HAEMOPOIETIC SYSTEM AND PARASITE EFFECTS

PROTOZOAN PARASITES THAT AFFECT THE HEMOPOIETIC SYSTEM

- Malaria
- Babesia
- Leishmania donovani
- Trypanosomiasis
- * Amoebiasis
- Giardiasis
- x Toxoplasmosis

METAZOAN PARASITES THAT AFFECT THE HEMOPOIETIC SYSTEM

- Schistosomiasis
- Filariasis
- Hookworm infestation
- Trichuriasis/ Trichuris trichiura

MALARIA

- Endemic in many parts of the world particularly in SE Asia and Africa
- Coast, Eastern, Western & Nyanza
- x Species:
 - + Plasmodium falciparum malignant malaria
 - + Plasmodium vivax
 - + Plasmodium ovale
 - + Plasmodium malariae
- Effects of the parasite:
 - + on the RBC: hemolysis
 - + of enlarged spleen causing dilutional effect (hypersplenism) with reduced red cell survival
 - Inflammatory cytokines on the BM
 - + Folate deficiency in chronic malaria
 - Effects of drugs (Primaquine)

LABORATORY EVALUATION

- Diagnosis
- Tests to determine haemopoietic and other effects

CONT.

- + Progressive normocytic normochromic anemia appears after 48 hours then rapid fall over the next 4-5 days
- + Polychromasia/Nucleated red cells/ fragments
- + Parasites on film: density
- + Macrocytic picture in chronic malaria with folate deficiency
- × WBC
 - + Usually normal
 - + Monocytosis with or without pigment in monocytes
- Platelets: reduced in acute malaria
 - + Hypersplenism; platelets are pooled into the spleen
 - + Immune destruction
 - Low grade DIC
 - + Raised Prothrombin Time and APTT (Activated Partial Thromboplastin Time)

BIOCHEMISTRY

- Raised total bilirubin (indirect)
- Renal function tests
- Blood sugar hypoglycemia in severe malaria
- Raised lactate level (metabolic acidosis)

DIAGNOSIS

- Thick film
- × Thin film
- Parasite density and identification
- QBC (Quantitative Buffy Coat) method: Acridine orange fluorescence of parasites
- Antigen detection test: chromatographic detection of histidine rich proteins (parasight Falciparum)
- Molecular methods (PCR)

LEISHMANIASIS

- L. donovani causative agent for visceral leishmaniasis
- Hyperplasia of macrophages and lymphocytes
- Massive production of immunoglobulins
- Progressive hepatosplenomegaly
- Anemia due to hypersplenism
- Ineffective erythropoiesis
- Megaloblastosis due to folate deficiency

TOTAL BLOOD COUNT

- Normocytic normochromic anemia
- Leucopenia (neutropenia)
- Thrombocytopenia
- × Raised ESR
- Raised CRP

DIAGNOSIS

- BM aspirate
- Splenic aspiration (most sensitive)
- Buffy coat preparation of PBF
- × Immunological:
 - + Detect antibodies: ELISA (enzyme linked immunosorbent assay)
 - + FAT (Fluorescent antibody test)
 - + IHA (Indirect hemagglutination assay)
 - + Varying degrees of sensitivity and specificity
- CMI test: Leishman skin test with intra-dermal injection of killed promastigotes)

BIOCHEMISTRY

- Reduced albumin
- Raised gamma globulins

Leishmania in situ

- × L. donovani bodies (LD bodies) seen engulfed in the macrophage
- BM is hyperactive and megaloblastic

BABESIA

- Hemolytic anemia
 - + Reduced haemoglobin
 - + Increased total bilirubin (indirect)
 - Renal function tests may be decreased because of intravascular hemolysis
- Diagnosis:
 - + PBF
 - + PCR
- Babesiae in situ
 - + Maltese cross appearance in RBC

TRYPANOSOMIASIS

- Hemolysis due to phagocytosis of antibody coated RBCs
- Also by hemolysins produced by parasite
- Moderate leukocytosis
- Deranged coagulation (late stage)
- Thrombocytopenia
- Increased fibrinolysis

DIAGNOSIS

- Examination of blood
- Lymph node aspirate
- × CSF
- Blood film:
 - + Buffy coat preparation
 - + QBC
- Trypanosomes in situ
- Flagellated (they are hemoflagellates)
- × Kinetoplast
- Extracellular
- Polychromasia hemolysis

AMEBIASIS

Microcytic hypochromic anemia seen in chronic disease due to blood loss due or due to anemia of chronic disease

GIARDIASIS

- Seen in children
- Malabsorption of folate in acute giardial diarrhea
- Chronic giardia causes B12 deficiency due to damage of ileal receptor, utilization of B12 by parasite and bacterial overgrowth in the bowels

METAZOAN PARASITES

Bilharzia

- + Effects of portal hypertension bleeding from esophageal varices
- + Splenomegaly
- + Granulomas cause various degrees of bleeding: GIT, Hematuria
- Hypersplenism: normocytic normochromic anemia; leucopenia and thrombocytopenia
- Deranged LFTs
- + Renal dysfunction due to hydronephrosis

DIAGNOSIS

- Direct visualization of parasite
 - + In urine: S. hematobium
 - + In stool: S. mansoni
 - + Rectal snip
- Newer diagnostic methods detect schistosoma antigen in serum and urine (expensive)
- Indirect tests
 - Chemical reagent strips for detection of red cells and proteins useful in endemic areas as surrogate markers

IMMUNOLOGICAL TESTS

- × ELISA
- IHA (Indirect Hemagluttination Assay)
- IFAT (Indirect Fluorescent Antibody test)
- RIA (Radio-immunoassays)

Schistosoma in situ

- + Lateral spine in S. mansoni
- + Polar spine in S. hematobium

HOOKWORM

- Blood sucked out:
 - + 0.03mL/day/worm for N. americanus (has a higher worm load following infection)
 - + 0.15 mL/day/worm for A. duodenale

× PBF:

- + Microcytic hypochromic
- + Eosinophilia
- + Reduced proteins: edema
- + Demonstrate Ova

TRICHURIASIS

- * Heavy infection involves the cecum up to the rectum; blood loss results
- Direct demonstration of eggs and eggs count

FOR ALL PARASITES:

- Investigations:
 - + TBC and PBF
 - + Thick and thin film
 - + BM examination
 - + Aspirate of spleen and lymph node
 - + Urine and stool examination
 - + Immunological tests
 - + Biochemical tests

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