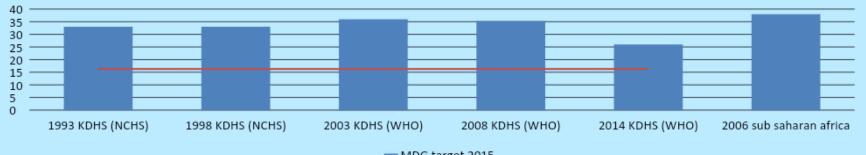
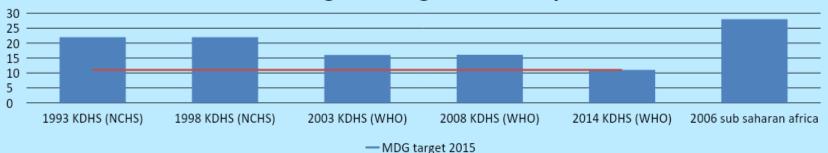
# Nutrition Situation in Kenya

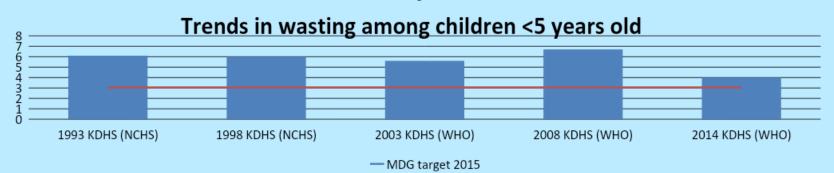
#### Trends in stunting among children < 5 years old



— MDG target 2015

#### Trends in underweight among children <5 years old



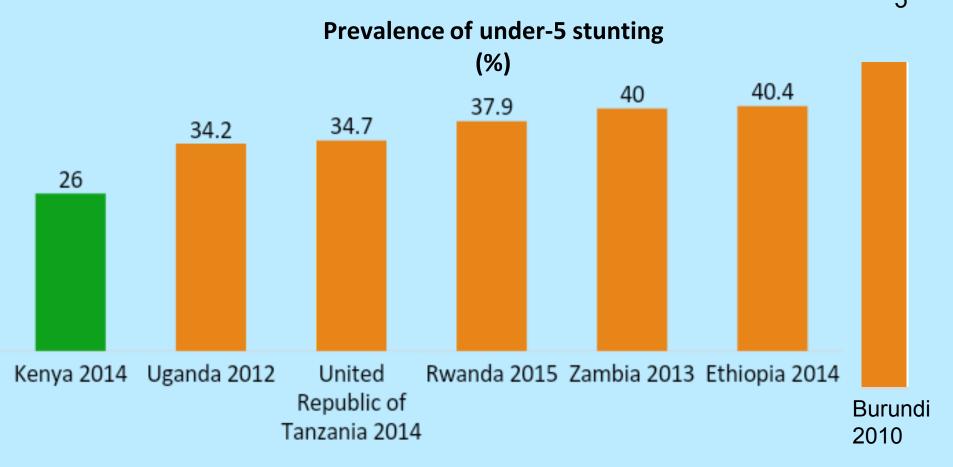


Progress on reducing Stunting, but only one country on course to meet WHA Targets for 2025 (~15%)

57. 5

Not enough data to make

assessment



Off course, no

progress

On

course

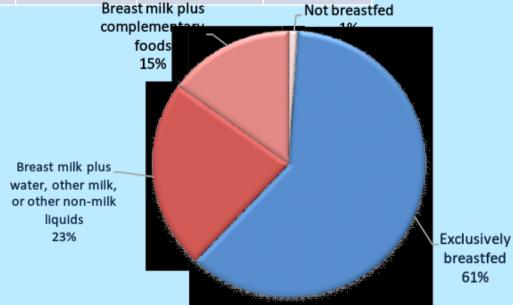
Off course, some

progress

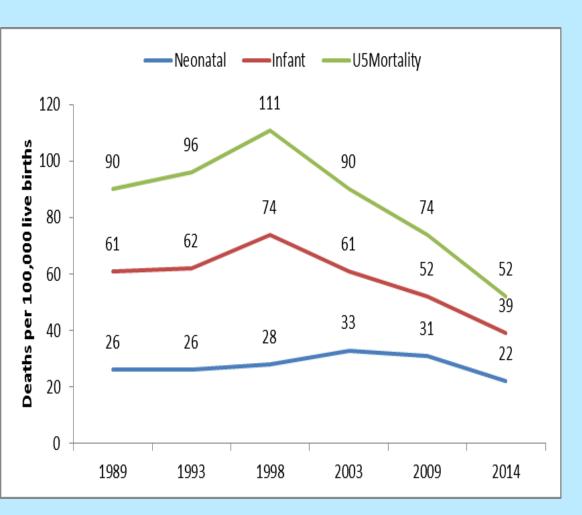
#### **Exclusive Breastfeeding and bottle feeding trends**

	2003	2008-0 9	2014
Exclusive breastfeeding	13%	32%	61%
Use of bottle with a nipple	27%	25%	11%

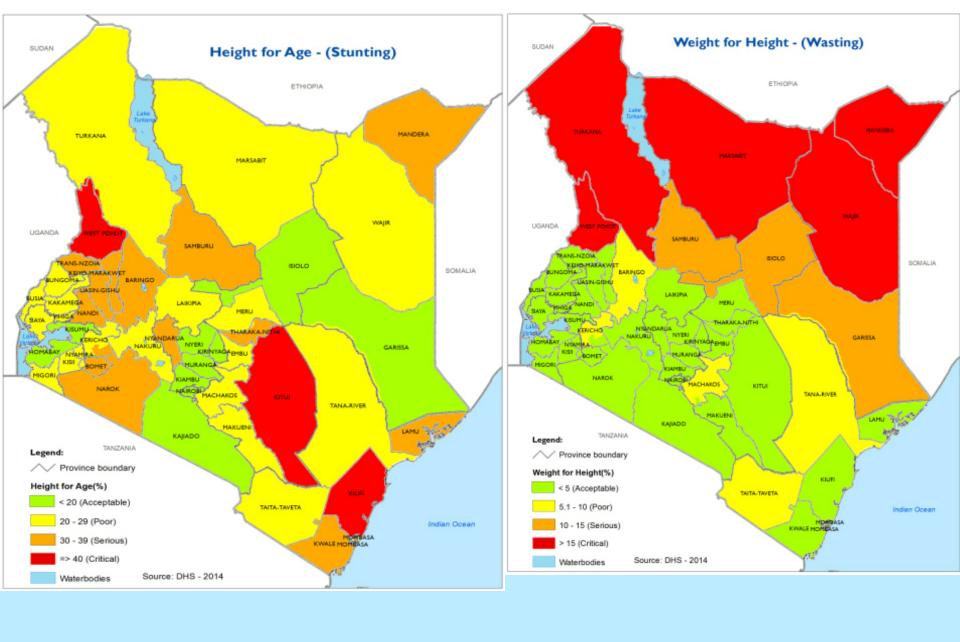
Breastfee ding
 Status for
 Children
 Under 6
 Months



### **Child Mortality Trends KDHS**



- Child mortality
  is on the decline
- 1 in every 20 children dies before their 5th birthday



# World Health Assembly Targets 2025

WHA indicator and target	Baseline years	Baseline status	Target for 2025
Stunting	2012	164 million	~100
40% reduction in the number of children under age 5 who are stunted*			million (~15%)
Anemia	2011	29%	15%
50% reduction of anemia in women of reproductive age (WRA)			
Low birth weight	2008-2012	15%	10%
30% reduction in low birth weight			
Under-5 overweight	2012	7%	No increase
No increase in childhood overweight		[	
Exclusive breastfeeding	2008-2012	38%	50%
Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%			
Wasting	2012	8%	<5%
Reduce and maintain childhood wasting to less than 5%			

Source: WHO (2014c).

Progress against WHA Nutrition Indicators	Year of reference	Prevale nce
Stunting of children under-five years of age	2014	26.0%
Wasting of children under-five years of age	2014	4.0%
Overweight of children under-five years of age	2014	4.1%
Anaemia of women of reproductive age	2011	25%
Low birth weight	2009	5.6%
Exclusive breastfeeding of infants under six months	2014	61.4%

#### **Achievements Vs The targets in NNAP**

Progress against WHA Nutrition Indicators	Baseline (%)	% Target (2016/2017)	current Prevalence	status	source
Stunting of children under-five years of age	35%	14%	26.00%	on course	2014 KDHS
Wasting of children under-five years of age	6%	2%	4.00%	on course	2014 KDHS
Underweight of children under-five years of age	16%	10%	11%	on course	2014 KDHS
IFA coverage (proportion of women with live birth in the last 5 years who took IFAS)	3%	80%	69.40%	on course	2014 KDHS
Anaemia of women of reproductive age	55%	25%	25%	on course	2011
Exclusive breastfeeding of infants under six months	32%	56%	61.40%	achieved	2014 KDHS
Obesity in Women of reproductive age					
Vitamin A coverage	62%	86%	71.70%	on course	2014 KDHS

- The country has made progress towards reduction of malnutrition among children under five years
- Millennium Development Goal (MDG) target of 11 percent for underweight has been achieved

#### **Key Guiding documents for Nutrition**

#### National level

- Kenya national nutrition action plan-aligned to vision 2030, MTPII and KHSSP III
- Annual working plan
- National M&F framework
- Food and nutrition security Policy
- MOH guidelines on various thematic programs

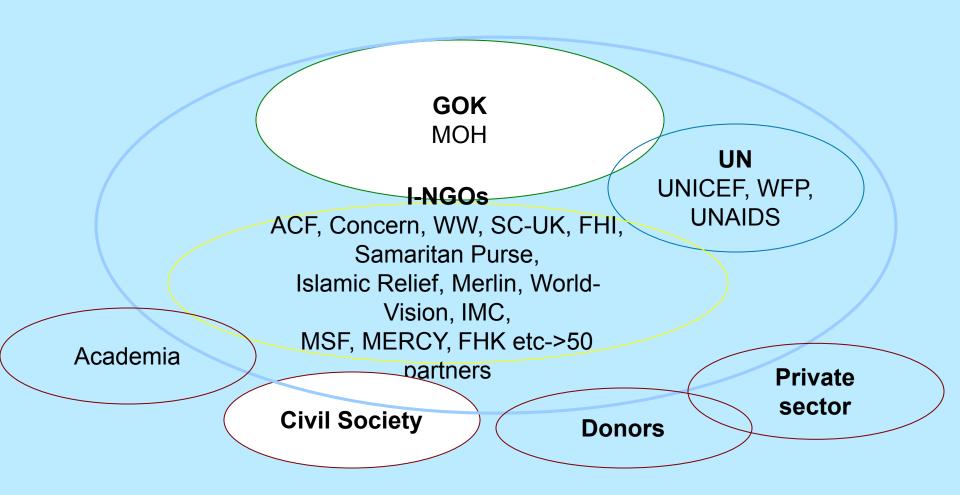
#### County

- Kenya national nutrition action Plan
- County nutrition action plan
- County Integrated Development Plans
- County health investment plans
- Annual work plan

#### Global

- MDG/SDG guided targets for underweight and stunting
- Global commitments-ICN, SUN, Agenda 2063

## **Nutrition Partnership**



#### **Lessons learnt**

- Kenya is on course to meet targets, there are pocket of deprivation across the country that needs to be addressed
- Need for enhanced capacities at the national and county level to enhance achievement of the results.
- Need for enhanced engagement in the MTEF process (national and county)



# End