

## NUTRITION MCQs

S.NO	Submit Date	Name	CAMPUS	COURSE	Total Marks (61)	Result	1. GENDER	2. You are taking care of a patient with severe COPD. What type of diet would best suit this patient's needs?	3. A patient who has a colostomy is complaining about having excess gas. You ask the patient to tell you what he has ate in the past 48 hours. Which food would you suspect is causing the patient excessive gas?	4. A patient is diagnosed with Congestive Heart Failure and must follow a specific diet. Which spices are okay for the patient to use daily?	5. A patient with gout should follow what type of diet?	6. The patient is on a low potassium diet that includes food such as applesauce, green beans, cabbage, lettuce, grapes, and raspberries. What type of patient would you expect to be on this type of diet?	7. A patient with anemia would benefit from which diet?	8. A patient is on a lacto-ovo vegetarian diet. What type of foods can the patient eat?	9. A patient is suffering from a broken jaw. Which foods would be most beneficial for this patient?	10. A patient receiving dialysis should avoid what type of foods?	11. A patient is admitted for diverticulitis. The patient has been on a full liquid diet and has been tolerating it well. Now the MD has ordered the patient a new diet. You would expect to find what type of food on the patient's lunch tray?	Answer Sheet Link
1	01-02-2023	Mc	Gaza	Nursing	13	21.3%	F	Fried chicken, French fries, and pudding	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab1fc95ed510920d52412">https://quizzory.in/answer-sheet/63dab1fc95ed510920d52412</a>
2	01-02-2023	Sharon	Embu	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab2c137d44d091ac64261">https://quizzory.in/answer-sheet/63dab2c137d44d091ac64261</a>
3	01-02-2023	Normah joseph	Msambweni	Nursing	19	31.1%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab2f6624740094847edbf">https://quizzory.in/answer-sheet/63dab2f6624740094847edbf</a>
4	01-02-2023	Allyana Tiff	Karen	Nutrition	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Onion Salt & Garlic Powder	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab312937cd40974b93e3e">https://quizzory.in/answer-sheet/63dab312937cd40974b93e3e</a>

5	01-02-2023	Anne	MKU	C O	31	50.8%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab325624740094847edc4">https://quizzory.in/answer-sheet/63dab325624740094847edc4</a>
6	01-02-2023	Amondi	Bondo	Nursing	12	19.7%	M	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Fresh fruits and vegetable, poultry, and beans	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab342f135fc094e31aee1">https://quizzory.in/answer-sheet/63dab342f135fc094e31aee1</a>
7	01-02-2023	Martin	Nakuru	Cm	31	50.8%	F	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Renal Diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab35295ed510920d52439">https://quizzory.in/answer-sheet/63dab35295ed510920d52439</a>
8	01-02-2023	Brenda chelangat	Kakamega	Krchn	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Potassium-modified diet	A patient with heart disease	Grains, berries, and organic vegetables	Fish, milk, and poached eggs	Carrots, fried chicken, and cereal	Steamed broccoli, broiled mackerel, and artificial sweeteners	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab35afc244c08bf5a87a7">https://quizzory.in/answer-sheet/63dab35afc244c08bf5a87a7</a>
9	01-02-2023	James	Chuka	Nurses	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Tacos, peanuts, and fresh broccoli	Steamed broccoli, broiled mackerel, and artificial sweeteners	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab369937cd40974b93e48">https://quizzory.in/answer-sheet/63dab369937cd40974b93e48</a>
10	01-02-2023	Milly	Kmtc	Nursing	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Onion Salt & Garlic Powder	Potassium-modified diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab381624740094847edd0">https://quizzory.in/answer-sheet/63dab381624740094847edd0</a>
11	01-02-2023	kuria	thiks	krchn	18	29.5%	M	Cut apples, fresh broccoli, and grilled chicken	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Renal Diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Fresh fruits and vegetable, poultry, and beans	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab41495ed510920d524d8">https://quizzory.in/answer-sheet/63dab41495ed510920d524d8</a>
12	01-02-2023	Mari	Bsa	Nursing	37	60.7%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab41a37d44d091ac642b8">https://quizzory.in/answer-sheet/63dab41a37d44d091ac642b8</a>

13	01-02-2023	Mionah	Kmtc kisii	Nursing	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Carrots, fried chicken, and cereal	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab430af1a54097da4ba33">https://quizzory.in/answer-sheet/63dab430af1a54097da4ba33</a>
14	01-02-2023	Naomi	Nakuru	KRCHN	31	50.8%	F	Cut apples, fresh broccoli, and grilled chicken	Squash, Spinach, and Pickles	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab44faf1a54097da4ba37">https://quizzory.in/answer-sheet/63dab44faf1a54097da4ba37</a>
15	01-02-2023	Levis Kimani	Mount Kenya University	Bachelor of Medicine and Surgery	24	39.3%	M	Green beans, boiled carrots, and steamed fish	Cherries, Radishes, and Watermelon	Sea Salt & Pepper	Potassium-modified diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Tacos, peanuts, and fresh broccoli	Steamed broccoli, broiled mackerel, and artificial sweeteners	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab464f135fc094e31b059">https://quizzory.in/answer-sheet/63dab464f135fc094e31b059</a>
16	01-02-2023	Am	Eld	Nursing	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab484af1a54097da4ba3a">https://quizzory.in/answer-sheet/63dab484af1a54097da4ba3a</a>
17	01-02-2023	Cate	Kiambu	NURS	13	21.3%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	No Answer	Onion Salt & Garlic Powder	No Answer	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	No Answer	Rice, watermelon, and smoked fish	No Answer	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab486af1a54097da4ba3b">https://quizzory.in/answer-sheet/63dab486af1a54097da4ba3b</a>
18	01-02-2023	Rey	Kitui	Nursing	37	60.7%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab4b1e9f5e108b9a7832c">https://quizzory.in/answer-sheet/63dab4b1e9f5e108b9a7832c</a>
19	01-02-2023	Leah Chepkoech Tanui	Nakuru	Clinical medicine	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab4bf937cd40974b93e62">https://quizzory.in/answer-sheet/63dab4bf937cd40974b93e62</a>
20	01-02-2023	Star	Murang'a	Nursing	25	41.0%	F	Cut apples, fresh broccoli, and grilled chicken	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Rice, watermelon, and smoked fish	Fresh fruits and vegetable, poultry, and beans	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab4ea937cd40974b93e66">https://quizzory.in/answer-sheet/63dab4ea937cd40974b93e66</a>

21	01-02-2023	Denis	Mig	Nursing	31	50.8%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab52a937cd40974b93e69">https://quizzory.in/answer-sheet/63dab52a937cd40974b93e69</a>
22	01-02-2023	Mark	mtwapa	nutrition	24	39.3%	M	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab52dfc244c08bf5a8843">https://quizzory.in/answer-sheet/63dab52dfc244c08bf5a8843</a>
23	01-02-2023	Adamaa	Nairobi	KRCHN	36	59.0%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab53a37d44d091ac642cc">https://quizzory.in/answer-sheet/63dab53a37d44d091ac642cc</a>
24	01-02-2023	Milly	Kmtc	Nursing	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Potassium-modified diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab55b37d44d091ac642d0">https://quizzory.in/answer-sheet/63dab55b37d44d091ac642d0</a>
25	01-02-2023	Jacky	Mombasa	Nursing	37	60.7%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab55f95ed510920d52521">https://quizzory.in/answer-sheet/63dab55f95ed510920d52521</a>
26	01-02-2023	Hanifa	Garissa	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Fresh fruits and vegetable, poultry, and beans	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab576af1a54097da4ba53">https://quizzory.in/answer-sheet/63dab576af1a54097da4ba53</a>
27	01-02-2023	Jepchumba	Kaptumo	Nursing	37	60.7%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab59737d44d091ac642e6">https://quizzory.in/answer-sheet/63dab59737d44d091ac642e6</a>
28	01-02-2023	James Onyuro	GLUK	BCM	30	49.2%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Steamed broccoli, broiled mackerel, and artificial sweeteners	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab5b437d44d091ac642e9">https://quizzory.in/answer-sheet/63dab5b437d44d091ac642e9</a>

29	01-02-2023	Peter masinde mutonyi	Kabarnet	KRCHN	12	19.7%	M	Fried chicken, French fries, and pudding	Caraway seeds, tomato soup, and eggs	Garlic Sodium & Nutmeg	Potassium-modified diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Steamed broccoli, broiled mackerel, and artificial sweeteners	No Answer	<a href="https://quizzory.in/answer-sheet/63dab5dd624740094847ee78">https://quizzory.in/answer-sheet/63dab5dd624740094847ee78</a>
30	01-02-2023	Irene	Kisumu	Nursing	37	60.7%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Potassium-modified diet	No Answer	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab620937cd40974b93e7c">https://quizzory.in/answer-sheet/63dab620937cd40974b93e7c</a>
31	01-02-2023	Elizabeth Bwonya	Bungoma kmtc	Nursing	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab628af1a54097da4ba62">https://quizzory.in/answer-sheet/63dab628af1a54097da4ba62</a>
32	01-02-2023	James	Nairobi	Clinical medicine	30	49.2%	M	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab62937d44d091ac642f4">https://quizzory.in/answer-sheet/63dab62937d44d091ac642f4</a>
33	01-02-2023	Mutuma	Ckmtc	Nur	24	39.3%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Grains, berries, and organic vegetables	Boiled eggs and chocolate milk	Carrots, fried chicken, and cereal	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab693e9f5e108b9a78359">https://quizzory.in/answer-sheet/63dab693e9f5e108b9a78359</a>
34	01-02-2023	Hyline	Kisii	Nursing	36	59.0%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab6f6af1a54097da4bade">https://quizzory.in/answer-sheet/63dab6f6af1a54097da4bade</a>
35	01-02-2023	Pauline	Murang'a	CM	19	31.1%	F	Cut apples, fresh broccoli, and grilled chicken	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab714624740094847eefa">https://quizzory.in/answer-sheet/63dab714624740094847eefa</a>
36	01-02-2023	Lucy	Kitui	Nursing	19	31.1%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	High-calcium diet	A patient with heart disease	Grains, berries, and organic vegetables	Boiled eggs and chocolate milk	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab71c937cd40974b93efd">https://quizzory.in/answer-sheet/63dab71c937cd40974b93efd</a>

37	01-02-2023	Limo	Homabay	Nursing	7	11.5%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	Potassium-modified diet	A patient with osteoporosis	Vegetables, fish, and pasta	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab73f95ed510920d52580">https://quizzory.in/answer-sheet/63dab73f95ed510920d52580</a>
38	01-02-2023	Mukami	Mtc	Nursi	25	41.0%	F	Cut apples, fresh broccoli, and grilled chicken	Chicken, grapes, and raspberries	Sea Salt & Pepper	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	French fries, chicken salad, and apple pie	<a href="https://quizzory.in/answer-sheet/63dab75aaf1a54097da4bae6">https://quizzory.in/answer-sheet/63dab75aaf1a54097da4bae6</a>
39	01-02-2023	Subanea	Nairobi	Nursing	24	39.3%	M	Green beans, boiled carrots, and steamed fish	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Potassium-modified diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Carrots, fried chicken, and cereal	Fresh fruits and vegetable, poultry, and beans	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab7d337d44d091ac6430b">https://quizzory.in/answer-sheet/63dab7d337d44d091ac6430b</a>
40	01-02-2023	Oliviar	Kisumu	Nursing	31	50.8%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Chicken, grapes, and raspberries	Ginger & Bay Leaves	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab7daaf1a54097da4bb24">https://quizzory.in/answer-sheet/63dab7daaf1a54097da4bb24</a>
41	01-02-2023	Clinton kiprono	Portreitz	Nursing	24	39.3%	M	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Garlic Sodium & Nutmeg	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	French fries, chicken salad, and apple pie	<a href="https://quizzory.in/answer-sheet/63dab81d937cd40974b93f76">https://quizzory.in/answer-sheet/63dab81d937cd40974b93f76</a>
42	01-02-2023	Purity mukami	Chuka	Nursing	61	100%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab82d37d44d091ac64311">https://quizzory.in/answer-sheet/63dab82d37d44d091ac64311</a>
43	01-02-2023	Brigit wagio mucheru	Kmtc meru	Nursing	30	49.2%	M	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab859f135fc094e31b136">https://quizzory.in/answer-sheet/63dab859f135fc094e31b136</a>
44	01-02-2023	Civ	Tl	Cm	25	41.0%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Renal Diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab88ce9f5e108b9a784ac">https://quizzory.in/answer-sheet/63dab88ce9f5e108b9a784ac</a>

45	01-02-2023	Koech	Nyahururu	Nursing	36	59.0%	M	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab890fc244c08bf5a8a68">https://quizzory.in/answer-sheet/63dab890fc244c08bf5a8a68</a>
46	01-02-2023	James Mugambi	Kisumu	Nursing	19	31.1%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Renal Diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Tacos, peanuts, and fresh broccoli	Microwaved sweet potatoes, boiled cabbage, and artichokes	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab896fc244c08bf5a8a6a">https://quizzory.in/answer-sheet/63dab896fc244c08bf5a8a6a</a>
47	01-02-2023	Shan	Chuka	Nursing	18	29.5%	M	Fried chicken, French fries, and pudding	Caraway seeds, tomato soup, and eggs	Garlic Sodium & Nutmeg	Low-purine diet	A patient with heart disease	Nuts and seeds, fruits, and soy products	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab89baf1a54097da4bb70">https://quizzory.in/answer-sheet/63dab89baf1a54097da4bb70</a>
48	01-02-2023	Tosh	Vihiga	KRCHN	30	49.2%	M	Cut apples, fresh broccoli, and grilled chicken	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab8cbaf1a54097da4bb75">https://quizzory.in/answer-sheet/63dab8cbaf1a54097da4bb75</a>
49	01-02-2023	Metrine	Kisumu	Nursing	24	39.3%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Squash, Spinach, and Pickles	Ginger & Bay Leaves	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Carrots, fried chicken, and cereal	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab8f7e9f5e108b9a784e9">https://quizzory.in/answer-sheet/63dab8f7e9f5e108b9a784e9</a>
50	01-02-2023	Betty	Mombasa	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dab94637d44d091ac643c4">https://quizzory.in/answer-sheet/63dab94637d44d091ac643c4</a>
51	01-02-2023	Merry	Nds	Nrs	31	50.8%	F	Cut apples, fresh broccoli, and grilled chicken	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dab978624740094847ef9f">https://quizzory.in/answer-sheet/63dab978624740094847ef9f</a>
52	01-02-2023	James Mugambi	Kisumu	Nursing	61	100%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dab9c4f135fc094e31b14a">https://quizzory.in/answer-sheet/63dab9c4f135fc094e31b14a</a>

53	01-02-2023	Nelly Nyaga	Nakuru	CM	30	49.2%	M	Green beans, boiled carrots, and steamed fish	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Renal Diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dabaf495ed510920d52697">https://quizzory.in/answer-sheet/63dabaf495ed510920d52697</a>
54	01-02-2023	Gladys	Voi	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Renal Diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dabcd2fc244c08bf5a8bc7">https://quizzory.in/answer-sheet/63dabcd2fc244c08bf5a8bc7</a>
55	01-02-2023	C.N.M	Voi	Nursing	37	60.7%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Potassium-modified diet	A patient with heart disease	Nuts and seeds, fruits, and soy products	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dabd7b937cd40974b94125">https://quizzory.in/answer-sheet/63dabd7b937cd40974b94125</a>
56	01-02-2023	Jane	Nakuru	Cm	31	50.8%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Fresh fruits and vegetable, poultry, and beans	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dabe54f135fc094e31b24a">https://quizzory.in/answer-sheet/63dabe54f135fc094e31b24a</a>
57	01-02-2023	Jules	Meru	Nursing	7	11.5%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Potassium-modified diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dabe7ffc244c08bf5a8c50">https://quizzory.in/answer-sheet/63dabe7ffc244c08bf5a8c50</a>
58	01-02-2023	Trey	Vihiga	Nursing	31	50.8%	F	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dabf5cfc244c08bf5a8d2e">https://quizzory.in/answer-sheet/63dabf5cfc244c08bf5a8d2e</a>
59	01-02-2023	Bruce	Kakamega	Nursing	18	29.5%	M	Green beans, boiled carrots, and steamed fish	Chicken, grapes, and raspberries	Ginger & Bay Leaves	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dabf78937cd40974b9419d">https://quizzory.in/answer-sheet/63dabf78937cd40974b9419d</a>
60	01-02-2023	Dennis Mudaki	Chuka	Nursing	18	29.5%	M	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Potassium-modified diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Fresh fruits and vegetable, poultry, and beans	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dac00395ed510920d5279c">https://quizzory.in/answer-sheet/63dac00395ed510920d5279c</a>



61	02-01-2023	Stacy chepkemoi	Nairobi	Nursing	31	50.8%	F	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dac09caf1a54097da4bf45">https://quizzory.in/answer-sheet/63dac09caf1a54097da4bf45</a>
62	01-02-2023	Fay	Thika	Nursing	6	9.8%	No Answer	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	No Answer	No Answer	No Answer	No Answer	Grains, berries, and organic vegetables	No Answer	Rice, watermelon, and smoked fish	No Answer	No Answer	<a href="https://quizzory.in/answer-sheet/63dac0a2624740094847f240">https://quizzory.in/answer-sheet/63dac0a2624740094847f240</a>
63	01-02-2023	Milkah	Kisii	Nursing	31	50.8%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dac13afc244c08bf5a8d59">https://quizzory.in/answer-sheet/63dac13afc244c08bf5a8d59</a>
64	01-02-2023	Charles	HB	CM	0	0%	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	No Answer	<a href="https://quizzory.in/answer-sheet/63dac191af1a54097da4bf58">https://quizzory.in/answer-sheet/63dac191af1a54097da4bf58</a>
65	01-02-2023	Bill	Bondo	Nurs	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Squash, Spinach, and Pickles	Ginger & Bay Leaves	High-calcium diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dac1f4f135fc094e31b2f4">https://quizzory.in/answer-sheet/63dac1f4f135fc094e31b2f4</a>
66	01-02-2023	cecy	Eldy	Nursing	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dac200af1a54097da4bf75">https://quizzory.in/answer-sheet/63dac200af1a54097da4bf75</a>
67	01-02-2023	Bashow	Webuye	KRHCN	18	29.5%	M	Fried chicken, French fries, and pudding	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Potassium-modified diet	A patient who recently had gastric bypass surgery	Nuts and seeds, fruits, and soy products	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Steamed broccoli, broiled mackerel, and artificial sweeteners	French fries, chicken salad, and apple pie	<a href="https://quizzory.in/answer-sheet/63dac296f135fc094e31b348">https://quizzory.in/answer-sheet/63dac296f135fc094e31b348</a>
68	01-02-2023	Willy8	Bs	Clinical med	36	59.0%	M	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dac2c4e9f5e108b9a787cd">https://quizzory.in/answer-sheet/63dac2c4e9f5e108b9a787cd</a>

69	01-02-2023	Patrick	Ldwr	Cms	18	29.5%	M	Fried chicken, French fries, and pudding	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Carrots, fried chicken, and cereal	Steamed broccoli, broiled mackerel, and artificial sweeteners	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dac308e9f5e108b9a787d0">https://quizzory.in/answer-sheet/63dac308e9f5e108b9a787d0</a>
70	01-02-2023	Lillian	Amiu	Nursing	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Tacos, peanuts, and fresh broccoli	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dac504af1a54097da4c099">https://quizzory.in/answer-sheet/63dac504af1a54097da4c099</a>
71	01-02-2023	Haruna	Eld	Nursing	49	80.3%	F	Fried chicken, French fries, and pudding	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dac6eb937cd40974b943e6">https://quizzory.in/answer-sheet/63dac6eb937cd40974b943e6</a>
72	01-02-2023	Mary Akinyi	Gatundu	Nursing	7	11.5%	F	Fried chicken, French fries, and pudding	Squash, Spinach, and Pickles	Sea Salt & Pepper	Low-purine diet	A patient with osteoporosis	Vegetables, fish, and pasta	Oysters, yogurt, and turkey	Carrots, fried chicken, and cereal	Steamed broccoli, broiled mackerel, and artificial sweeteners	No Answer	<a href="https://quizzory.in/answer-sheet/63dac755e9f5e108b9a788b2">https://quizzory.in/answer-sheet/63dac755e9f5e108b9a788b2</a>
73	01-02-2023	Veronicah Mutuku	Makindu	Nursing	25	41.0%	F	Fried chicken, French fries, and pudding	Squash, Spinach, and Pickles	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dac772fc244c08bf5a8e90">https://quizzory.in/answer-sheet/63dac772fc244c08bf5a8e90</a>
74	01-02-2023	Bobo	Nyahy	CM	12	19.7%	M	Fried chicken, French fries, and pudding	Squash, Spinach, and Pickles	Garlic Sodium & Nutmeg	High-calcium diet	A patient with Addison's disease	Vegetables, fish, and pasta	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63daccf2af1a54097da4c19b">https://quizzory.in/answer-sheet/63daccf2af1a54097da4c19b</a>
75	01-02-2023	Fedinard	Kmtc	Cm	24	39.3%	M	Cut apples, fresh broccoli, and grilled chicken	Chicken, grapes, and raspberries	Garlic Sodium & Nutmeg	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dacd7ae9f5e108b9a78a19">https://quizzory.in/answer-sheet/63dacd7ae9f5e108b9a78a19</a>
76	01-02-2023	Christine Muga	Bondo Campus	Nursing	19	31.1%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Microwaved sweet potatoes, boiled cabbage, and artichokes	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dace9de9f5e108b9a78a26">https://quizzory.in/answer-sheet/63dace9de9f5e108b9a78a26</a>

77	01-02-2023	Julius m	nyabondo	clinical med	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Sea Salt & Pepper	High-calcium diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dacebfe9f5e108b9a78a3d">https://quizzory.in/answer-sheet/63dacebfe9f5e108b9a78a3d</a>
78	01-02-2023	L.Njiru	Nairobi	nursing	18	29.5%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Potassium-modified diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Chicken, cheese, and grilled eggplant	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dacf89937cd40974b9461d">https://quizzory.in/answer-sheet/63dacf89937cd40974b9461d</a>
79	01-02-2023	Njoroge	Msambweni	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Potassium-modified diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Microwaved sweet potatoes, boiled cabbage, and artichokes	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63dad56c937cd40974b9467f">https://quizzory.in/answer-sheet/63dad56c937cd40974b9467f</a>
80	01-02-2023	Nas	Bomet	Nurse	13	21.3%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	High-calcium diet	A patient with heart disease	Nuts and seeds, fruits, and soy products	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Fresh fruits and vegetable, poultry, and beans	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dad6ae624740094847f8b4">https://quizzory.in/answer-sheet/63dad6ae624740094847f8b4</a>
81	01-02-2023	Fartun aden	Kmtc	Nursing	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Caraway seeds, tomato soup, and eggs	Garlic Sodium & Nutmeg	High-calcium diet	A patient who recently had gastric bypass surgery	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dadab2af1a54097da4c4a3">https://quizzory.in/answer-sheet/63dadab2af1a54097da4c4a3</a>
82	01-02-2023	Halima	Kmtc	Nursing	18	29.5%	M	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Cherries, Radishes, and Watermelon	Garlic Sodium & Nutmeg	High-calcium diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Steamed broccoli, broiled mackerel, and artificial sweeteners	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dadba0937cd40974b9471d">https://quizzory.in/answer-sheet/63dadba0937cd40974b9471d</a>
83	01-02-2023	Fatuma	Kmtc	Nursing	31	50.8%	F	Green beans, boiled carrots, and steamed fish	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	High-calcium diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Fresh fruits and vegetable, poultry, and beans	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dadcb4af1a54097da4c4be">https://quizzory.in/answer-sheet/63dadcb4af1a54097da4c4be</a>
84	01-02-2023	Fatuma abdi	Kmtc	Nursing	61	100%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Cherries, Radishes, and Watermelon	Ginger & Bay Leaves	Low-purine diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Boiled eggs and chocolate milk	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Piece of white bread, skinless white potatoes, and white rice.	<a href="https://quizzory.in/answer-sheet/63dadd81e9f5e108b9a78d34">https://quizzory.in/answer-sheet/63dadd81e9f5e108b9a78d34</a>

85	01-02-2023	Emma	Cecily McDonell college of health sciences	Nursing	25	41.0%	F	Pureed sweet potatoes, ground turkey & gravy with mash potatoes	Chicken, grapes, and raspberries	Ginger & Bay Leaves	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dadf27937cd40974b947f7">https://quizzory.in/answer-sheet/63dadf27937cd40974b947f7</a>
86	01-02-2023	Mitchel	Meru	Nursing	25	41.0%	F	Green beans, boiled carrots, and steamed fish	Caraway seeds, tomato soup, and eggs	Onion Salt & Garlic Powder	Low-purine diet	A patient with heart disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Soup, pudding, and ice cream	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63dae0acfc244c08bf5a9227">https://quizzory.in/answer-sheet/63dae0acfc244c08bf5a9227</a>
87	01-02-2023	Fartun	Garissa	Nursing	13	21.3%	F	Fried chicken, French fries, and pudding	Caraway seeds, tomato soup, and eggs	Garlic Sodium & Nutmeg	High-calcium diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Oysters, yogurt, and turkey	Soup, pudding, and ice cream	Steamed broccoli, broiled mackerel, and artificial sweeteners	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63daeed7e9f5e108b9a791ad">https://quizzory.in/answer-sheet/63daeed7e9f5e108b9a791ad</a>
88	02-02-2023	Winy	Voi	CM	25	41.0%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Potassium-modified diet	A patient with Addison's disease	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63db0591e9f5e108b9a795cb">https://quizzory.in/answer-sheet/63db0591e9f5e108b9a795cb</a>
89	02-02-2023	peter	nyandarua	nursing	12	19.7%	M	Green beans, boiled carrots, and steamed fish	Squash, Spinach, and Pickles	Onion Salt & Garlic Powder	Potassium-modified diet	A patient with heart disease	Nuts and seeds, fruits, and soy products	Boiled eggs and chocolate milk	Rice, watermelon, and smoked fish	Canned soups, cold cut sandwiches, and Chinese take-out	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63db0f2bf135fc094e31caf8">https://quizzory.in/answer-sheet/63db0f2bf135fc094e31caf8</a>
90	02-02-2023	Victor	Mombasa	Nursing	24	39.3%	M	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with osteoporosis	Legumes, organ meat, and dark green leafy vegetables	Fish, milk, and poached eggs	Carrots, fried chicken, and cereal	Canned soups, cold cut sandwiches, and Chinese take-out	Peanut butter sandwich, glass of milk, and strawberries	<a href="https://quizzory.in/answer-sheet/63db2289fc244c08bf5aaaf1">https://quizzory.in/answer-sheet/63db2289fc244c08bf5aaaf1</a>
91	02-02-2023	Miriam	Thika	KRCHN	13	21.3%	F	Cut apples, fresh broccoli, and grilled chicken	Caraway seeds, tomato soup, and eggs	Ginger & Bay Leaves	Low-purine diet	A patient with osteoporosis	Nuts and seeds, fruits, and soy products	Fish, milk, and poached eggs	Tacos, peanuts, and fresh broccoli	Microwaved sweet potatoes, boiled cabbage, and artichokes	Glass of whole milk, broccoli, and cabbage	<a href="https://quizzory.in/answer-sheet/63db288f937cd40974b9660a">https://quizzory.in/answer-sheet/63db288f937cd40974b9660a</a>