

EMBOLISM

- DEF- transference of abnormal material by the blood stream with imparction in distant site from origin
- impacted material is referred to as a **embolus**
- commonest clinical embolus is Thromboembolus

Mass carried: embolus

Disease process: embolism

- Site of imparction depends on source of emboli i.e. pulmonary emboli arises from systemic right side of the heart.
- Emboli in systemic arteries arise from the left side of the heart/vessel
- other examples include PLT aggregate, plague fragments, fat globules, bubbles of air and nitrogen, amniotic fluid.

- groups of parenchymal cells, amniotic fluid, infected foreign material.
- Patent foramen ovale gives rise to paradoxical emboli(from right to left)
- septic emboli in infected veins/vegetation of infective endocarditis

Pulmonary thromboembolism

- Originate in leg and pelvic veins and sometimes from right side of the heart
- effects depends on the size of embolus and the state of pulmonary circulation
- I. Large thrombi may detach en masse and block the outflow tract of the right ventricle, pulmonary trunk or both its branches leading to sudden death

- II. Less massive emboli blocking More than half of pulmonary arterial bed in previously healthy adults leads to acute RVF due to high resistance to blood flow
- lesser degrees in patient with previous Pul HT/ CF also get RVF
- Medium/ small pulmonary vessel blockage by showers of small emboli/recurrent emboli over many months or yrs leads to PHT

- if medium sized vessels of patients With CF may result in infarcts which are not seen in patient with normal function
- a few cases of pul emboli are diagnosed during life majority seen at post mortem

- Systemic arterial embolisation causes blockage of arteries and effect is dependent on size of embolus and therefore the size of vessel blocked
- most are atheromatic emboli from ulcerated plaques or dislodged during cardiac catheterizatoin, and balloon angioplasty

- showers may cause abdominal pains, HT, renal failure or vasculitis like syndrome skin rash livid reticularis
- PM shows ischaemic kidney scars in 15% of the elderly
- may cause myocardial and cerebral ischaemia
- PE maybe responsible for TIA

PM: post mortem

TIA: transient ischemic attack

FAT EMBOLISM

- Fractures of long bones and adipose tissue injury introduces fat globules in the circulation. Often no symptoms are seen
- FESyndrome seen 24-48hr after injury
- Patient has dyspnoea, blood stained sputum, tachycardia, mental confusion, petechial rash, fever and sometimes cyanosis, coma and death

- fat globules maybe seen in urine
- In fatal cases fat emboli are seen in capillaries of many tissues, pericapillary hemorrhages, and minute infarcts in brain especially white matter.
- DIC develops in some pts and may Contribute to hemorrhages

- over 80% recover without residual disability
- Fat embolism may complicate trauma to adipose tissue, fatty liver, major surgery, acute Pancreatitis and decompression sickness

Major surgery thru fat

AMNIOTIC FLUID EMBOLISM

- unpredictable complication of labour i.e. Vaginal/caesarian/abortion
- Rare but has mortality of over 80%
- amniotic fluid with fetal cells enter uterine veins via placental bed leading to diffuse alveolar injury similar to adult respiratory distress syndrome

- At PM fetal squames maybe seen in pulmonary circulation
- fetal material also provokes DIC
- humoral factors in amniotic fluid may produce vasoconstriction that impair cardiac contractility

AIR EMBOLISM

- Air is introduced into the circulation thru neck wounds and during cardiac surgery, positive pressure used in venous or arterial catheterization or during I.V infusions
- Small volumes are rapidly absorbed without any effects, more than 100ml may cause acute distress and 300ml plus maybe fatal
- large volumes may block pul circulation.

Decompression sickness

- Seen when air is previously breathed at greater than atmo pressure eg deep sea diving and in loss of pressure in pressurized air craft.
- The air bubbles within circulation Mainly the nitrogen part which is less soluble
- the bubbles affect muscle causing cramps (bends) cough (the chokes) dyspnoea and CNS complications in spine i.e. paraplegia

- Brain leads to coma and death
- fat absorbs large amount of air which tears out the fat giving fat embolism
- can also lead to DIC, and Caissons disease in chronic long diving
- Presenting as bone necrosis, collapse of joints due to ischaemic injury of shoulder and hip joints

Caissons disease : decompression sickness

- Rupture of lung tissue as air expands leading to pneumothorax, interstitial emphysema, air emboli in lungs and brain
- decompression barotraumas seen when holding breath during ascent or when small airways are blocked