominal content.
- Insertion of a tube in the ileocaecal valve.
- Insertion of a trocar in the abdominal cavity
- Insertion of a nasogastric tube to remove gas and fluid.



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Verification(s)



Question 38 of 120

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- Underweight

Question 33 of 120

A schizophrenic patient has been treated with haloperidol, loxapine, thioridone and risperidone. If given a second trial, which of the following would be the best choice?

- Benztropine
- Molindone
- Clozapine
- Trifluoperazine

Question 32 of 120

The following is a factor to ensure a smooth flow of clients in a health centre

- Soothing patients
- Directing patients
- Timely payments
- Observing punctuality

Question 23 of 120

Non-projected teaching aids includes

- Diagrams, videos, slides
- Slides, videos, pictures
- Flipcharts, slides, pictures
- Real objects, handouts, pictures

Question 36 of 120

During school health program,

- All school children need to be served under one roof
- Groups need to be formed and served as per their need
- Parent's teachers and students should be served together
- Teachers should be served first for them to be able to control students

Question 9 of 120

Measures of dispersion include

- Range, mean, variance
- Range, variance, standard deviation
- Median, variance, mean deviation
- Standard deviation, mean deviation, mode

Question 4 of 120

The following are mood-congruent psychotic features in a depressed patient

- Delusion of murder, erotomania, delusion of guilt
- Delusion of guilt, delusion of poverty, erotomania
- Delusion of guilt, delusion of poverty, delusion of grandiosity
- Delusion of persecution, delusion of grandiosity, delusion of guilt

Question 15 of 120

The Likert scale is mainly used in the assessment of

- Skills
- Attitude
- Achievement of objectives
- Theoretical knowledge

Question 60 of 120

Control group in clinical trials receive:-

- Placebo
- Active treatment
- Blinding
- Active treatment and placebo

Question 46 of 120

Information in the research methodology process includes

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- Formulating hypothesis, sampling, study design
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- Study population, research design, sampling

Question 26 of 120

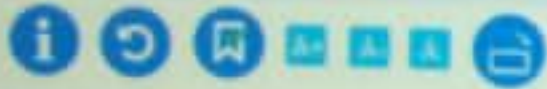
A 20 year old client is diagnosed with dependent personality disorder. Which of the following is a characteristic of this disorder?

- Showing interest in solitary activities
- Recurrent self-destructive behavior
- Inability to make choices and decisions without advice
- Avoiding relationships

Question 102 of 120

The health messages that should be shared with a patient who has suffered from myocardial infarction include:

- Eating low salt but fluid-free diet
- Reporting insomnia whenever it occurs.
- Reporting to health care providers if extremely fatigued
- Identification and modification of all risk factors



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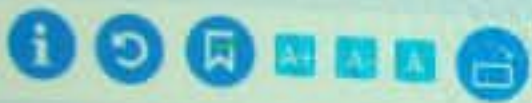


Notification(s)



An example of a primary skin lesion is:

- Fissure.
- Scales.
- Ulcer.
- Wheal.



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 Notification(s)



Preoperative fear and anxiety can lead to;

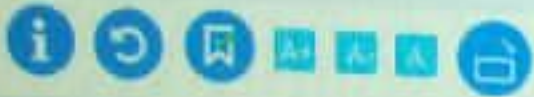
- Reduce the need of psychological support
- Need for increased anesthesia
- Speed of recovery is increased
- Need for reduced postoperative pain management



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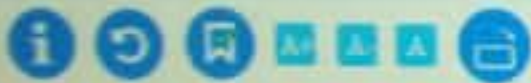
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Question 105 of 120

In reproductive health the main purpose of integrated health services is to reduce the rates of:-

- Mortality, migration, anemia
- Fertility, malaria, mortality
- Mortality, anemia, haemorrhage
- Morbidity, fertility, mortality



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Notifications (x)



The act that regulates training and practice of nurses is:-

- Nurses Act CAP 260
- Nurses Act CAP 267
- Nurses Act CAP 263
- Nurses Act CAP 257

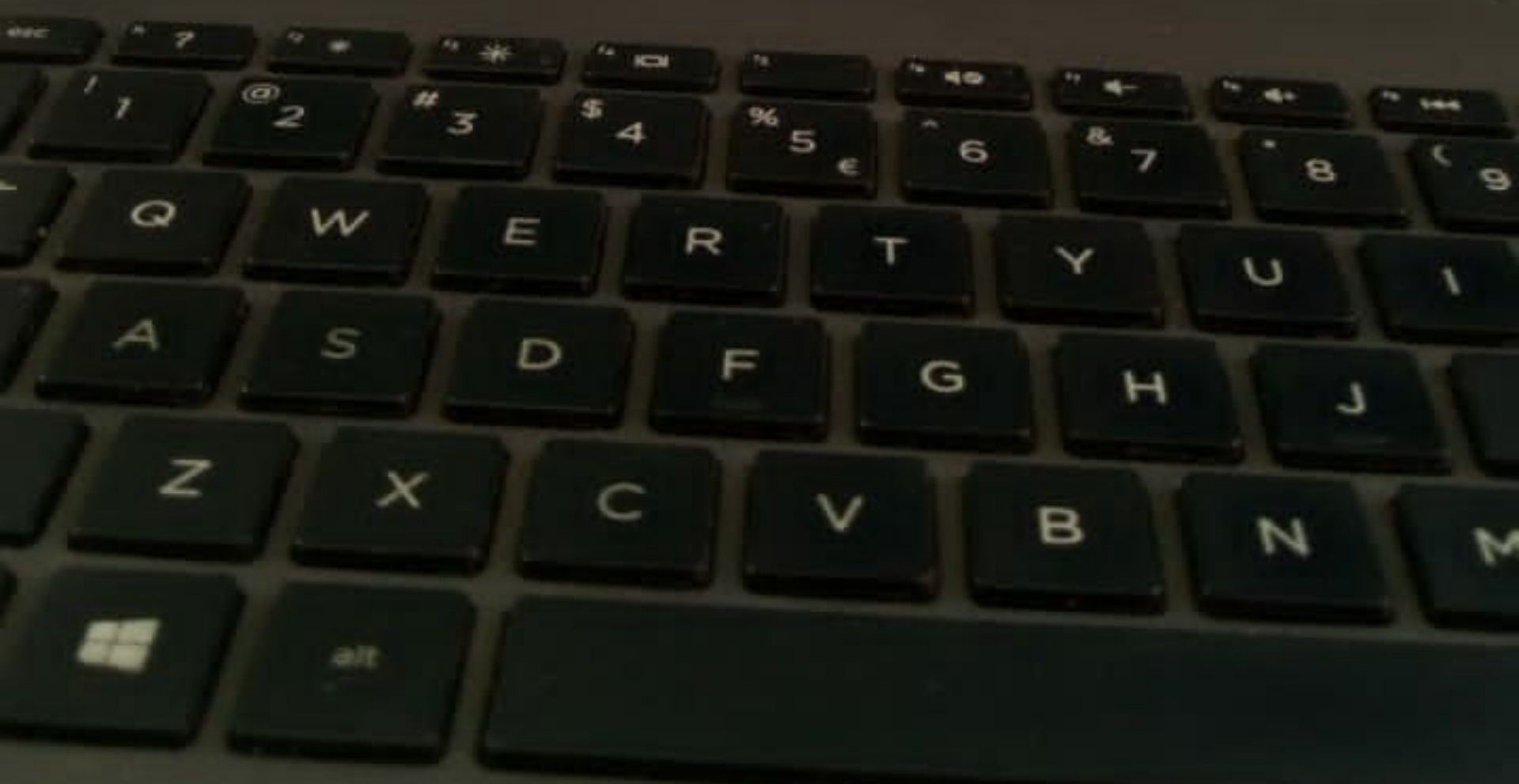
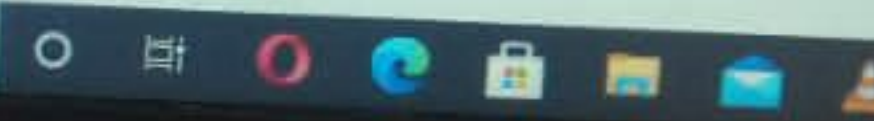


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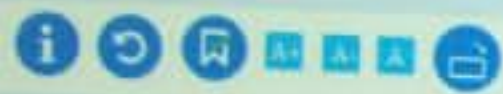
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Question 47 of 120

A female patient who has had a myocardial infarction asks the nurse why she should not bear down or strain to ensure having a bowel movement. The nurse informs the patient that this would trigger:

- Sympathetic nerve stimulation, causing a decrease in heart rate and cardiac contractility
- Vagus nerve stimulation, causing an increase in heart rate and cardiac contractility
- Vagus nerve stimulation, causing a decrease in heart rate and cardiac contractility
- Sympathetic nerve stimulation, causing an increase in heart rate and cardiac contractility

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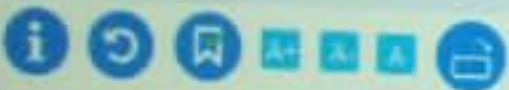
Notifications



Question 38 of 120

Diabetic control is important before conception to reduce the incidence of

- Diabetic ketoacidosis
- congenital anomalies
- maternal nephropathy
- maternal retinopathy

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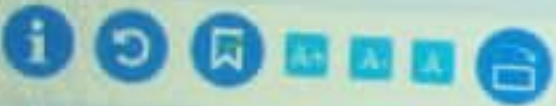
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Question 90 of 120

The purpose of emergency assessment is to:

- Delegate nursing responsibility.
- Teach the client about his or her health.
- Make a diagnostic conclusion.
- Establish a database concerning the client.

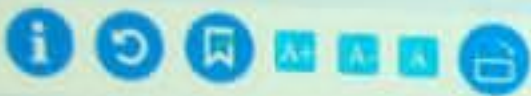
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Notification(s)



Omphalitis in the newborn predisposes to the following complications:

- Diarrhoea, vomiting
- Anaemia, gastroenteritis
- Septicaemia, bacterial hepatitis
- Necrotizing fasciitis, septicemia.



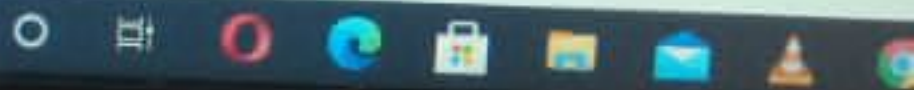
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Notification(s)



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Oligohydramnios is associated with:

- Hydrocephalus
- Omphalocele
- sacral agenesis
- polycystic kidney



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Notification(s)



Question 93 of 120

Signs of puerperial sepsis include:

- Pyrexia,tachycardia,pink lochia
- Pyrexia tachycardia,offensive lochia
- Pyrexia,tachycardia,red lochia
- Pyrexia,tachycardia,whitish lochia.

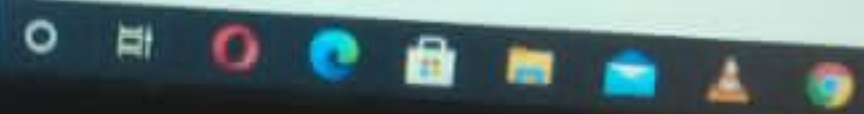


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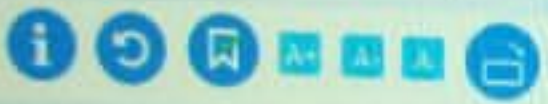
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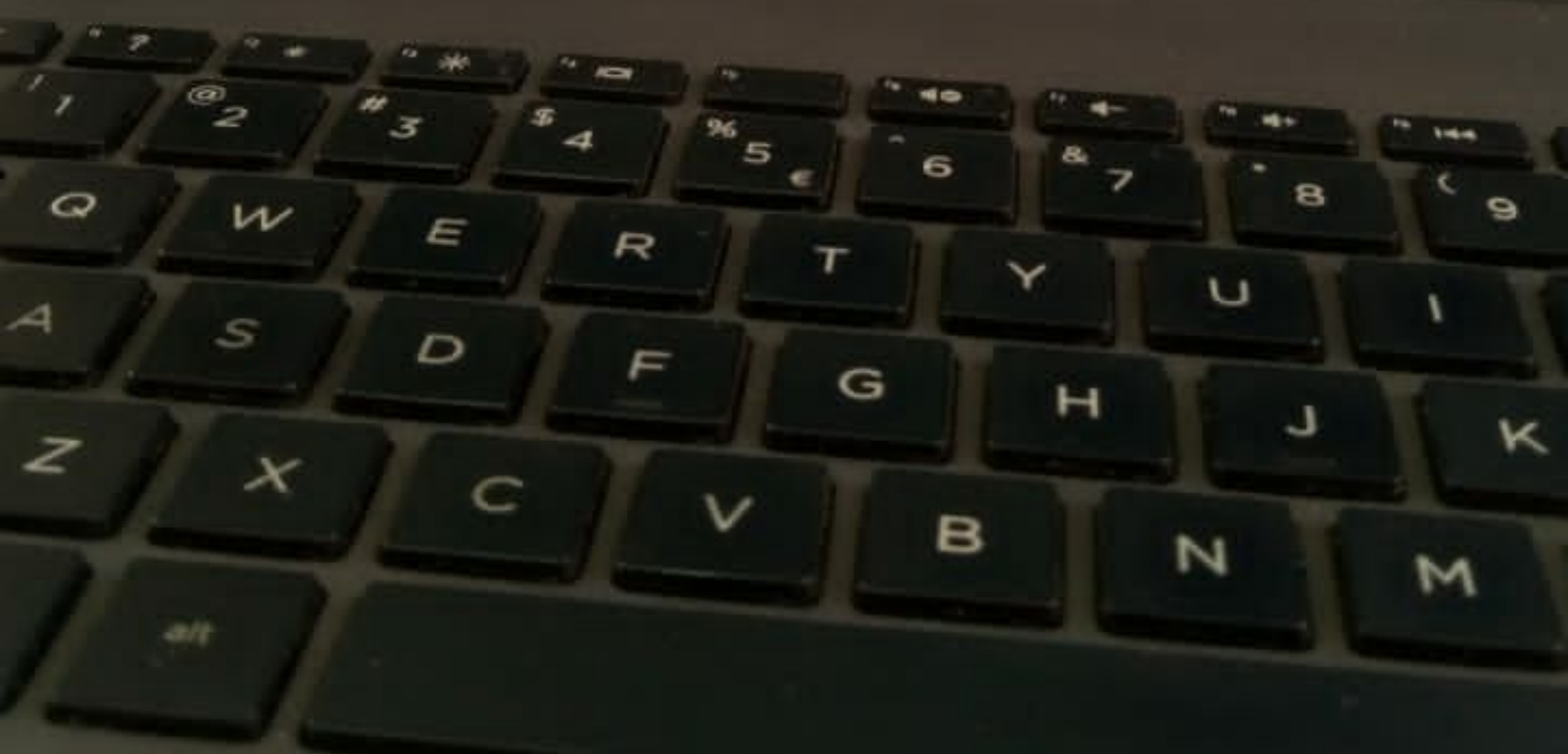
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Notification(x)



The clinical presentation of a brain abscess in the frontal lobe include:-

- Expressive aphasia, facial weakness and hemiparesis
- Expressive aphasia, hemiparesis and Headache
- Occipital headache, hemiparesis and ataxia
- Facial weakness, Headache and hemiparesis



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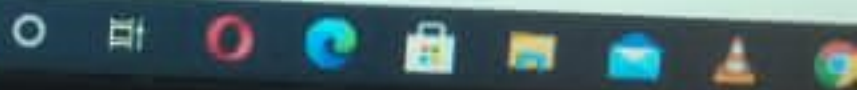
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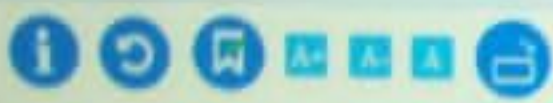


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The rate of oxygen administered to a chronic emphysema patient is

- 10 Litres/minute
- 5 Litres/minute
- 2 Litres/minute
- 7 Litres/minute



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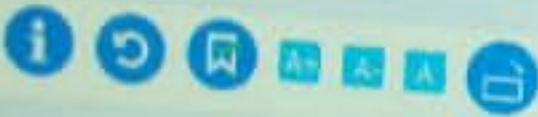
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Question 98 of 120

An indication of chest tube drainage is:

- Empyema
- Haemoptysis
- Ascites
- Flail chest

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Question 47 of 120

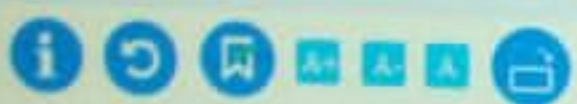
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Question 98 of 120

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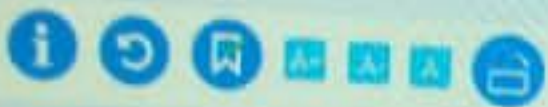
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Question 96 of 120

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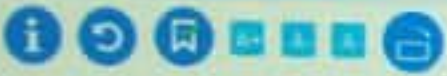
5752365551682375 Kenya Registered Community Health Nurse Paper I

Question 100 of 120

Marks

A patient comes in having had repeated colds and infections. Problems in his ear are shown to be due to accumulation of fluid in the middle ear. This is due to a blockage of the-

- Utricle
- Sacculle
- Eustachian tube
- External ear



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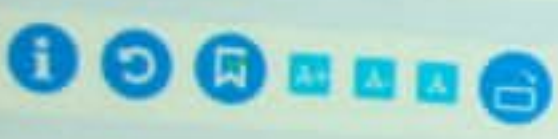
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Question 100 of 120

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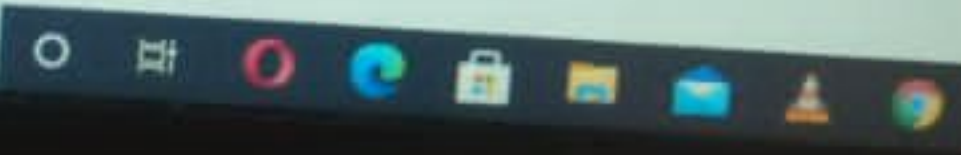


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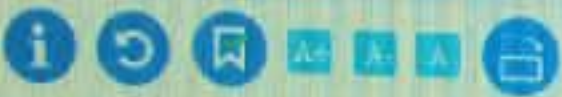
The following is a H₂-receptor antagonist:

- Sucralfate
- Omeprazole
- Misoprostol
- Ranitidine

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The following are Absorbable Sutures:-

- Silk, Linen
- Ethanol, Vicryl
- Nylon, Polypropylene
- Chromic gut, Vicryl

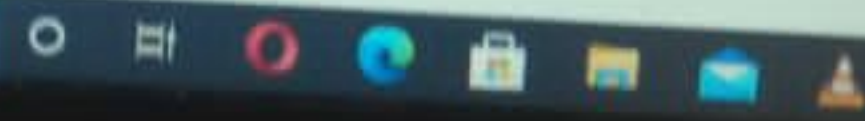


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Question 19 of 120

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Question 59 of 120

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Question 39 of 120

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The following is a communicable disease control measures at individual and village level.

- Increase immunization coverage, environmental manipulation
- Emphasize on water protection and purification
- Completing the immunization, protection of springs and well
- Participate in vector and reservoir control, Immunization coverage

Question 21 of 120

A nursing intervention for a male client with bipolar I disorder should include:

- Designing activities that will require the client to maintain contact with reality
- Providing a structured environment
- Engaging the client in conversing about current affairs
- Touching the client to provide assurance

Question 20 of 120

Maternal factors affecting growth and development during prenatal:

- Infections, use of drugs
- Smoking, faulty placental implantation
- No. of children, use of drugs
- Malposition, alcoholism

Question 24 of 120

The following statements is true in reference to depression:

- It can only be confirmed if a patient has lost a relative, job or something similar to them
- It is obvious, the illness runs along familial lines
- Indecisiveness and poor concentration significant in its diagnosis
- In children and adolescents it is not significant