

Systems Review

A full systems review should not be asked of every patient. You should ask the systems reviews relevant to the presenting complaint to determine the presence/absence of any possible associated symptoms. e.g. for LIF pain ask gastrointestinal, urological and (if female) O&G systems questions. You must also ask a series of symptom-specific questions for each positive symptom (see OSCEstop notes on [exploding symptoms](#)).

General

- Fever/rigors/night sweats, weight loss, fatigue, skin rashes/bruising

Neurological

- **General:** fits/falls/LOC, headache, dizziness, vision/hearing, memory loss, neck stiffness/photophobia
- **Motor:** weakness/wasting, incontinence
- **Sensory:** pain, numbness, tingling

ENT

- **Ear:** hearing loss, tinnitus, otalgia
- **Nose:** rhinorrhoea, epistaxis
- **Throat:** saw throat, odynophagia

Cardiorespiratory

- Chest pain, palpitations, SOB/wheeze, cough, sputum, leg swelling

Gastrointestinal

- **Weight:** weight loss, appetite change
- **Work down body:** dysphagia, nausea/vomiting, indigestion/heartburn, abdominal pain, bowel habit change, blood/mucus in stool

Urological

- **Storage:** frequency, volume, urgency/nocturia
- **Infection:** dysuria, haematuria
- **Prostatic/voiding (if male):** hesitancy, poor flow/dribbling, feeling of incomplete emptying

Obstetric and Gynaecological

- **PV Bleeding:** menorrhagia, inter-menstrual bleeding, post-coital, post-menopausal bleeding
- **PV Discharge**
- **Pain:** pelvic/dysmenorrhoea/dyspareunia
- **Pregnancy:**
 - Chance could be pregnant
 - If pregnant: fetal movements, contractions/tightening, PV loss, pre-eclampsia symptoms (headache, visual disturbance, epigastric pain, oedema)
- + Rest of O&G specialty-specific history if relevant

Rheumatological

- **Joints:** pain, stiffness, swelling
- **Work down body:** skin (rashes, ulcers, raynauds), hair loss, eyes (redness, dryness), mouth (dryness), chest (breathlessness, SOB), GI (IBD symptoms), GU (discharge)

Orthopaedic

- **Joints/bone/soft tissue:** pain, stiffness, swelling, movement restriction/ability to weight bear
- **Mechanical symptoms:** locking, giving way

- **Neurological symptoms:** weakness, numbness, paresthesia

Psychiatric

- **Schizophrenia 1st rank symptoms:**
 1. 3rd person auditory
 2. Running commentary
 3. Delusions of thought
 4. Delusions of control
 5. 5. Delusional perception
- **Depression screen:** core (mood, anhedonia), biological (sleep, energy), future (hopelessness, suicidal thoughts)
- **Other:** memory loss, anxiety, insight
- **RISK!!!:** to self, to others