

# Biotransformation

EO

# Lecture objectives

- Understand human disposition of xenobiotics
- Biological processes that convert xenobiotics to disposable metabolites

# Drug Pharmacokinetics

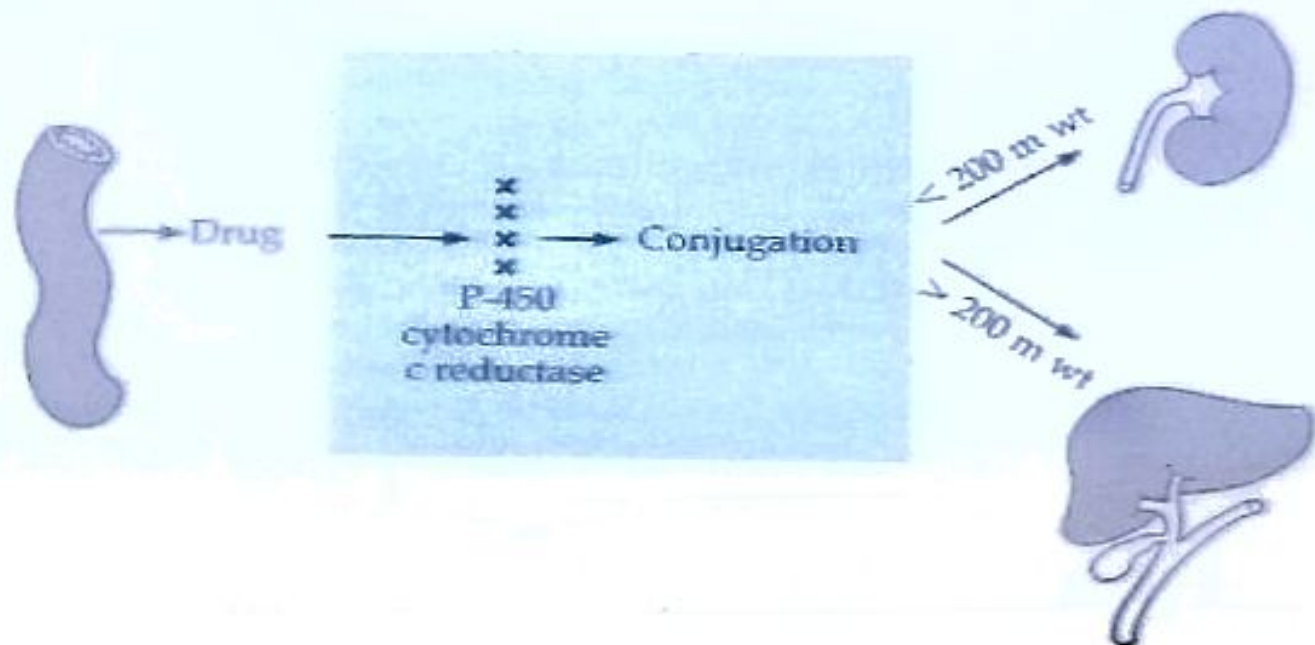


Fig. 18.1. Hepatic drug metabolism (Sherlock, 1979).

- Renal route - excretion to terminate drug activity
- Must be :
  - small molecules
  - polar compounds
  - fully ionised at physiological PH

## Why biotransformation ?

- Pharmacologically active organic molecules tend to be
  - lipophilic
  - unionised or partially ionised at physiologic PH .
  - PPB strongly ( not readily filtered)
  - reabsorbed by the lipophilic renal tubule (hydrophobic drugs)
- Prolonged duration of action -consequence

# Metabolism

- Lipophilic compounds transformed to more polar to enhance disposition of drugs
- Inactivates lipid soluble drugs to more water soluble compounds
  - e.g. Phenobarbitone and thiopental
- Lipophilic - reservoir or repository
- Metabolites less active or inactive
- Some may ↑ activity or toxicity

# Site of biotransformation

- Between absorption and renal elimination
- Intestinal lumen and wall
- Liver is the principle organ of metabolism
- GIT, lung, skin, and kidney

# Biotransformation processes

- PO → Portal system → liver (first pass effect)
- First pass
  - Hepatic
    - GIT (intestinal metabolism)
      - e.g. Clonazepam
      - Chlorpromazine
    - lower GIT intestinal microbes
    - Upper GIT-gastric acid
    - Enzymes in the intestinal wall



# Mechanisms of biotransformation

- Spontaneous non-catalysed chemical reactions
- Enzyme processes- cellular enzymes in the ER, mitochondria, cytosol, lysosomes ,nuclear envelope and plasma membrane

# Types of metabolic processes

- Phase 1 - parent made more polar
  - introduce or unmasking -OH , -NH<sub>2</sub>, -SH
- Metabolites inactive or modified activity
- Excretion of polar compound expedited
- Phase 11 - conjugation to make compound more polar
  - glucuronidation, sulfation , acetylation , addition of amino acid group

# Phase 1 Metabolism

- Involve enzymes in the lipophilic membranes of the ER of the liver and other tissue
- Found in vesicles- microsomes
- Smooth microsomes contain enzymes involved in oxidative drug metabolism i.e. Mixed Functional Oxidase or Monooxygenases- use NADPH and Oxygen
- Oxidation - reduction reaction use :-
  - flavoprotein - NADPH- Cytochrome c reductase (electron acceptor NADP<sup>+</sup>)
  - haemoprotein- NADPH -Cytochrome P<sub>450</sub> reductase (terminal oxidase)

# Enzyme induction

- CYP enzyme induction occurs on repeated administration of some substrates
- i.e. by enhancing the rate of enzyme synthesis or reducing the rate of enzyme degradation
- Result in the increased metabolism of inducer and co-administered drugs and reduction in their pharmacologic effect
- Reactive metabolites from increased metabolism can increase toxicity

# Q1

1. List some of the drugs that induce the cytochrome p450 microsomal enzymes
2. Which are some of the phase 1 reaction classes ?

# Enzyme inhibition

- Inhibition of CYP activity
- May act by binding on the heme iron of CYP450 and reduce substrate metabolism

**Q2**

- **List some of the CYP450 enzyme inhibitors**

# Phase 11 reactions

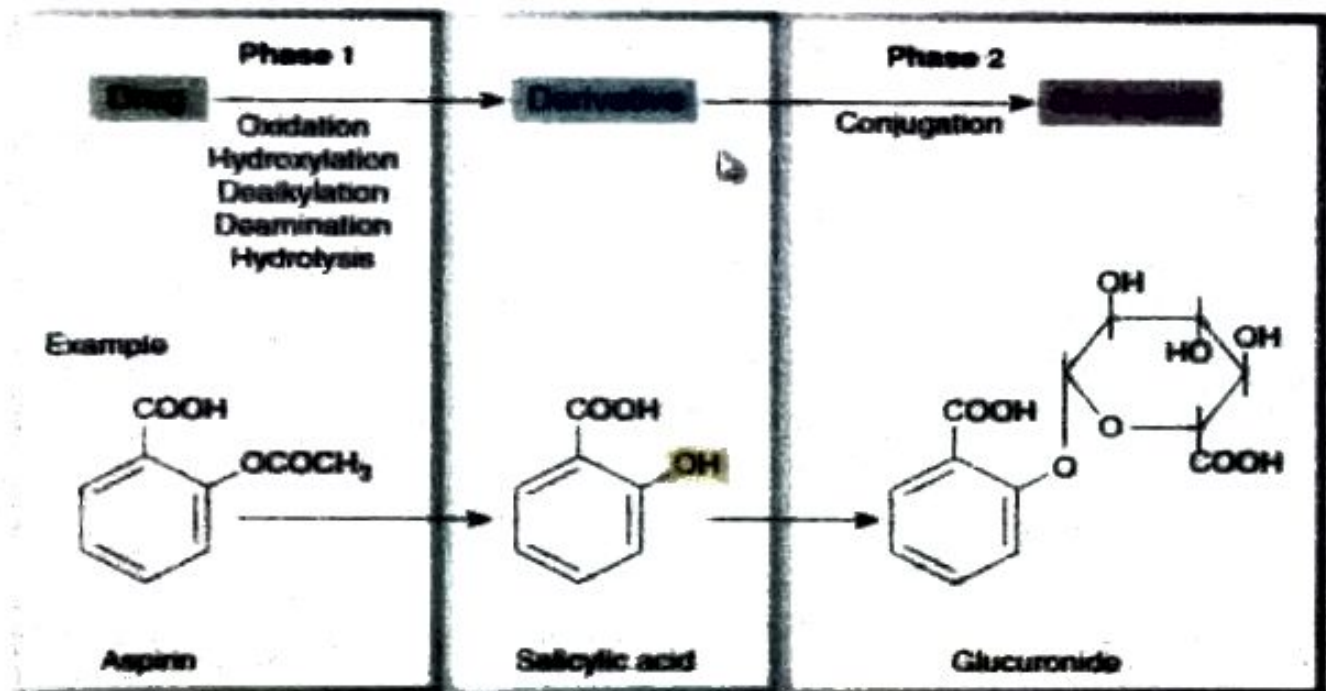
- Parent drug or their phase 1 metabolite conjugates with endogenous substance to yield a conjugate that are polar
- Phase 11 metabolites are inactive and readily excreted



**Q3**

**Which are the phase 11 metabolic processes?**

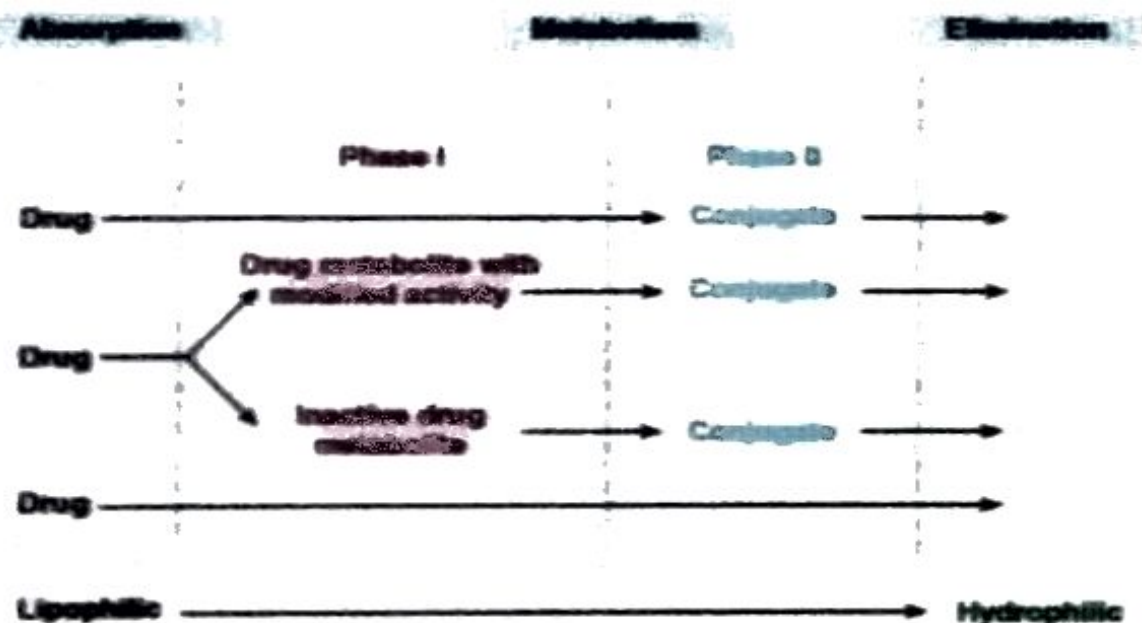
## DRUG METABOLISM AND ELIMINATION



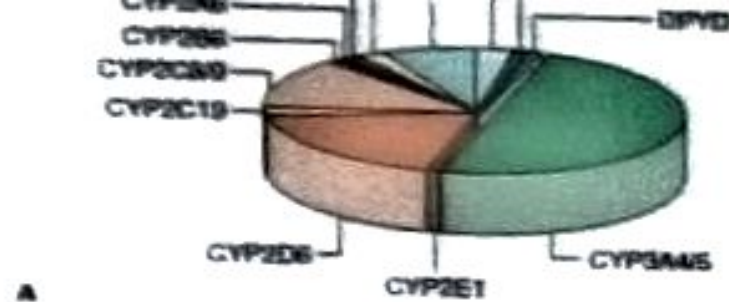
**Fig. 9.1** The two phases of drug metabolism.

- **Read**
  - **Rang and Dale**
  - **Katzung**
  - **Lippincort**

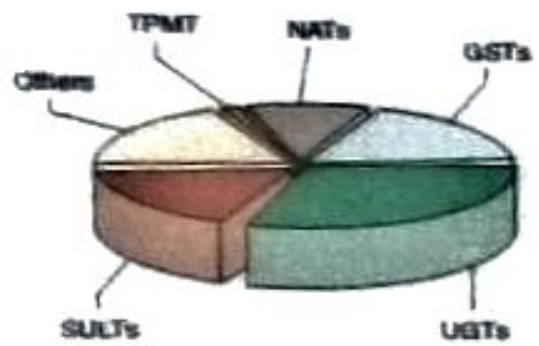
# Phase 1 reactions



**FIGURE 4-1** Phase I and phase II reactions, and direct elimination, in drug biotransformation. Phase II reactions may also precede phase I reactions.



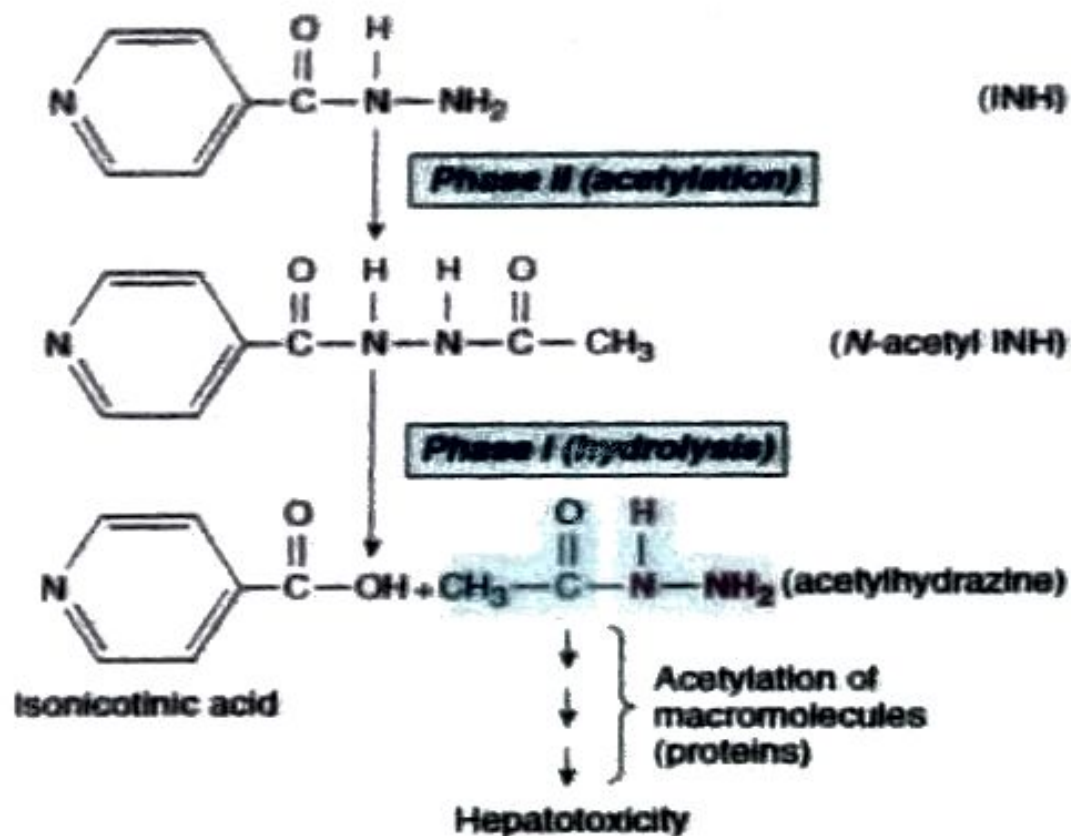
A



B

**FIGURE 4-4** Relative contributions of various cytochrome P450 isoforms (A) and different phase II pathways (B) to metabolism of drugs in clinical use. Many drugs are metabolized by two or more of these pathways. Note that two pathways, CYP3A4/5 and UGT, are involved in the metabolism of more than 75% of drugs in use. DPYD, dihydropyrimidine dehydrogenase; GST, glutathione-S-transferase; NAT, N-acetyltransferase; SULT, sulfotransferase; TPMT, thiopurine methyltransferase; UGT, UDP-glucuronosyltransferase. Reproduced with permission from Brunton LL, Lazo JS, Parker KL: Goodman & Gilman's The

# Example of drug biotransformation



**FIGURE 4-2** Phase II activation of isoniazid (INH) to a hepatotoxic metabolite.

Phase II metabolism may precede phase I

# Clinical relevance of drug metabolism

- Determines dose and dosing frequency
- Influenced by genetic and non-genetic factors

# Genetic variation

- Enzyme polymorphisms
- Review the variation in metabolism of the following :-
  - succinylcholine
  - isoniazid
  - warfarin



# Non-genetic variables

- Age
- Sex
- Liver size and function
- Circadian rhythm
- Body temperature
- Nutritional and environmental factors
- Concomitant drug interaction