IMMUNOLOGICAL TOLERANCE

1

Definition

•Types of tolerance

Central Tolerance

Peripheral Tolerance

- •T cell tolerance
- •B cell tolerance
- Maintenance of tolerance





IMMUNOLOGICAL TOLERANCE

A state of specific immunological unresponsiveness to self Ag

Types of Tolerance

1. Central Tolerance carried out during fetal development in the PRIMARY LYMPHOID ORGANS

I. Thymus for T cells

ii. Bone marrow & fetal liver for B cells

2. Peripheral Tolerance,

operates in the SECONDARY LYMPHOID ORGNAS, in the periphery after birth



ROUTES TO TOLERANCE



ROUTES TO T CELL TOLERANCE

I. CENTRAL TOLERANCE

CLONAL DELETION

Takes place following LYMPHOPOIESIS in a specialized organ, the **thymus**.

- The thymus is composed of several lobes, each of which has cortical and medullary regions:
- The cortex contains immature thymocytes in close contact with thymic epithelial cells.
- Medullary areas contain more mature thymocytes, epithelial cells, and dendritic cells and macrophages



Arrival in the Thymus







- Thymic development of T cells results in:
 - Production of T cell receptors for antigen (TCR)
 - 2) Lymphocytes begin to express CD3, CD4, and CD8
 - 3) Selection of T cells that can interact effectively with self-MHC- Positive selection

4) Elimination of self-reactive cells that are stimulated by MHC + self Ag- Negative selection

5) Mature T cells ready to go to the periphery are TCR/CD3+, and either CD4 or CD8 positive

CLONAL DELETION

Physical deletion/elimination of T cells that have receptors specific for self antigens from the peripheral repertoire

17



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Self-reactive T cells

Escape to the periphery

Controlled by Anergy

II. PERIPHERAL TOLERANCE

•CLONAL ANERGY

Down regulation of the mechanism of response



•INHIBITION OF T CELLS

Continuous inhibition of cellular activity by suppressor cells, Ts (via IL-10, TGF- β)



Routes to B cell Tolerance

Central Tolerance

Clonal Deletion

Physical deletion/elimination of B cells from the peripheral repertoire



Peripheral Tolerance

1. Direct- Clonal Anergy

Down regulation of the mechanism of response



2. Indirect- No Help from Th



HOW IS SELF-TOLERANCE MAINTAINED?

- Clonal Deletion or Anergy Autoreactive lymphocytes are deleted or are non-functional
- Sequestration of Autoantigens Self-Ag are isolated/hidden from immune system
- Lack of Processing or Presentation Self-Ag are not processed or presented
- Suppression Ts cells suppress autoimmune responses.