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In the latest edition of NANDA nursing diagnosis list (2018-2020), NANDA International has made some changes to its approved nursing diagnoses compared to the previous edition of NANDA nursing diagnoses 2015-2017 (10th edition). In this latest edition (11th edition), NANDA-I introduced seventeen new nursing diagnoses, and removed eight nursing diagnoses. Likewise, seventy-two nursing diagnoses have been revised.

Read Also: [NANDA nursing diagnoses 2015-2017](#)

Read Also: [Nursing diagnoses Accepted for used and research 2012-2014](#)

Please note that NANDA-I doesn't advise on using NANDA Nursing Diagnosis labels without taking the nursing diagnosis in holistic approach. NANDA-I explained this in their website as follows:

There is no real use for simply providing a list of terms – to do so defeats the purpose of a standardized language. Unless the definition, defining characteristics, related and / or risk factors are known, the label itself is meaningless. Therefore, we do not believe it is in the interest of patient safety to produce simple lists of terms that could be misunderstood or used inappropriately in a clinical context.

## Definition of a Nursing Diagnosis

A nursing diagnosis is defined by NANDA International (2013) as a clinical judgment concerning a human response to health conditions/life processes, or vulnerability for that response, by an individual, family, group, or community.

## New NANDA Nursing Diagnoses

In this edition of NANDA nursing diagnosis list (2018-2020), seventeen new nursing diagnoses were approved and introduced. These new approved nursing diagnoses are:

- Readiness for enhanced health literacy
- Ineffective adolescent eating dynamics
- Ineffective child eating dynamics
- Ineffective infant eating dynamics
- Risk for metabolic imbalance syndrome
- Imbalanced energy field
- Risk for unstable blood pressure
- Risk for complicated immigration transition
- Neonatal abstinence syndrome
- Acute substance withdrawal syndrome
- Risk for acute substance withdrawal syndrome
- Risk for surgical site infection
- Risk for dry mouth
- Risk for venous thromboembolism
- Risk for female genital mutilation
- Risk for occupational injury
- Risk for ineffective thermoregulation

## Retired NANDA Nursing Diagnoses

In this latest edition of NANDA nursing diagnosis list (2018-2020), eight nursing diagnoses were removed from compared to the old nursing diagnosis list (2015-2017). These nursing diagnoses are :

- Risk for disproportionate growth
- Noncompliance (Nursing Care Plan)
- Readiness for enhanced fluid balance
- Readiness for enhanced urinary elimination
- Risk for impaired cardiovascular function
- Risk for ineffective gastrointestinal perfusion
- Risk for ineffective renal perfusion
- Risk for imbalanced body temperature

## Approved NANDA Nursing Diagnosis List 2018-2020

## **NANDA Nursing Diagnosis Domain 1. Health promotion**

### **Class 1. Health awareness**

Decreased diversional activity engagement (Nursing Care Plan)  
Readiness for enhanced health literacy  
Sedentary lifestyle (Nursing care Plan)

### **Class 2. Health management**

Frail elderly syndrome (Nursing care Plan)  
Risk for frail elderly syndrome  
Deficient community health  
Risk-prone health behaviour  
Ineffective health maintenance (Nursing care Plan)  
Ineffective health management  
Readiness for enhanced health management  
Ineffective family health management  
Ineffective protection

## **NANDA Nursing Diagnosis Domain 2. Nutrition**

### **Class 1. Ingestion**

Imbalanced nutrition: less than body requirements (Nursing care Plan)  
Readiness for enhanced nutrition  
Insufficient breast milk production  
Ineffective breastfeeding (Nursing care Plan)  
Interrupted breastfeeding (Nursing care Plan)  
Readiness for enhanced breastfeeding  
Ineffective adolescent eating dynamics  
Ineffective child eating dynamics  
Ineffective infant feeding dynamics  
Ineffective infant feeding pattern (Nursing care Plan)  
Obesity  
Overweight  
Risk for overweight  
Impaired swallowing (Nursing care Plan)

### **Class 2. Digestion**

This class does not currently contain any diagnoses

### **Class 3. Absorption**

This class does not currently contain any diagnoses

### **Class 4. Metabolism**

Risk for unstable blood glucose level (Nursing care Plan)  
Neonatal hyperbilirubinemia  
Risk for neonatal hyperbilirubinemia  
Risk for impaired liver function  
Risk for metabolic imbalance syndrome

### **Class 5. Hydration**

Risk for electrolyte imbalance  
Risk for imbalanced fluid volume  
Deficient fluid volume (Nursing care Plan)  
Risk for deficient fluid volume  
Excess fluid volume (Nursing care Plan)

## **NANDA Nursing Diagnosis Domain 3. Elimination and exchange**

### **Class 1. Urinary function**

Impaired urinary elimination  
Functional urinary incontinence  
Overflow urinary incontinence  
Reflex urinary incontinence  
Stress urinary incontinence  
Urge urinary incontinence

Risk for urge urinary incontinence  
Urinary retention

## **Class 2. Gastrointestinal function**

Constipation (Nursing care Plan)  
Risk for constipation  
Perceived constipation  
Chronic functional constipation  
Risk for chronic functional constipation  
Diarrhoea  
Dysfunctional gastrointestinal motility  
Risk for dysfunctional gastrointestinal motility  
Bowel incontinence

## **Class 3. Integumentary function**

This class does not currently contain any diagnoses

## **Class 4. Respiratory function**

Impaired gas exchange

# **NANDA Nursing Diagnosis Domain 4. Activity/rest**

## **Class 1. Sleep/rest**

Insomnia  
Sleep deprivation  
Readiness for enhanced sleep  
Disturbed sleep pattern

## **Class 2. Activity/exercise**

Risk for disuse syndrome  
Impaired bed mobility  
Impaired physical mobility  
Impaired wheelchair mobility  
Impaired sitting  
Impaired standing  
Impaired transfer ability  
Impaired walking

## **Class 3. Energy balance**

Imbalanced energy field  
Fatigue  
Wandering

## **Class 4. Cardiovascular/pulmonary responses**

Activity intolerance  
Risk for activity intolerance  
Ineffective breathing pattern  
Decreased cardiac output  
Risk for decreased cardiac output  
Impaired spontaneous ventilation  
Risk for unstable blood pressure  
Risk for decreased cardiac tissue perfusion  
Risk for ineffective cerebral tissue perfusion  
Ineffective peripheral tissue perfusion  
Risk for ineffective peripheral tissue perfusion  
Dysfunctional ventilatory weaning response

## **Class 5. Self-care**

Impaired home maintenance  
Bathing self-care deficit  
Dressing self-care deficit  
Feeding self-care deficit  
Toileting self-care deficit  
Readiness for enhanced self-care  
Self-neglect

## **NANDA Nursing Diagnosis Domain 5. Perception/cognition**

### **Class 1. Attention**

Unilateral neglect

### **Class 2. Orientation**

This class does not currently contain any diagnoses

### **Class 3. Sensation/perception**

This class does not currently contain any diagnoses

### **Class 4. Cognition**

Acute confusion

Risk for acute confusion

Chronic confusion

Labile emotional control

Ineffective impulse control

Deficient knowledge

Readiness for enhanced knowledge

Impaired memory

### **Class 5. Communication**

Readiness for enhanced communication

Impaired verbal communication

## **NANDA Nursing Diagnosis Domain 6. Self-perception**

### **Class 1. Self-concept**

Hopelessness

Readiness for enhanced hope

Risk for compromised human dignity

Disturbed personal identity

Risk for disturbed personal identity

Readiness for enhanced self-concept

### **Class 2. Self-esteem**

Chronic low self-esteem

Risk for chronic low self-esteem

Situational low self-esteem

Risk for situational low self-esteem

### **Class 3. Body image**

Disturbed body image

## **NANDA Nursing Diagnosis Domain 7. Role relationship**

### **Class 1. Caregiving roles**

Caregiver role strain

Risk for caregiver role strain

Impaired parenting

Risk for impaired parenting

Readiness for enhanced parenting

### **Class 2. Family relationships**

Risk for impaired attachment

Dysfunctional family processes

Interrupted family processes

Readiness for enhanced family processes

### **Class 3. Role performance**

Ineffective relationship  
Risk for ineffective relationship  
Readiness for enhanced relationship  
Parental role conflict  
Ineffective role performance  
Impaired social interaction

## **NANDA Nursing Diagnosis Domain 8. Sexuality**

### **Class 1. Sexual identity**

This class does not currently contain any diagnoses

### **Class 2. Sexual function**

Sexual dysfunction  
Ineffective sexuality pattern

### **Class 3. Reproduction**

Ineffective childbearing process  
Risk for ineffective childbearing process  
Readiness for enhanced childbearing process  
Risk for disturbed maternal-fetal dyad

## **NANDA Nursing Diagnosis Domain 9. Coping/stress tolerance**

### **Class 1. Post-trauma responses**

Risk for complicated immigration transition  
Post-trauma syndrome  
Risk for post-trauma syndrome  
Rape-trauma syndrome  
Relocation stress syndrome  
Risk for relocation stress syndrome

### **Class 2. Coping responses**

Ineffective activity planning  
Risk for ineffective activity planning  
Anxiety (Nursing Care Plan)  
Defensive coping  
Ineffective coping  
Readiness for enhanced coping  
Ineffective community coping  
Readiness for enhanced community coping  
Compromised family coping  
Disabled family coping  
Readiness for enhanced family coping  
Death anxiety  
Ineffective denial  
Fear  
Grieving  
Complicated grieving  
Risk for complicated grieving  
Impaired mood regulation  
Powerlessness  
Risk for powerlessness  
Readiness for enhanced power  
Impaired resilience  
Risk for impaired resilience  
Readiness for enhanced resilience  
Chronic sorrow  
Stress overload

### **Class 3. Neurobehavioral stress**

Acute substance withdrawal syndrome  
Risk for acute substance withdrawal syndrome  
Autonomic dysreflexia  
Risk for autonomic dysreflexia  
Decreased intracranial adaptive capacity  
Neonatal abstinence syndrome

Disorganized infant behaviour  
Risk for disorganized infant behaviour  
Readiness for enhanced organized infant behavior

## **NANDA Nursing Diagnosis Domain 10. Life principles**

### **Class 1. Values**

This class does not currently contain any diagnoses

### **Class 2. Beliefs**

Readiness for enhanced spiritual well-being

### **Class 3. Value/belief/action congruence**

Readiness for enhanced decision-making  
Decisional conflict  
Impaired emancipated decision-making  
Risk for impaired emancipated decision-making  
Readiness for enhanced emancipated decision-making  
Moral distress  
Impaired religiosity  
Risk for impaired religiosity  
Readiness for enhanced religiosity  
Spiritual distress  
Risk for spiritual distress

## **NANDA Nursing Diagnosis Domain 11. Safety/protection**

### **Class 1. Infection**

Risk for infection  
Risk for surgical site infection

### **Class 2. Physical injury**

Ineffective airway clearance  
Risk for aspiration  
Risk for bleeding (Nursing Care plan)  
Impaired dentition  
Risk for dry eye  
Risk for dry mouth  
Risk for falls  
Risk for corneal injury  
Risk for injury  
Risk for urinary tract injury  
Risk for perioperative positioning injury  
Risk for thermal injury  
Impaired oral mucous membrane integrity  
Risk for impaired oral mucous membrane integrity  
Risk for peripheral neurovascular dysfunction  
Risk for physical trauma  
Risk for vascular trauma  
Risk for pressure ulcer  
Risk for shock  
Impaired skin integrity (Nursing Care Plan)  
Risk for impaired skin integrity  
Risk for sudden infant death  
Risk for suffocation  
Delayed surgical recovery  
Risk for delayed surgical recovery  
Impaired tissue integrity  
Risk for impaired tissue integrity  
Risk for venous thromboembolism

### **Class 3. Violence**

Risk for female genital mutilation  
Risk for other-directed violence  
Risk for self-directed violence  
Self-mutilation

Risk for self-mutilation  
Risk for suicide

#### **Class 4. Environmental hazards**

Contamination  
Risk for contamination  
Risk for occupational injury  
Risk for poisoning

#### **Class 5. Defensive processes**

Risk for adverse reaction to iodinated contrast media  
Risk for allergy reaction  
Latex allergy reaction  
Risk for latex allergy reaction

#### **Class 6. Thermoregulation**

Hyperthermia  
Hypothermia  
Risk for hypothermia  
Risk for perioperative hypothermia  
Ineffective thermoregulation  
Risk for ineffective thermoregulation

### **NANDA Nursing Diagnosis Domain 12. Comfort**

#### **Class 1. Physical comfort**

Impaired comfort  
Readiness for enhanced comfort  
Nausea  
Acute pain  
Chronic pain  
Chronic pain syndrome  
Labor pain

#### **Class 2. Environmental comfort**

Impaired comfort  
Readiness for enhanced comfort

#### **Class 3. Social comfort**

Impaired comfort  
Readiness for enhanced comfort  
Risk for loneliness  
Social isolation

### **NANDA Nursing Diagnosis Domain 13. Growth/development**

#### **Class 1. Growth**

This class does not currently contain any diagnoses

#### **Class 2. Development**

Risk for delayed development