#### UNIVERSITY OF NAIROBI SCHOOL OF MEDICINE DEPARTMENT OF CLINICAL PHARMACOLOGY

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# **Antiprotozoas**

#### introduction

- protozoas belong to the protista
- protozoas are unicellular eukaryotes that are microscopic
- larger than bacteria
- nucleus present, some with more than 1
- vary in shape, structure and habitat
- phyllum protozoa divided into sub phyllum:
  - sporozoa forms spores in their life cylce include malaria causing organisms, plasmodium, toxoplasmas (cause toxoplasmosis and spread by cats, rats and birds), babisia ( causes babisiosis and presents like malaria)...and other minor sporozoas
  - mastigophora forms special organisms, the mastigotes (flagellates); at least 3:-
    - Trichomonas causes several dxs (trichomoniasis)
      - trichomonas vaginalis sexually transmitted in both males and females ( itchy yellowish discharge)
      - Trichomonas hominis In GIT, a commensal.
      - Trichomonas tenax GIT
      - Giardia lamblia loose stools with malabsorption syndromes. Coats
        Smallintestine villi preventing absorption
    - Trypanosoma causes 2 dx
      - sleeping sickness caused by 2 organisms trypanosoma bruceii gambiensi and trypanosoma bruceii rhidorensi
        - Gambiensi spread by an insect (glossina palpalus); tse tse fly.
        - rhodesensi in kenya (lambwe valley and coast province) is spread by glossina morsitans- biting insects that bite and undergoes 3 stages;
          - skin, blood and lymph and CNS
      - chaggas dx.- caused by trypanosoma cruzi mucocutenous dx where parts of the body fall off.
    - Leshmania causing leshmaniosis. Atleast 3 forms of leshmaniosis
      - Leshmania donovani visceral lesions with severe anaemia, splenomegaly and enlargement of viscera.
      - leshmania tropica (cutaneous leshmaniosis) present with different names; in far east known as oriental sore, india known as delhi boil, in central asia known as bhargdad button. Forms 1 lesion on the face.
      - Leshmania brazilliensis causes mucocutaneous leshmaninasis; eats up nasopharynx
  - sarcodina- includes various types of amoeba;

- intamoeba hystolica most common cause of amoebiasis. Xtrized by bloody diarrhea alternating with constipation.
  - Entamoeba coli a commensal GIT but dx in immunocompromised.
- Acanthamoeba commonly in swimming pools. Causes severe encephalitis and keratitis.
- Acanthamoeba balanuthia causes encephalitis
- Naegleria fouleri causes an acute amoebic meningoencephalitis ....- commonly seen in children and young adults.
- Ciliophora/Ciliates
  - Balantidium coli commonly in pigs and causes severe dysentery in humans
  - paramecium
  - others more common in the immunosuppressed.
    - Include cryptosmoridium pervum, cyclosporiasis and isosporiasis commonly seen in HIV pts. Present with chronic watery diarrhea. Include cyptosporium pavum, cyclosporiaisis and isosporiasis.

### CLASSIFICATION OF ANTIPROTOZOAS.

#### **Group 1: ANTIAMOEBICS**

- divided into 3 groups
- 1. nitroimidazoles include
  - 1. metronidazole
  - 2. imidazole
  - 3. secnidazole
  - 4. omidazole
  - effective against both gut and tissue amoeba
- 2. Luminal amoebicides- liver
  - iodoquinole
  - dilorazanide folate
  - paromamizine sulphate.
- 3. Drugs effective in tissue amoebiasis only
  - emetine hydrochloride and dehydroemetin

#### Group 2: Rx of babesiosis

- Include the antibiotic clindamycin, quinine and quinidine
- also a macrolide antibiotic azithromycin

#### Group 3; Rx of toxoplamosis

– pyrimethamin, sulphonamides (suphadiaxine), folinic acid (additive)

- also clindamycin, steramycin ( in pregnancy)
- drugs used in combinations pyrimethamine + clindamycin with folinic acid; pyrimethamine + suphadiaxine with folinic acid

#### Group 4; Rx of leshminiasis

- in both visceral and mucocutanenous;
  - sodium steboglucorate
  - Negylmine anitmoate
  - other alternatives antifungal, amphotericin B, paromycin,
- cutaneous form; use the same drugs but add ketoconazole or daxsone

#### Group 5: rx tryphansomiasis

- suramine,
- alternatives include pentamidine and
- in chaggas dx penznidazole

#### Group 6; Giardiasis

- any of the nitroinidazoles
- paromomycin
- Albendazole, flurazonidil, nitoximide.

#### Group 7; Isospora belli – isosporaisis rx

- Sulphamethoxazole combination,
- pyrimethamine
- ciprofloxacin

#### Group 8; microsporadiasis

- albendazole, fumagiline, trimethoprim/sulphamethaxazole combination.

#### Group 9; creptosporigium

– paromomycin, azithromycin

#### Group 10; Rx of cycloporiasis

- seprin and ciprofloxacin
- lower doses than in bacterial infections

#### Group 11. Rx of b. colli

- iodoquinoles
- metronidazole ( higher doses than in bacterial infections)
- tracyclin

# Group 12; Dientemoeba tyrili

– tetracyclin, paromomycin,

## Group 13;

- clindamycin,
- pentamillin
- pyrimethadine
- sulphonamides.
- Dapsone