# DENTAL EMERGENCIES IN PAEDIATRIC DENTISTRY

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## Introduction

- Most oral emergencies relate to pain, bleeding, or orofacial trauma and should be attended to by a dental practitioner.
- However, in the absence of access to dental care, a medical practitioner may be called upon to help.
- Jaw fractures require the attention of maxillofacial surgeons.

#### **Dental Pain**

- Pulpal pain is spontaneous strong, throbbing, exacerbated by temperature and outlasts the evoking stimulus.
- Localization of pain is poor and it radiates to the ipsilateral ear and temporal region.
- Mx; Anaelgesics, Refer to a dental practitioner for either RCT or XLA

## Odontogenic Infections

- Periapical Periodontitis
- ➤ Pain is spontaneous, severe and persists for hours. It is well localized and exacerbated by biting.
- Adjacent gum is tender.
- Abscess (gum boil) and sometimes with facial swelling and fever.

- Fascial space infections
- These are fortunately rare.
- They threaten the airway.
- > Refer patient to specialist.
- In the absence of a specialist perform IND and give appropriate antibiotic and anaelgesic.
- Advise the patient to seek dental advice for treatment of the causative tooth.

- Chronic abscesses, however, may be asymptomatic apart from a discharging sinus.
- Rarely this may open on the skin.

## Bleeding

- Most oral bleeding results from gingivitis or trauma or tooth extraction but if prolonged the patient should be evaluated for bleeding tendency.
- Tooth extraction (XLA):
- After XLA the socket normally bleeds for a few minutes then clots.

- If the socket continues to bleed, the patient should be asked to bite on a gauze pad for 15 to 30 minutes.
- ➤ If it continues a haemostatic agent eg. surgicel should be placed in the socket.
- ➤ If bleeding continues then the socket should be sutured and consideration given to bleeding tendency.

## **Surgical Complications**

#### Post extraction pain:

- Pain &swelling is common after XLA but eases off after a few hours.
- ➤ Pain from complex procedures could last longer and controlled by anaelgesics.
- If pain persist then refer to dentist to exclude a pathologic disorder (eg. Dry socket or iatrogenic jaw fracture).

#### Infection

- Localized osteitis (dry socket) occasionally follows tooth extraction especially lower molar.
- After 2 or 4 days there is increasing pain, halitosis, an empty socket and tenderness.
- Clinician should rule out RR, jaw fractures, osteomyelitis especially if there is high fever.

- Infection is treated by irrigation with warm saline or aqueous chlorhexidine.
- Prescribe anaelgesics and antibiotics (metronidazole).

- Antral complications:
- ➤ Tooth/root in antrum; Give the patient antimicrobial agent and nasal decongestant. Localize the tooth by radiography. Refer to Maxillofacial surgeon.

Oroantral fistula: Patient advised not to blow their nose. Antimicrobial agent and nasal decongestant prescribed. Refer for primary repair.

#### Fractured Teeth

- Injuries to primary teeth may be of little consequence with regards to emergency care, but even seemingly mild injuries can damage successor teeth.
- Enamel # of permanent teeth requires no emergency care, but dental care should be sought later.

- Injuries affecting dentine should be treated as urgent. A suitable dentine lining agent can be placed onto the #ed dentine before referral to a dentist preferably on the same day.
- Fractured roots require dental advice.

#### **Avulsed Teeth**

- Avulsed permanent anterior teeth can be replanted successfully in a child, particularly if the root formation is not complete.
- Hold the tooth with the crown, rinse with normal saline and insert it into the socket.
- Splint the tooth with foil or tissue adhesive.
- Dentist should be seen within 72 hours.

- If immediate replantation is not possible then the tooth should be placed in:
- ➤ Isotonic fluid.
- Cool fresh pasteurized fresh milk.
- ➤ Saline solution.
- Contact lens fluid.
- If the child is cooperative the it can be carried in the buccal sulcus.

#### Maxillofacial Trauma

- Dislocation or Subluxaxion of the mandible:
- Commonly caused by a blow to the chin when the jaw is open.
- >#s must be excluded.
- ➤ Reduction is done by facing the patient, placing thumbs over the molars and applying pressure with the fingers under the chin backward and upward.

- Incase of muscle spasms the give midazolam HCL iv to facilitate muscle relaxation.
- Advice patient not to open the mouth wide.
- Recurrent dislocation is a feature of Ehlers-Danlos and Marfan's syndrome.

#### Jaw fractures:

- A priority in patients with maxillofacial injury is the airway.
- For middle third facial #s a maxillofacial team should be involved at an early stage because of the associated cerebrospinal rhinorrhea and ocular damage.

# Dental Indications for urgent admission to hospital

#### Trauma:

- ➤ Middle third #s
- ➤ Mandibular #s unless simple or undisplaced'
- Zygomatic #s where there is danger of ocular damage.

- Inflammatory lesions and infections:
- Cervical or facial fascial space infections.
- Oral infections in which the patients condition is toxic or severely compromised.
- >TB
- ➤ Severe viral infections.
- Vesiculobullous conditions eg pemphigus and Stevens-Johnson syndrome.

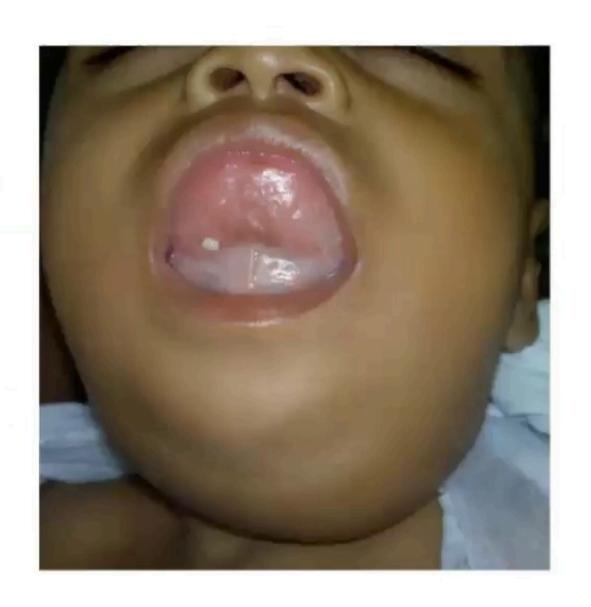
#### Blood loss:

Severe or persistent haemorrhage especially in patients with bleeding disorders.

#### Others:

D. Mellitus under poor control.

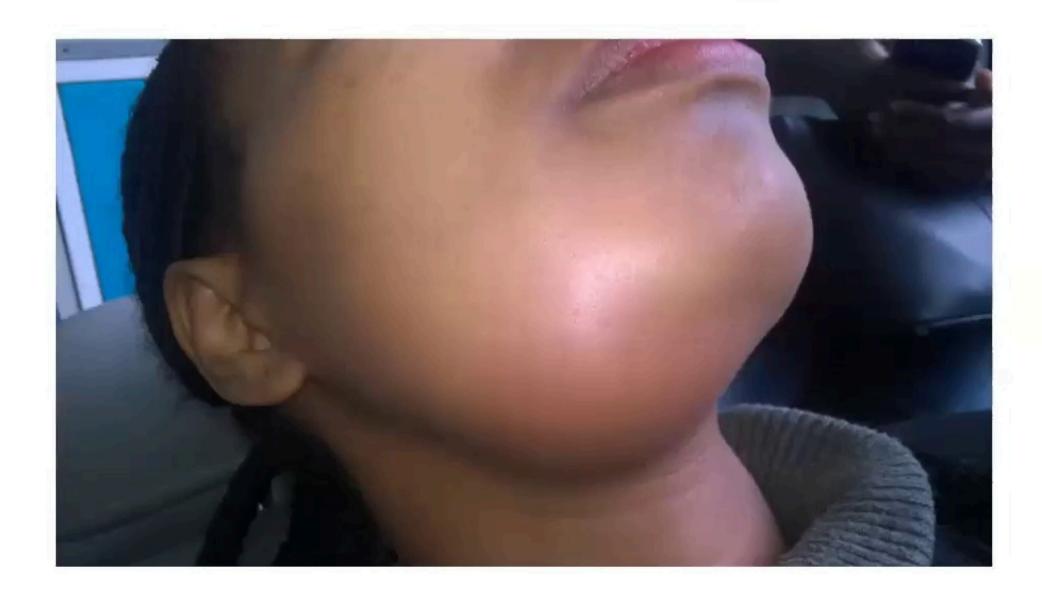
# Ludwig's Angina



## Periorbital cellulitis



## Unilateral submandibular cellulitis



# Cervicofacial necrotising fascitis



## Facial fascitis



# Gangrenous stomatitis



# **END**