

# Hepatitis B Virus

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## HBV Virology

- Family: Hepadnaviridae
- Genus: Orthohepadnavirus
- Species: Hepatitis B virus
- •8 genotypes: A H
- Circular DNA, partially double-stranded
- Enveloped

#### **HBV** structure



### **HBV Electron Micrograph**



## **HBV Epidemiology**

- A third of global population has been infected
- 5% (400 million) are HBV carriers
- 25% of chronic infections develop serious liver disease – cirrhosis, Hepatocellular carcinoma (HCC)
- •1 million deaths p.a. related to HBV
- HBV causes 50% of all cases of HCC

#### **HBV** Prevalence



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### **HBV Transmission**

- **Sexual contact** (Predominant mode among adults)
- Close contact

#### Vertical transmission

- During delivery, rarely transplacental
- No evidence of transmission through breastfeeding

#### • Blood

- Blood transfusions
- Sharing of needles, razors
- Tattooing, acupuncture
- Renal dialysis
- Organ transplant

### **HBV Risk Factors**

- 1. Multiple sexual partners
- 2. Intravenous Drug Use (PWIDs)
- 3. MSM
- 4. Household members of an infected person
- 5. Crowding/Institutionalization
- 6. Occupational risk Health workers

### **HBV Pathogenesis**

- Parenterally transmitted
- Replicates in Hepatocytes
- Virus particles & surface protein released into blood
  - Viremia is prolonged and blood is highly infectious
- Host immune response destroys infected hepatocytes
  >Level of immune response determines manifestations
- Chronic infection >> destruction/regeneration >> cirrhosis/cancer

### **HBV: Clinical outcomes**



#### **HBV Infection: Disease Phases**

- 1. Immune tolerance phase
- 2. Immune active /immune clearance phase
- 3. Inactive chronic infection
- 4. Chronic disease
- 5. Recovery

### **HBV: Clinical Features**

- Long incubation period: 60-90 days (1-6 months)
- Insidious onset of symptoms
- Often asymptomatic, esp. in the very young
- 90% of infected infants develop chronic infection
- Approx. 5% of adults develop chronic infection

### **HBV: Acute Phase**

#### Variable presentation

- Subclinical
- Icteric
- Fulminant hepatitis (1% of HBV infections)



### **Acute Hepatitis**

- Non-specific features:
  - Fever, Malaise, Myalgia, Nausea/vomiting, etc.
- Abdominal pain Right upper quadrant
- Dark urine/ pale stool
- Jaundice

### **HBV: Fulminant Hepatitis**

• CNS:

- Encephalopathy, confusion, somnolence, coma
- GIT: bleeding, ascites
- Coagulopathy

### **HBV: Chronic Phase**

- Possible outcomes of Chronic HBV infection:
  - Asymptomatic Chronic Infection (carrier)
  - Chronic Persistent Hepatitis
  - Chronic Active Hepatitis
  - Cirrhosis
  - Hepatocellular Carcinoma

#### **Chronic Hepatitis**

#### 

- Malaise, fatigue, weakness
- Weight loss
- Peripheral edema
- Ascites

#### **D**Extra-hepatic manifestations

Antibody-complex deposition

### **HBV Infection: Complications**

#### **Extra-hepatic manifestations:**

- **Resp**: Pleural effusions/ hepatopulmonary syndrome
- CVS: arrhythmias, myocarditis, arteritis
- CNS: encephalopathy, somnolence, confusion
- MSS: arthralgia
- Renal: Glomerulonephritis
- Hematological: bone marrow aplasia

### **HBV: Diagnosis**

#### Serology:

- Antigens: *HBsAg, eAg ,*
- Antibodies: antiHBs , eAb, core Ab

#### PCR:

• HBV DNA/ Viral load



#### Acute Hepatitis B Virus Infection with Recovery Typical Serologic Course



#### Progression to Chronic Hepatitis B Virus Infection Typical Serologic Course



#### HBV: Viral antigens

#### Surface Antigen (sAg)

- Surface (envelope) protein
- Secreted in excess into the blood (spheres & tubules)
- Presence in serum indicates virus replication

#### e antigen (eAg)

- Secreted protein, shed in small amounts into blood
- Presence indicates that a high level of viral replication
- May be falsely negative in carriers some mutations in eAg gene

#### Core Antigen (cAg)

- Core protein
- Present in infected liver cells, not found in blood

### HBV: Antibody Response

#### Surface antibody (sAb, antiHBs)

- Detectable late in convalescence after resolution of infection,
- Remains detectable for life
- Not found in chronic carriers
- Indicates immunity

#### e antibody (eAb, antiHBe)

- Becomes detectable as viral replication falls
- In a carrier, it indicates low infectivity

#### Core IgM

- Rises early in infection
- Indicates recent infection

#### Core IgG

- Rises early
- Present for life in both carriers & those who clear the infection
- Indicates exposure to HBV

#### **HBV: Viral Load**

- HBV viral load measures level of HBV DNA in blood
- The most **reliable** marker of infectivity.
- More reliable than eAg which can be negative in some carriers due to mutations in the eAg gene

#### **HBV Serology Interpretation**

HBsAg	Anti-HBs	Anti-HBc	Anti-HBc (lgM)	Interpretation
(-)	(-)	(-)		Susceptible
(-)	(+)	(+)		Immune after infection
(-)	(+)	(-)		Immune after vaccine
(+)	(-)	(+)	(+)	Acute Infection
(+)	(-)	(+)	(-)	Chronic Infection
(-)	(-)	(+)		Resolved infection, Low level chronic infection, False positive (Anti-HBc)

- 1. Liver Function Tests: *ALT,AST,ALP,GGT, Bilirubin*
- 2. Coagulation Profile: INR (International normalized ratio)
- 3. Renal Function Tests
- 4. Full blood count
- 5. Radiology: Ultrasound/CT scan/ MRI
- 6. Liver biopsy & histology

### **HBV Treatment**

#### 1. Interferons (6 months)

- •INF-α2a
- Pegylated INF  $\alpha 2a$

#### 2. DNA polymerase inhibitors (Lifelong)

- Entecavir
- Tenofovir
- Lamivudine
- Adefovir
- Telbivudine

### Prevention

- Health education
- Safe sex practices
- Safe injection practices
- Screening blood/blood products
- Vaccine
- Post-exposure prophylaxis
  - Vaccine & HBIG given within 48hrs



### **HBV Vaccine**

Four types of vaccines are available

- **1. Serum derived** sHBAg purified from the serum of HBV carriers
- 2. Recombinant sAg made by genetic engineering in yeast
- **3. Combination vaccines** vaccines against HBV vaccine + other organisms e.g. Hepatitis A+B

Vaccination done at 0,1 and 6 months for adults

- Infants receive three doses: at 6, 10 and 14 weeks
- 3 doses induce immunity in 95% of recipients

# Questions??



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