

Structural theory of mind.

- Unconscious is divided into 3:
 - Id - instinctual drives
 - Ego - mediates the Id, Superego & Reality
 - Superego - moralizing agency (sense of right or wrong)
- These 3 are always fighting each other down to strike a balance.
- Psychopathologies occur when there is an imbalance of the 3.
- Ego defense mechanisms:
 - Sublimation - doing socially acceptable things so that you cover for an immoral act eg. martial arts → fighting,
 - Projection - project what belongs to you to another person
 - Displacement - redirection of unacceptable feelings, impulses from their source to a less threatening person or object

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Classification of ^{mental} dx:

- DSM-V (American)
- ICD-10 (WHO)

Subspecialties:

- General adult psychiatry
- Child psychiatry
- Forensic psychiatry - you determine whether pt is fit to plead
- Community psychiatry - Rx people w/in home areas
- Drug abuse management
- Administrative psychiatry

Assessment of a psychiatric pt.

History ① Biodata, ② Source of referral

- * Seeking help in psychiatry
 - voluntary Rx
 - involuntary Rx
 - emergency Rx

* Application form - filled by doctor to ascertain that they've admitted to hospital.

3. P. Symptoms - shouting, appearance

4. Past mental illness / psychiatric interventions done

5. Past medical illness - endocrine disorders,

6. Obs hx - postpartum depression

7. Personal hx -

- Before birth (pg → birth)

- Obs hx (spontaneous, delayed, assisted labour)

- Postnatal period - Milestones:

 - 6th wk recognize face of mother

 - Support neck

 - Social smile

 - Sitting, walking, speech

- Early childhood

- Adolescents

- Early, Middle adulthood

- Occupation

- Relations

- Performance in school

8. Mental status examination

- General appearance & behaviour

- Rapport - able to establish rship w doctor

- Speech

- Mood - what they tell you how they feel - Affect - what you observe

- Core processes - thoughts ⇒ alliegations (pt feels thoughts don't belong to them)

 - ⇒ content - false (delusions)

 - ⇒ control of thoughts

- Cognitive functions - intellect, orientation, insight

9. Formulation - summarize w diagnosis and personality problems (has, medical problems, function (how are they coping), plan of action (counselling, psychotherapy)