

Attempted Suicide History

The Event

- **Before**
 - Events leading up to suicide attempt
 - Life events
 - Depression
 - Planning
 - e.g. how long was there between you thinking of overdosing and doing it?"
 - Suicide note / tell anybody
 - Precautions
- **During**
 - Exactly how did it
 - e.g. tablets: what, how many, where got, what they thought would happen
 - When and where
 - How discovered
 - Alcohol/drug intoxication
- **After**
 - Feelings now
 - Angry/ regretful
 - Future feelings
 - e.g. "if you were to go home now , what would happen?"
 - If they've changed their mind: "what changed?"

Assessing Future Risk

- **Depression symptoms screen**
- **Past**
 - Past medical history
 - Past suicide attempts / self harm
- **Social history**
 - Drug/alcohol use
 - Social stresses
 - Relationships
 - Jobs
- **Rest of psychiatric history** (see OSCEstop notes on [psychiatric history](#))

Suicide Risk Factors

- **Demographics**
 - Male
 - Old or young
- **Current situation**
 - Unemployed
 - Depressed
 - Lack of social support
- **History**
 - Chronic illness
 - Previous attempts
 - Alcohol/drug abuse