

## Clinical features

- Exertional dyspnoea
- Chronic cough with regular sputum production
- Wheeze

## Investigations

- Spirometry
  - Obstructive pattern:  $\downarrow$ FEV<sub>1</sub> (<80%), normal FVC (>80%),  $\downarrow$ FEV<sub>1</sub>/FVC ratio (<0.7)
  - FEV<sub>1</sub> grades severity
- Chest X-ray
  - Hyperinflation (>8 anterior ribs visible)
  - Flat hemi-diaphragms
  - Decreased lung markings
  - Black lesions (bullae)
  - Prominent hila

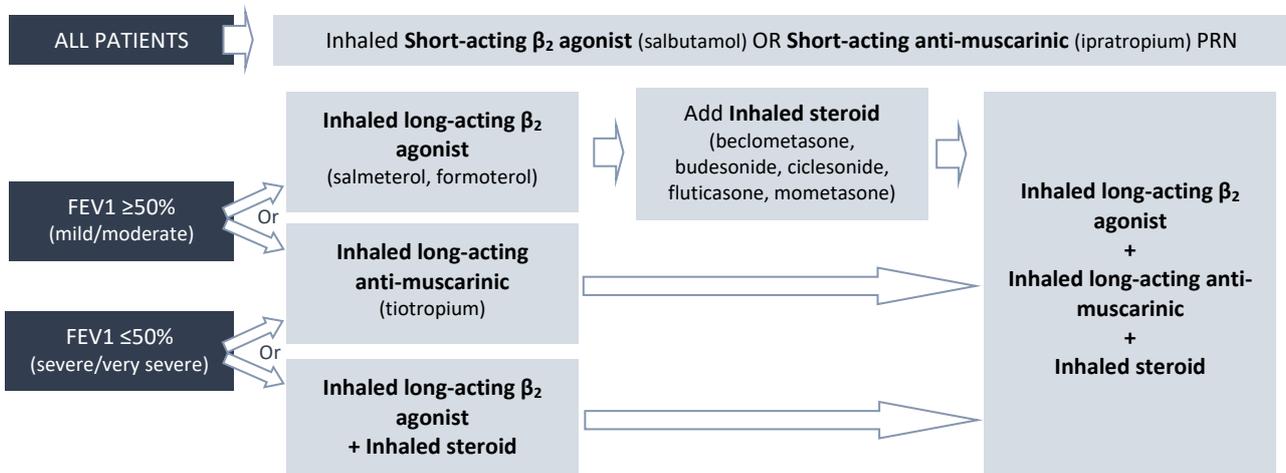
## Severity

- Mild FEV<sub>1</sub> >80%
- Moderate FEV<sub>1</sub> 50-80%
- Severe FEV<sub>1</sub> 30-50%
- Very severe FEV<sub>1</sub> <30%

## Management

### Pharmacological

- Inhalers



- Combination inhalers
  - **Seretide** = salmeterol + fluticasone
  - **Symbicort** = formoterol + budesonide
  - **Fostair** = formoterol + beclomethasone
- Tablets
  - Mucolytics
  - Theophylline

### Non-pharmacological

- Smoking cessation
- Pulmonary rehabilitation
- Oxygen therapy
- Lung transplant