

Haemophilus

Classification

Family: Pasteurellaceae

Genera:

- Haemophilus
- Actinobacillus
- Aggregatibacter
- Pasteurella

• Small facultative anaerobic, gram-negative rods

Genus: Haemophilus

Species

- *H. influenzae*
- *H. Parainfluenzae*
- *H. haemolyticus*
- *H. parahaemolyticus*
- *H. ducreyi*

General Characteristics

- Haemophilus= blood loving
- Gram-negative coccobacilli
- Non-motile
- Non-sporing
- Facultative anaerobes
- Oxidase –positive

General characteristics

- Catalase-positive
- Require accessory factors for growth and viability
- Requirements differ among the species

Accessory growth factors

- **"X" factor (haemin)**
 - component of elemental iron-containing part of haemoglobin
 - **heat stable**
 - Required for synthesis of cytochrome and other enzymes e.g. catalase, peroxidase, oxidase

Accessory growth factors

"V" factor (NAD or NADP)

- hydrogen acceptor in cell metabolism
- **heat labile**(destroyed at 120°C)
- present inside RBCs
- synthesised by some fungi and bacteria

Virulence factors

1. Capsule- contains **PRP (polyribosyl-ribitol phosphate)**- avoid phagocytosis and opsonisation
 - Main **virulence** factor
2. Adhesion proteins
3. Outer membrane proteins
4. IgA₁ protease- *H.influenzae*
5. Lipooligosaccharide (LOS)

*Haemophilus
influenzae*

Haemophilus influenzae

- 1st described in 1892 by Pfeiffer = Pfeiffer's bacilli
- Capsulated and non-encapsulated strains
- 6 capsular types: a-f
- Non-encapsulated = Non-typeable *H. influenzae* (NTHi)
- Both capsulated and non-encapsulated further subdivided into 8 biotypes
 - on the basis of urease, ornithine decarboxylase activities and indole production (I-VIII)

Epidemiology

- Mucosal organism
- Present in 30-50% of healthy persons
- Spread by airborne droplets and contact with secretions
- *H. influenzae* infections seen frequently in children aged from six months to four years of age
- In adults:
 - 2° complications of severe 1° illnesses
 - Immune compromise

Clinical implications

- *Haemophilus influenzae* serotype b(Hib) responsible for majority of invasive disease
- Carrier rate for capsulated b strains is about 2-4%
- Type b capsule-deficient mutant(b^-)

Clinical implications cont

NTHi

- Form part of the normal microbial flora of the URT
- Usually involved in respiratory tract infections and otitis media but may also cause invasive disease.
- Post-Hib vaccine era, responsible for majority of invasive diseases

Pathogenesis

- Mucociliary interactions
- Attachment to respiratory mucosa
 - Adhesins
 - Pili
- Evasion of mucosal immunity
 - Proteases
 - Microcolony formation
 - Phase variation/antigenic shift
 - Intracellular survival/invasion of local tissue.

Infections

1. Invasive(bacteraemic) infections-

Meningitis

Bacteraemic pneumonia

Epiglottitis

septic arthritis

Septicaemia

Cellulitis

osteomyelitis

2. Localised infections-

Otitis media

Sinusitis

Bronchitis

Laboratory Investigations

- **Specimen:**
 - CSF
 - Blood
 - Pus swabs
 - Sputum
 - Nasopharyngeal specimen

***H. Influenzae* does not retain viability for long. Specimen must be cultured as soon as possible and not refrigerated**

Laboratory investigations

- Direct gram stain
- Culture for isolation and identification
CBA in 5-10% CO₂ at 35°C-37°C for 18-24h
 - Colonial morphology
 - variation in size and appearance; translucent to mucoid
- Gram-negative coccobacilli or short rod
- Long thread-like and pleomorphic forms may be seen in CSF or following culture



Laboratory investigations

Demonstration of growth factor requirements

1. Satellitism test

S. aureus produces factor V in excess of its own needs. It is cultured on BA with H. influenzae, the factor V and the haemin released by staphylococcal haemolysins help the growth of H. influenzae.

2. Commercially prepared factors(X,V,XV) on NA

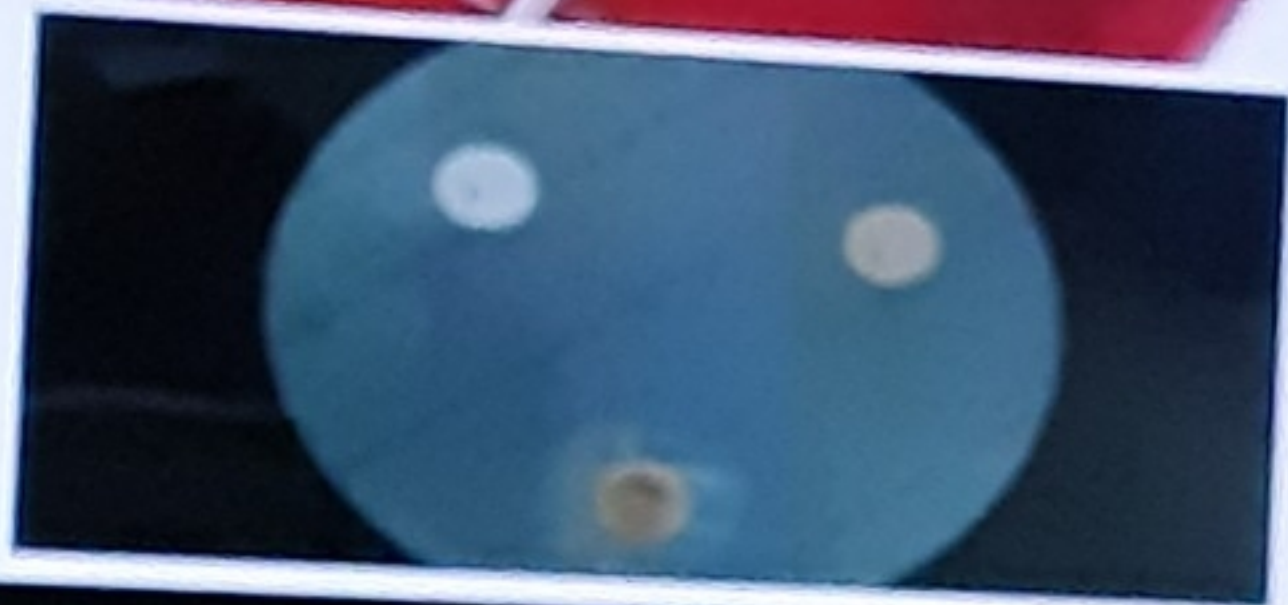
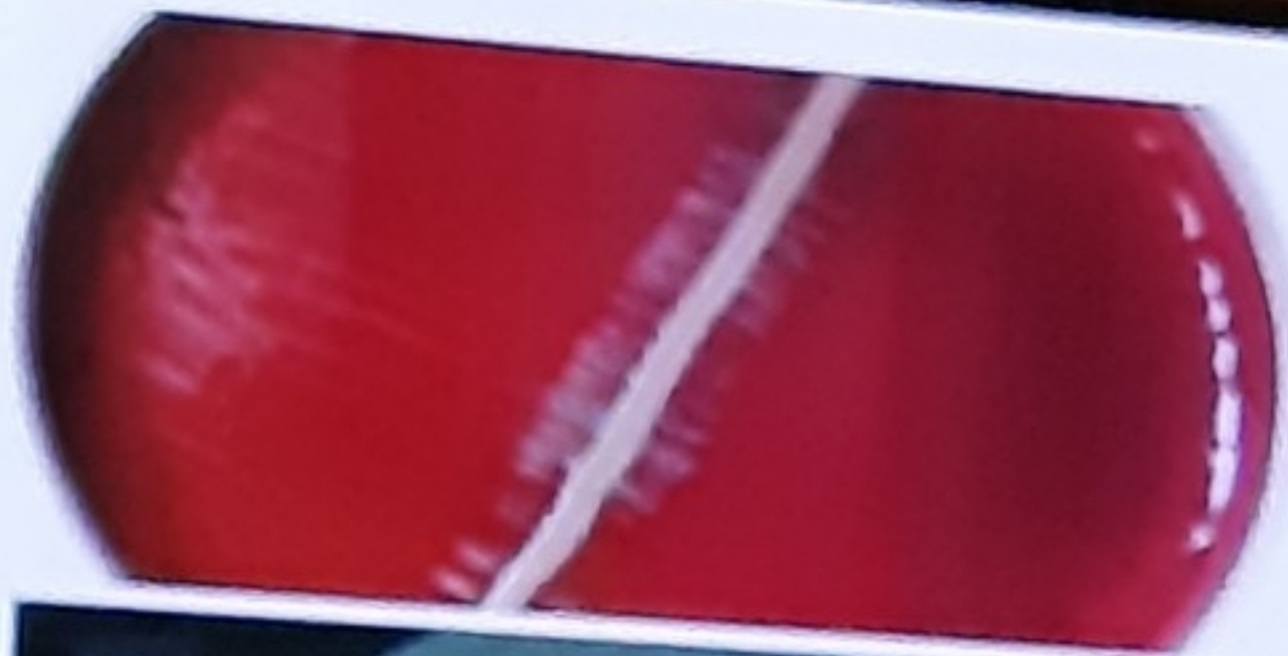
Biochemical tests

Serology

Slide agglutination

PCR

Antimicrobial susceptibility test



Treatment

- Ampicillin
- Chloramphenicol
- Cephalosporins

Prevention

- Vaccination-main method
 - Hib conjugate vaccine

H. Influenzae biogroup *aegyptius* (*Hae*)

- Formerly known as Koch-Weeks bacillus;
H. aegyptius
- A strain of NTHi
- Causes
 - a purulent conjunctivitis- worldwide seasonal epidemics of acute purulent conjunctivitis (*Hae*)
 - Brazilian Purpuric Fever (BPF) (*Hae* BPF)

BPF

- 1st recognised in Brazil in 1984
- Conjunctivitis → overwhelming septicaemia resembling fulminating meningococcal infection
- Characterised by
 - High Fever
 - Haemorrhagic skin lesions
 - Abdominal pain
 - Nausea
 - Vomiting
 - Septic shock
 - Death (Case fatality rate of 40-90%)



Laboratory diagnosis

- **Specimen:**

- Conjunctival swabs
- Blood
- CSF

- **Gram stain**

- Gram- negative coccobacilli

- **Culture**

Treatment

- Ampicillin
- Amoxicillin/Clavulanic acid
- Cephalosporins
 - Ceftriaxone

Haemophilus ducreyi

- Causative agent of a sexually transmitted ulcer (**chancroid/soft sore**)
- Common cause of **genital ulceration** in tropical countries
- +/- lymphadenitis and bubo formation

Clinical presentation

- Tender erythematous papule-4-7 days after infection
- Pustular stage
- Pustules rupture after 2-3 days
- **Painful** shallow ulcers with granulomatous bases and purulent exudates
- Ulcer
 - Edge is **rugged** and **undermined**

Clinical presentation cont.

- Ulceration can take several weeks or months to resolve in the absence of antimicrobial therapy
- Lesions occur
 - on prepuce and frenulum in men
 - Vulva, cervix and perianal area in women
- In 50% of cases, painful, tender inguinal lymphadenitis
- Bubo may develop
- Lymphadenopathy- usually unilateral, spherical and painful

Laboratory diagnosis

*Clinical history

Specimen- swab

• Culture

- Fastidious, difficult to isolate

- Requires factor X but not factor V

- CBA with 1% Isovitalex and vancomycin

- CO₂ 32-35° C

• Biochemical tests

- Slowly oxidase positive

- Catalase, urease, indole negative

• PCR

Treatment

- Erythromycin
- Azithromycin
- Ceftriaxone
- Ciprofloxacin
- Spectinomycin

HACEK infections

HACEK Organisms

- Group of fastidious, slow-growing, gram-negative bacteria
 - **Haemophilus spp.**
 - *H. parainfluenzae*
 - **Aggregatibacter**
 - *A. actinomycetemcomitans*
 - *A. segnis*
 - *A. aphrophilus*

HACEK Organisms

- **Cardiobacterium**
 - *C. hominis*
 - *C. valvarum*
- ***Eikenella* corrodens**
- **Kingella spp**
 - *K. kingae*

HACEK Organisms

- **Normal flora in the oral cavity**
- Associated with local infections in the mouth
- Cause severe systemic infections- **bacterial endocarditis**, which can develop on either native or prosthetic valves
- Responsible for 3% of cases of **Infective Endocarditis**
- Often a cause of **culture-negative endocarditis**

HACEK Organisms: other infections

- Periodontal infections,
- Bacteremia
- Abscesses
- Peritonitis
- Otitis media
- Conjunctivitis
- Pneumonia
- Septic arthritis
- Osteomyelitis
- Urinary tract infections
- Wound infections
- Brain abscesses

Laboratory diagnosis and Treatment

Diagnosis

- Specimen: blood culture
- *H. parainfluenzae*- requires only factor V

Treatment

- Penicillins
- Aminopenicillins
- Ceftriaxone
- Fluoroquinolones