

Prionoses (Transmissible Spongiform Encephalopathies)

Human Prionoses

- Creutzfeldt-Jacob Disease (CJD)
- Fatal Familial Insomnia (FFI)
- Gerstmann-Straussler-Scheinker Syndrome (GSS)
- Kuru
- Variant CJD (vCD)

Animal Prionoses

- Bovine Spongiform Encephalopathy (BSE) - cows
- Scrapie - Sheep
- Chronic Wasting Disease (CWD) - Mules, deers

Classification of Prionoses

- **Familial/Hereditary**
- **Sporadic**
- **Infectious**

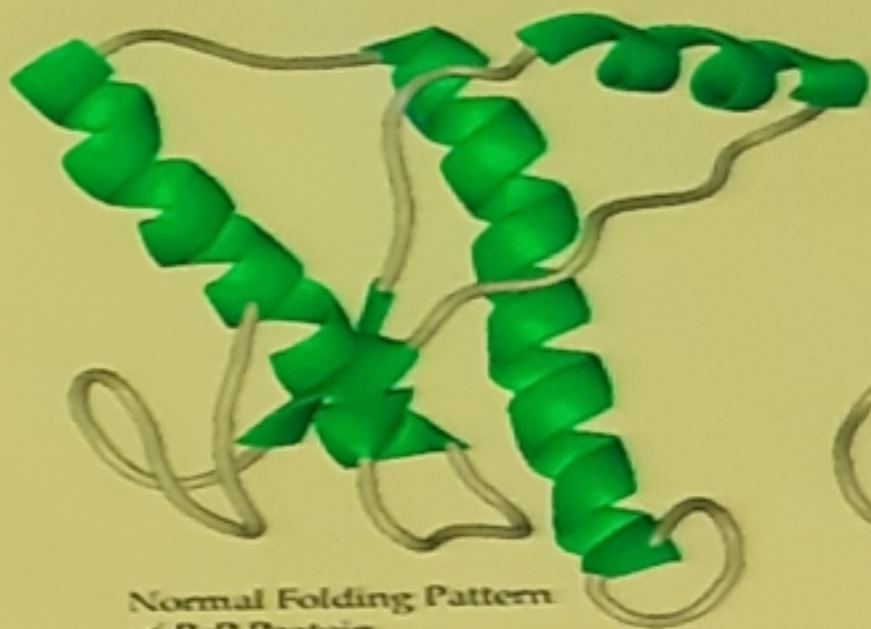
Prions: Definition

Small **PRO**teinaceous **IN**fectious particles that are *resistant to inactivation* by procedures that usually modify/denature proteins

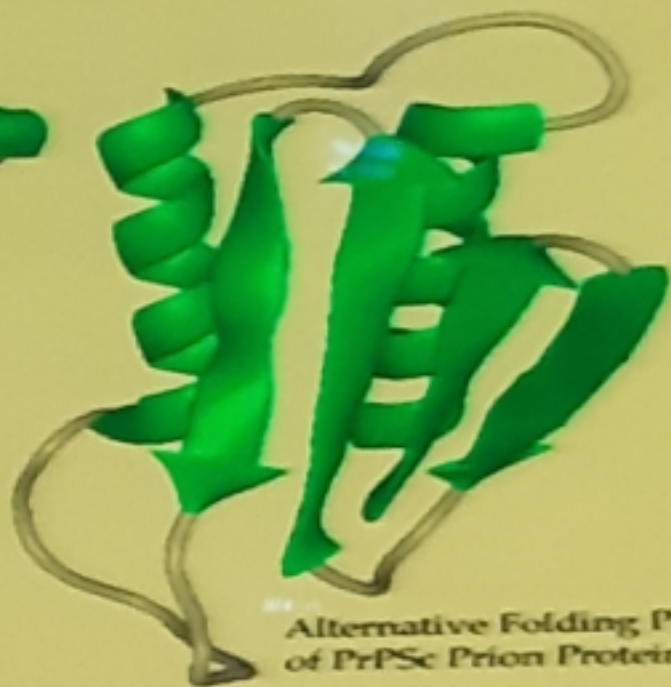
Prions: Characteristics

- Made of protein
- Resistant to inactivation
- Reproduce by converting normal protein to abnormal protein
- Do not induce the immune system
- Cause vacuolation of neurons >> spongiform appearance

Normal & Abnormal Prion protein

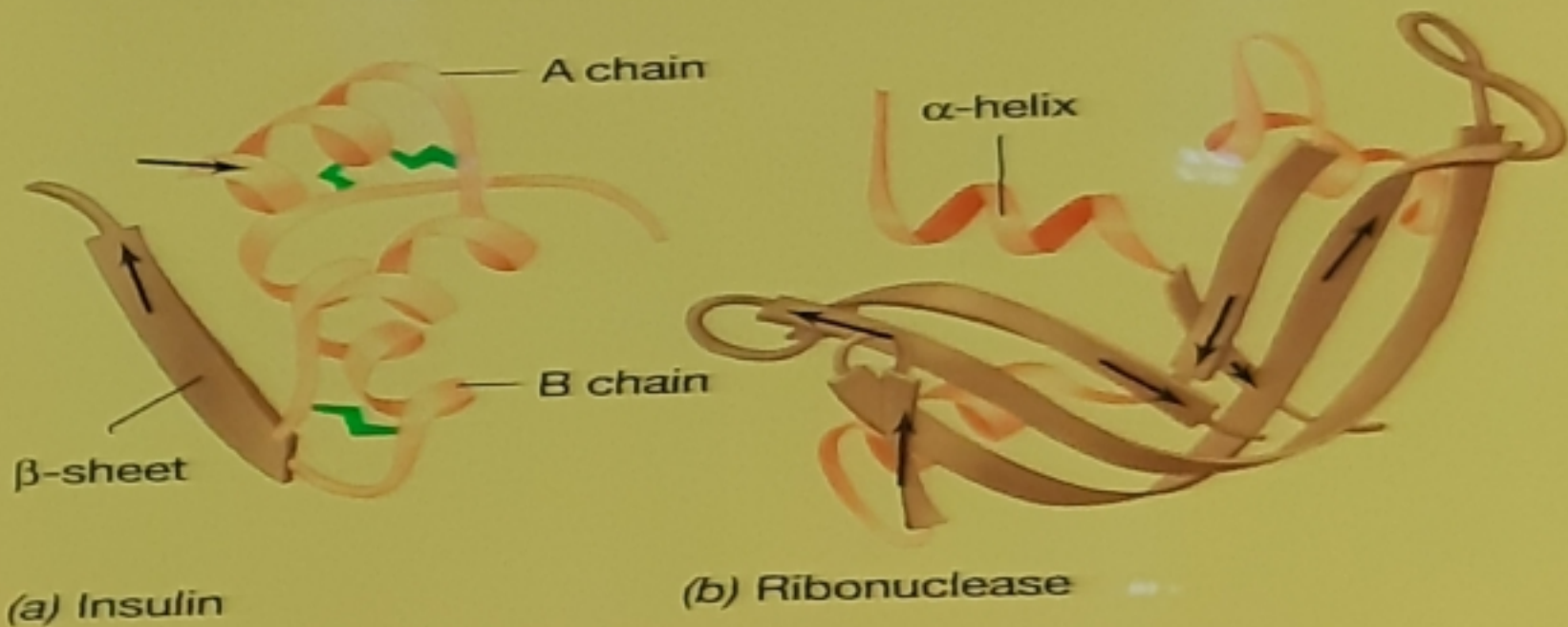


Normal Folding Pattern
of PrP Protein



Alternative Folding Pattern
of PrP^{Sc} Prion Protein

Protein structure: Examples



Cellular vs Scrapie Protein

Cellular (PrP ^c)	Characteristic	Scrapie (PrP ^{sc})
Predominantly Alpha-helical	Structure	Predominantly beta-sheets
Soluble	Solubility	Insoluble
Non-infectious	Infectivity	Infectious
Susceptible	Resistance to Proteinase K	Resistant

Transmission

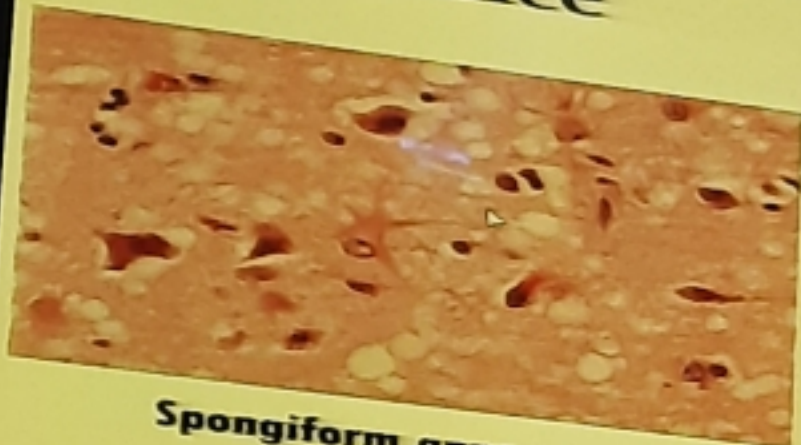
- Sporadic
- Iatrogenic: Blood transfusion, organ transplant
- Hereditary
- Ingestion
 - *Beef*
 - *Cannibalism*

Pathogenesis

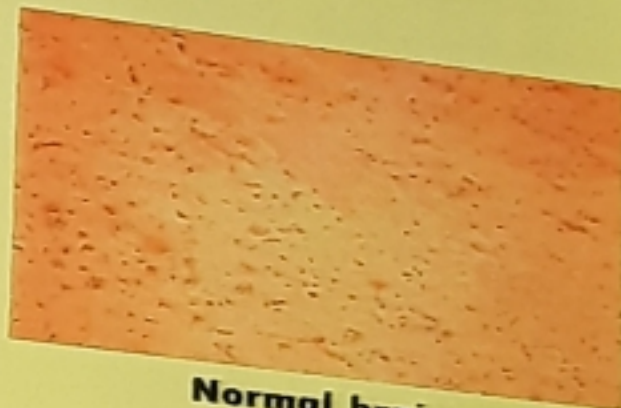
KEY FEATURE: Accumulation of abnormal prion protein PrP^{sc}

- Normal cellular protein (PrP^c) is found on the surface of brain cells & other cells
- Infection or Mutation of *PRNP* gene on c.20 can cause PrP^c to misfold into PrP^{sc}
- PrP^{sc} dissociates from the cell membrane
- PrP^{sc} causes more PrP^c to misfold and dissociate from the cell surface
- Accumulation of PrP^{sc} forms proteinaceous plaques between the brain cells
- Aggregated PrP^{sc} is then internalized into cells >> spongiform appearance

Vacuolation/spongiform appearance



Spongiform appearance



Normal brain

Clinical features

- Long incubation period, slow, progressive & fatal disease
- Cognitive impairment
- Ataxia
- Myoclonic jerks
- Mutism
- FFI: Insomnia, dysautonomia, motor paralysis

Diagnosis

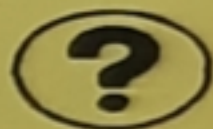
- Clinical presentation
- Exclude Differentials
- CSF analysis (for 14-3-3 Protein and/or Tau protein)
- EEG
- MRI
- Brain biopsy (postmortem)

Treatment

- No treatment
- Prion diseases are invariably fatal (within months to years)
- Supportive treatment (Palliative care)

Prevention

- Sterilization of surgical equipment
 - *Sodium hypochlorite AND Autoclaving (134°C for 1 hour)*
- Screening
- Screening of blood & organs
- Ban on meat and bone meal in animal feed
 - *Do not feed cows to cows*



1. Describe the pathogenesis of prion diseases
2. What are the differences between **PrP^c** and **PrP^{sc}**
3. Outline 5 strategies for prevention of Prionoses