

Alvarado scoring system

Migratory RIF pain → 1

Anorexia → 1

Nausea & V → 1

Tenderness → 2

Rebound T → 1

Elevated Temp → 1

Leucocytosis → 2

Shift to left → 1

Score of 7-10 highly indicative of Acute Appendicitis

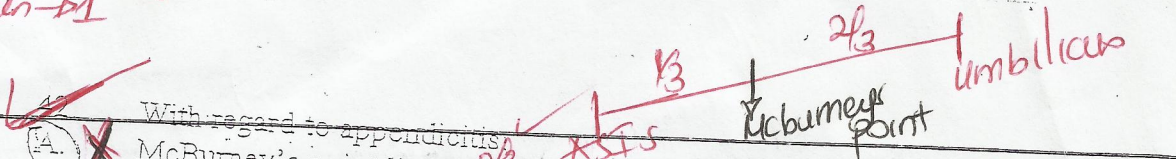
Inguinal Hernia

Medial & above Pubic tubercle

Femoral Hernia

Lateral & Below

Pubic tubercle



- A.  With regard to appendicitis, McBurney's point lies one third of the way along a line drawn from the umbilicus to the right anterior superior iliac spine.
- B.  The presence of an appendix mass necessitates immediate surgical intervention.
- C.  A normal white cell count excludes appendicitis.
- D.  Loss of appetite is a common feature of acute appendicitis.
- E.  Rovsing's sign is an increase in pain in the left iliac fossa when the right iliac fossa is palpated.

- A.  Inguinal hernia: A direct hernia passes through the deep inguinal ring into the inguinal canal.
- B.  A femoral hernia is more common in females.
- C.  An inguinal hernia can be distinguished from a femoral hernia by its relationship to the inguinal ligament.
- D.  The inferior epigastric vessels lie lateral to the deep inguinal ring.
- E.  The floor of the inguinal canal is formed by the conjoint tendon.

- 44. In a patient with an abdominal mass:
  - A.  A mass in the right hypochondrium could be a colonic mass.
  - B.  A mass is from the liver if it moves with respiration.
  - C.  If it becomes more prominent on tensing abdominal wall muscles is intraperitoneal.
  - D.  If not pulsatile it is not vascular.
  - E.  Listening with a stethoscope is not necessary.

- 45. In an ulcer:
  - A.  Can be infective in origin.
  - B.  Its healing is promoted by growth factors.
  - C.  Healing can be by 1<sup>st</sup> intention.
  - D.  Must be treated by antibiotics.
  - E.  Buruli ulcer is parasitic in origin.

- 46. In a patient with benign prostate enlargement (BPE):
  - A.  The size of the prostate and the degree of symptoms do not have a linear relationship.
  - B.  Acute retention of urine occurs in the majority of sufferers.
  - C.  Hematuria indicates prostate malignancy.
  - D.  Treatment of diverticulum must be preceded by prostatectomy.
  - E.  IPSS is a measure of symptom severity.

International Prostate Symptom Score

One third  
A third

DRE & Serum PSA assess & features of Malignancy