

CHLAMYDIACEAE

- Two genera: *Chlamydia* and *Chlamydophila*

Important characteristics

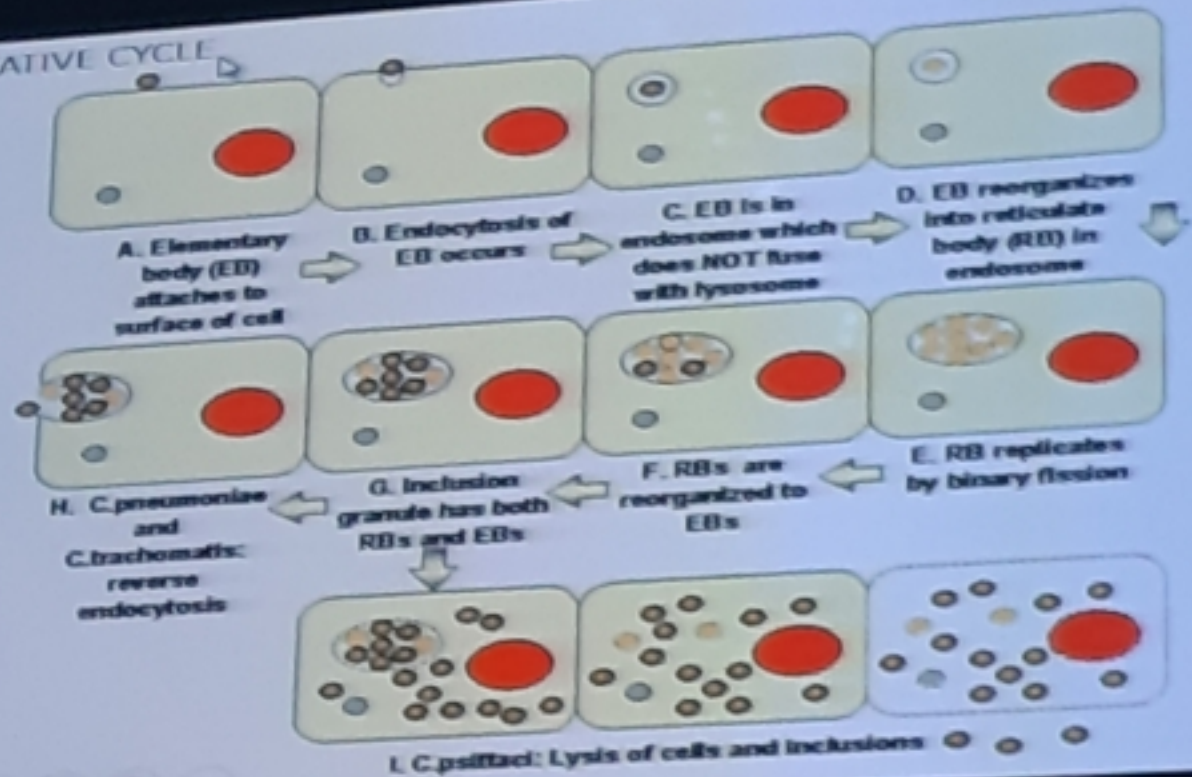
- contain both DNA and RNA (unlike viruses)
- susceptible to antibacterial agents
- obligate intracellular micro-organisms
- possess inner and outer membranes similar to those of gram-negative bacteria

Chlamydiaceae

Exist in 2 forms:

- metabolically inactive infectious forms (**elementary bodies [EBs]**)
 - EBs are resistant to many harsh environmental factors
 - They are metabolically inert
- metabolically active, noninfectious forms (**reticulate bodies [RBs]**)

REPLICATIVE CYCLE



- 3 important species
 - *Chlamydia trachomatis*
 - *Chlamydophila pneumoniae*
 - *Chlamydophila psittaci*

Chlamydophila pneumoniae

- Spread via respiratory secretions
 - Human pathogen, No animal reservoir
 - Causes bronchitis, pneumonia, sinusitis, atypical pneumonias
 - 50% of people have serologic evidence
 - A significant cause of acute exacerbations of asthma
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- Diagnosis – serology, PCR, cell cultures
 - Treatment- Macrolides (erythromycin, azithromycin , clarithromycin), tetracycline, doxycycline, or levofloxacin administered for 10 to 14 days

Chlamydophila psittaci

- Infects wild & domestic birds
- Human infection: inhalation of organism in dried infected bird droppings
- The incubation period is about 10 days
- Presentation ranges from an 'influenza-like' syndrome fever, sore throat, photophobia to a severe illness (pneumonia)
- Diagnosis – serology (ELISA)
- Rx – tetracycline/ doxycycline/ erythromycin
 - ❖ Proper control of importation or handling of psittacine birds
 - ❖ Occupational hazard-use PPE

Chlamydia trachomatis

- Divided into several Serovars (antigenic difference- major outer membrane protein)
 - A, B, C.....Primarily conjunctiva
 - D-K.....Primarily urogenital tract
 - L1, L2, L3Inguinal lymph nodes

Clinical manifestations

1. Trachoma:

- Ass. with serotypes A, B, C
- Chronic, inflammatory granulomatous process of the eye surface, leading to corneal ulceration, scarring, and blindness.
- Active trachoma, characterized by the presence of lymphoid follicles on the conjunctiva and intermittent shedding of chlamydiae
- Is primarily a disease of children.
- Blindness can occur as a complication

-Trachoma

- Spread by transfer of infected discharge from eye of infected person by hands, clothing, towels
- Flies important carriers
- Poverty, overcrowding, poor personal hygiene, inadequate water.... enhance spread

Stage 1: Trachoma infection: small bumps under the eye lid

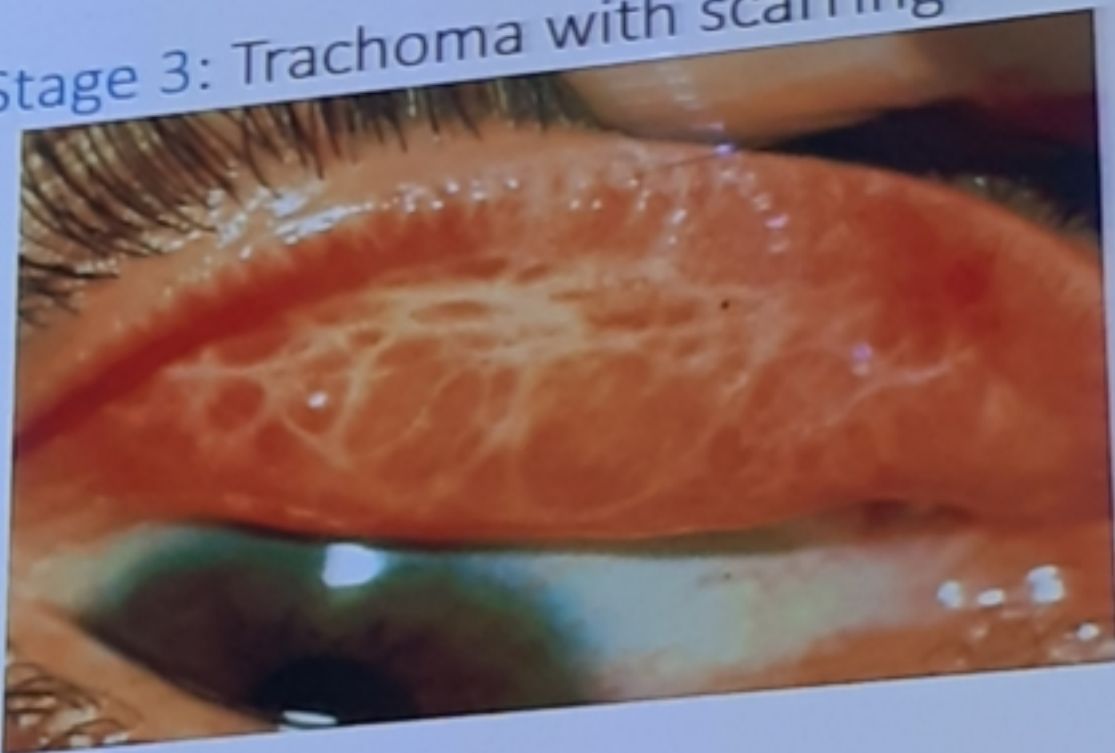


Follicles Under the eyelid.

Stage 2: Follicles, inflammation,

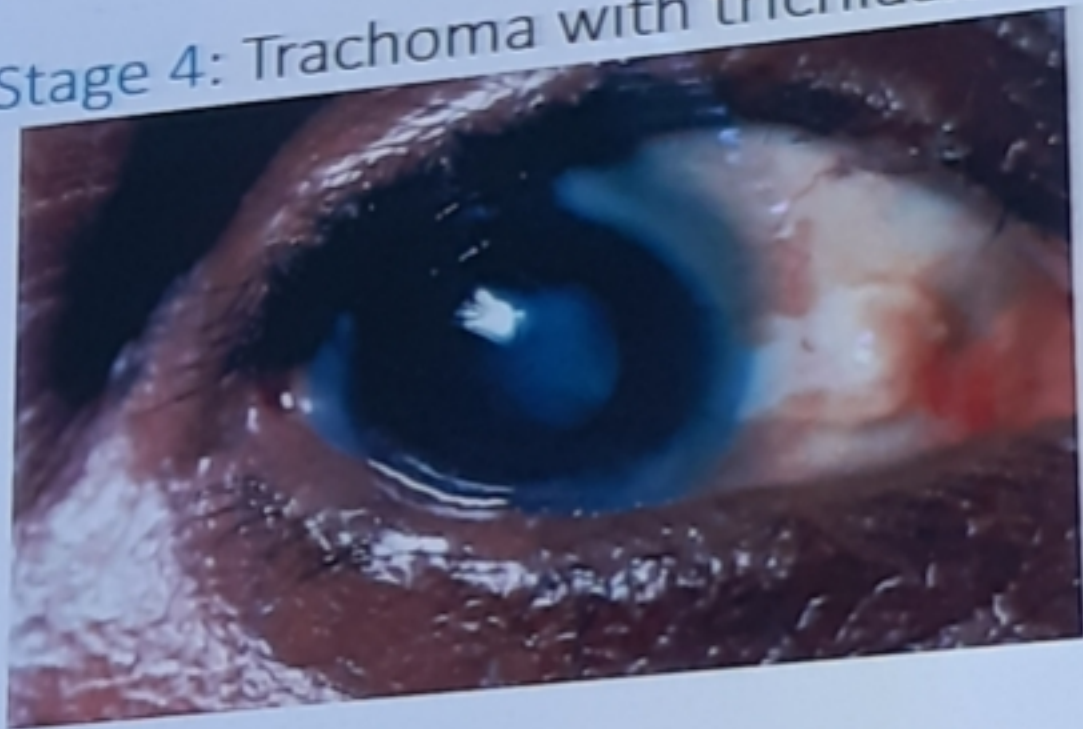


Stage 3: Trachoma with scarring



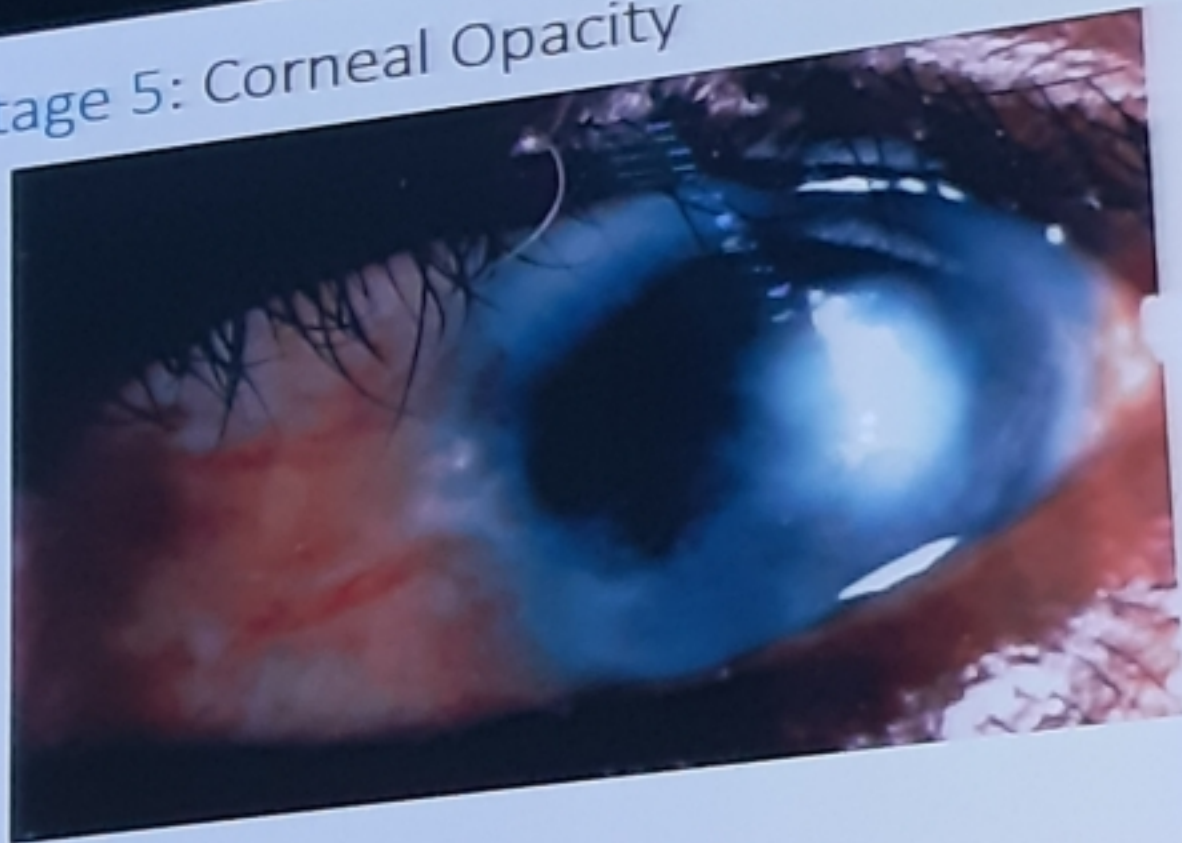
- Scar tissue forms.
- Eyelid is difficult to turn for examination

Stage 4: Trachoma with trichiasis



Eyelids turn in towards the cornea

Stage 5: Corneal Opacity



- Corneal Scarring
- Bacteria/Virus enters damaged cornea

2. Adult inclusion conjunctivitis:

- Most prevalent in sexually active young people, being spread from genitalia to the eye.... *poor hygiene
- Presents with mucopurulent discharge, dermatitis, corneal infiltrates
- There is corneal vascularization in chronic disease

3. Neonatal conjunctivitis

- Infection is acquired from the mother during birth.
- Acute process characterized by a mucopurulent discharge.
- Develops in infants around 14 days after birth.
- Presents as a swelling of the eyelids and orbit and a purulent infiltration of the conjunctiva (ophthamia neonatorum)
- A substantial proportion of these infants develop chlamydial pneumonia about 6 weeks after birth

4. Genital infection (men)

- *C. trachomatis* serovars D-K are responsible for about 30% of cases of non-specific urethritis in men.
- The infection can be asymptomatic, with infected men serving as a reservoir of infection.
- In symptomatic patients, varying amounts of mucopurulent discharge are produced.
- Occasionally this progresses to epididymitis or prostatitis
- It is likely that chronic chlamydial epididymitis may eventually lead to occlusion of the tube and infertility due to azoospermia.

Genital infection: Infection in women

- In symptomatic women, *C. trachomatis* serovars D-K cause mucopurulent cervicitis and urethritis.
- Not only a risk to their sexual partners or offspring, but also to themselves, as ascending infection frequently occurs.
- This results first in an endometritis followed by infection of the fallopian tubes to cause acute salpingitis.

...genital tract infection in women

- Collectively, endometritis and salpingitis are known as *pelvic inflammatory disease*, which is largely caused by *C. trachomatis*.
- Chlamydial pelvic infection may lead to further abdominal involvement and the formation of pelvic adhesions, perihepatitis and peri-appendicitis.

5. Lymphogranuloma venereum (LGV)

- Genital tract infection with *C. trachomatis* serovars L1-L3
- Usually begins with a genital ulcer followed by lymphadenopathy of the regional lymph nodes.
- Buboec are seen if infection persists, can spread to the gastrointestinal and genitourinary tracts, causing strictures and, in rare cases, peno-scrotal elephantiasis.

Site of infection	Disease	Organism (serovars)
Eye	Trachoma	<i>C. trachomatis</i> (A, B, Ba, C)
	Inclusion conjunctivitis	<i>C. trachomatis</i> (D-K)
	Ophthalmia neonatorum	<i>C. trachomatis</i> (D-K)
Gonital tract		
Male	Non-specific urethritis, proctitis, epididymitis	<i>C. trachomatis</i> (D-K)
Female	Cervicitis, urethritis, endometritis, salpingitis, PID, perihepatitis, peri-appendicitis, infertility with tubal occlusion	<i>C. trachomatis</i> (D-K)
	Abortion, premature birth	<i>C. trachomatis</i> (D-K)*
Male and female	Lymphogranuloma venereum	<i>C. trachomatis</i> (L1-L3)
Respiratory tract		
	Neonatal atypical pneumonia	<i>C. trachomatis</i> (D-K)
	Pharyngitis, bronchitis, pneumonia	<i>Ch. pneumoniae</i>
	Psittacosis	<i>Ch. psittaci</i>
Chronic diseases		
	Atherosclerosis, coronary disease	<i>Ch. pneumoniae</i> *
	Stroke, Alzheimer's disease	<i>Ch. pneumoniae</i> *

LABORATORY DIAGNOSIS

- Microscopy

- Microscopic examination of clinical specimen for Cytoplasmic inclusion bodies
- *C. trachomatis* inclusion bodies contain glycogen, can visualize by staining with iodine, giemsa, fluorescent antibody staining or hybridization with a DNA probe.

...Laboratory Diagnosis

- Antigen can be detected in exudates or urine by ELISA.
- Pathogen can be grown in cell cultures eg
 - Chicken embryo yolk sac
 - McCoy cell lines

TREATMENT

- LGV – doxycycline; aspirate buboes
- Genital & ocular – azithromycin, doxycycline
- Newborn conjunctivitis and pneumonia should be treated with erythromycin for 10 to 14 days

CONTROL

- Antibiotic prophylaxis- oral azithromycin
- Public education: hygiene
- Tracing and treating partners in genital tract infections.

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**DIRTY FACES
AND FLIES CAUSE
TRACHOMA**



**FIGHT TRACHOMA
BY WASHING YOUR FACE**

Sudan Trachoma Control Program

TAKE HOME ASSIGNMENT:

- Discuss the FITZ-Hugh-Curtis syndrome and Reiter's syndrome in relation to chlamydial infections
- What are potential complications of chlamydial genitourinary infections?

MYCOPLASMAS

OUTLINE

- Important Properties
- Antigenic Properties
- Pathogenesis and Epidemiology
- Laboratory Diagnosis
- Treatment

MYCOPLASMAS

Important Properties

- Family Mycoplasmaceae
- Genera: *Mycoplasma*, *Ureaplasma*.
- can grow in cell free culture media.
- multiply by binary fission.
- They lack a cell wall
- Only bacteria that contain cholesterol in the cell membrane

Antigenic Properties

- Mycoplasmas have glycolipids- can account for the neurological manifestations of *M. pneumoniae* infection.
- Alter the I antigens on RBCs: stimulate anti-I antibodies (cold agglutinins)- autoimmune response and damage to erythrocytes.

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MYCOPLASMAS

PATHOGENESIS AND EPIDEMIOLOGY

Respiratory and Urogenital

- Respiratory Infections

M. pneumoniae

- Common cause of atypical pneumonia.

- Transmitted by respiratory droplets.

- Ciliary motion is inhibited and necrosis of the epithelium occurs.

It produces hydrogen peroxide which contributes to damage by respiratory tract cells.

MYCOPLASMAS

Urogenital Infections

- *M. hominis*: pelvic inflammatory disease, acute pyelonephritis.
- *Ureaplasma urealyticum*: nongonococcal urethritis.
 - Has been associated with premature birth, preterm rupture of membranes, placental inflammation etc

MYCOPLASMAS

LABORATORY DIAGNOSIS

- Serologic testing
- Culture of specimen for primary isolation.
- Use of specific DNA probes.

MYCOPLASMAS

TREATMENT

- **** Resistant to antibiotics which interfere with bacterial cell wall synthesis ****
- *M.pneumoniae* – tetracyclines/ quinolones/ macrolides
- *U.urealyticum* – use doxycycline, azithromycin, streptomycin