**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR TWO SEMESTER ONE EXAMINATION**

**MARCH 2014 KRCHN CLASS (PRE-SERVICE)**

**PSYCHIATRY EXAMINATION**

DATE: 2 Dec. 2015 TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) PSYCHIATRY – 10 MRKS**

Q.1. Which one of the following personalities are associated with humanitarian period according to trends in the development of psychiatric nursing?

1. Dr Phillipe Pinel, Dorothea Lynda Dix, William Tuke.
2. King Edward the Second, William Tuke, King Nebuchadnezer.
3. Dr Browne, William Tuke, King Edward the Second.
4. Dorothea Lynda Dix, Dr Browne, King Edward the Second.

Q.2. Which one of the following represents the possible contributory factors of mental illness:

1. Genetic, biological, psychosocial, traditional beliefs.
2. Cross infection, black magic, inheritance, drugs.
3. Traditional beliefs, genetic, contamination, infections.
4. Drugs, socialization, genetic, biological.

Q.3. According to legal application, which of the following is not one of the admissions in legal aspects:

1. Voluntary admission.
2. Community admission.
3. Admission of members of the armed forces.
4. Involuntary admission.

Q.4. Which of the following is not an offence under mental health act?

1. Forgery of documents.
2. Assisting patients to escape.
3. Giving of false statements by medical practitioners.
4. Allocating patients to assist in manual work at the unit.

Q.5. Which of the following statements is not true on the roles of a KRCHN in promotion, prevention, rehabilitation and change of attitude towards the mentally ill in the community:

1. Follow up of the out patients.
2. Preparation of family members to receive back the patient on discharge.
3. Health education at community forums.
4. Waits to receive complaints from staff under him/her, patients and community members so as to take action as the officer in-charge.

Q.6. Which of the following represent one of the mental status assessment:

1. Concentration.
2. Personal history.
3. Premorbid history.
4. Social history.

Q.7. All of the following are antipsychotic drugs except which one:

1. Neuroleptics.
2. Antidepressants.
3. Anti-hypertensives.
4. Anxiolytics.

Q.8. Which of the following groups represent common side effects of antipsychotic drugs:

1. Oculogyric crisis, tremours, blurred vision, low libido.
2. Relaxed muscles, rigidity, high IQ, tremours.
3. Constipation, high libido, tremours, blurred vision.
4. Low IQ, oculogyric crisis, constipation, tremours.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) PSYCHIATRY – 10 MRKS**

Q.9. All of the following are forms of psychological treatments except which one?

1. Psychotherapy.
2. Chemotherapy.
3. Supportive and suggestive psychotherapy.
4. Recreational therapy.

Q.10. Which one of the following conditions represents psychosomatic disorders?

1. Asthmatic attacks, peptic ulcer. Ulcerative colitis, essential hypertension.
2. Peptic ulcer, pancreatitis, asthmatic attacks, obesity in stress.
3. Hypochondriasis, bronchitis, peptic ulcer, asthmatic attacks.
4. Peptic ulcer, liver cirrhosis, asthmatic attacks.

**PART TWO: SHORT ANSWER QUESTIONS – PSYCHIATRY – 20 MARKS**

Q.1. Briefly explain the meaning of the following terms which are commonly used in mental disorders:

1. Delusions.
2. Mannerisms.
3. Negativism.
4. Hallucinations.
5. Neologisms.
6. Waxy flexibility. 6 marks

Q.2. List six (6) steps in history taking when assessing patients suffering from common psychiatric disorders. 6 marks

Q.3. Name five (5) common disorders of childhood in child psychiatry. 5 marks

Q.4. List any three (3) psychiatric disorders associated with alcoholism. 3 marks

**PART THREE: LONG ANSWER QUESTIONS – PSYCHIATRY – 20 MARKS**

Q.1. Mrs Smith has brought to a psychiatric unit accompanied by his relatives suffering from minic disorder.

1. Name the type of admission which will be used to admit him according

to legal aspects. 2 marks

1. List any six (6) specific features of manic disorder that Mr Smith is likely

to present with. 6 marks

1. Describe the management of Mr Smith from admission till he is stable

for discharge. 12 marks