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Question **41**

Not yet answered

Marked out of 1.00

Flag question

Psychiatric disorders associated with violence include all the following EXCEPT:

Select one:

- a. Paranoid schizophrenia
- b. Conversion disorder
- c. Mania
- d. Antisocial personality disorder
- e. Alcohol withdrawal

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Question **48**

Not yet answered

Marked out of 1.00

Flag question

Which of the following is not a psychological symptom of anxiety

Select one:

- a. Irritability
 - b. Hypervigilance
 - c. Fatigue
 - d. Hypersomnia
 - e. None of the above
-

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Quiz navigation





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Question 52

Not yet answered

Marked out of 1.00

Flag question

Secondary enuresis is:

Select one:

- a. Enuresis that occurs while the child is awake
- b. Resumption of enuresis after at least six months of urinary continence
- c. A combination of both diurnal and nocturnal enuresis
- d. A genetic disorder that tends to run in families
- e. Enuresis that occurs during sleep

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Question **54**

Not yet answered

Marked out of 1.00

 Flag question

Mechanism of action of anti-convulsant may include all the following EXCEPT:

Select one:

- a. Enhance GABA function
- b. Increasing noradrenergic action
- c. Block calcium channels
- d. Decrease glutaminergic action
- e. Block sodium channels

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Question **59**

Not yet answered

Marked out of 1.00

 Flag question

The term frotteurism means which of the following?

Select one:

- a. Sexual fantasies about exposing the penis to a stranger
- b. Intense, recurrent sexual urges to touch and rub up against non-consenting people
- c. Observing an unsuspecting person who is naked, in the process of undressing, or engaging in a sexual activity
- d. Sexual arousal and satisfaction from the psychological and physical suffering of others

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Question 77

Not yet answered

Marked out of 1.00

 Flag question

A 45-year-old woman with a history of depression tells you that she has difficulty with sexual arousal and is fearful that her husband will have an affair. Which of the following factors would you identify as least significant in contributing to the client's sexual difficulty?

Select one:

- a. Quality of spousal relationship
- b. Medication used
- c. Education and work history
- d. Physical health status

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Question **75**

Not yet answered

Marked out of 1.00

 Flag question

What is the strongest risk factor for youth suicide?

Select one:

- a. Bipolar disorder
 - b. Attention deficit hyperactivity disorder (ADHD)
 - c. Major depression
 - d. Substance use disorder
 - e. Prior history of a suicide attempt
-

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Question **78**

Not yet answered

Marked out of 1.00

🚩 Flag question

Which of the following drugs may be abused because of tolerance and physiologic dependence.

Select one:

- a. Alprazolam and phenobarbital
 - b. Lithium and divalproex
 - c. Clozapine and amitriptyline
 - d. Verapamil and chlorpromazine
-

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Question **81**

Not yet answered

Marked out of 1.00

 Flag question

Before conversion disorder was introduced into the DSM system, it was known as

Select one:

- a. Mental paralysis
- b. Histrionics
- c. Gey forget syndrome
- d. Hysteria
- e. Repression

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Question **99**

Not yet answered

Marked out of 1.00

Flag question

You are interviewing a male client who experience false sensory perceptions with no basis in reality. This perception is known as:

Select one:

- a. Neologisms
 - b. Hallucinations
 - c. Delusions
 - d. Loose associations
-

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Question **2**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following drugs is used for the treatment of attention deficit hyperactivity disorder

Select one:

- a. Atomoxetine
 - b. Palliperidone
 - c. Aripiprazole
 - d. Carbamazepine
 - e. Olanzapine
-

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Question **28**

Not yet answered

Marked out of 1.00

Flag question

The onset of symptoms in autism appears to occur typically:

Select one:

- a. Between ages 5 and 7 years
 - b. Within the first 2 months of life
 - c. After the onset of puberty
 - d. After age 18 years
 - e. Within the first or second year of life
-

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Question 11

Not yet answered

Marked out of 1.00

Flag question

A 7-year-old girl hospitalized for tonsillectomy awakens in the middle of the night and cries out that a "big lion" is in her room. She is relieved when a nurse turns on the light revealing that the 'lion' was an armchair covered with a coat. This experience is an example of

Select one:

- a. A delusion
- b. A dream
- c. A flashback
- d. A hallucination
- e. An illusion



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Question **21**

Not yet answered

Marked out of 1.00

Flag question

The most common cause of suicide is

Select one:

- a. Mood disorder
 - b. Delirium
 - c. Anxiety
 - d. Personality disorder
 - e. Schizophrenia
-

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


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Question **49**

Not yet answered

Marked out of 1.00

 Flag question

The following are psychiatric manifestations seen in Tourette syndrome, EXCEPT:

Select one:

- a. OCD
- b. Mania
- c. ADHD
- d. Personality disorder
- e. Depression

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Question 15

Not yet answered

Marked out of 1.00

 Flag question

When assessing a female client who is receiving tricyclic antidepressant therapy, which of the following would alert you to the possibility that the client is experiencing anticholinergic effects?

Select one:


- a. Urinary retention and blurred vision
 - b. Tremors and cardiac arrhythmias
 - c. Respiratory depression and convulsion
 - d. Delirium and sedation
-

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Question **31**

Not yet answered

Marked out of 1.00

 Flag question

Alcohol may induce the following EXCEPT:

Select one:


- a. Mood disorders
 - b. Anxiety disorders
 - c. Sleep disorders
 - d. Increased libido
 - e. Pathological jealousy
-

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Question **53**

Not yet answered

Marked out of 1.00

 Flag question


In the Four Ps model of psychiatric formulation, which domain of factors is concerned with the features that identify current symptoms, the diagnostic reasoning about the role of inciting events, and possible concurrent illness?

Select one:

- a. Perpetuating
 - b. Protective
 - c. Predisposing
 - d. Precipitating
 - e. Preventive
-






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Question **88**

Not yet answered

Marked out of 1.00


 Flag question

Wernicke-Korsakoff syndrome is seen in chronic alcohol abuse and is characterised by all of the following symptoms EXCEPT:

Select one:

- a. Confabulation
- b. Ataxia
- c. Lack of remote memory
- d. Nystagmus and paralysis of certain ocular muscles
- e. Confusion




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Question **83**

Not yet answered

Marked out of 1.00


 Flag question

Good mental health requires all of the following EXCEPT:

Select one:

- a. Ability to learn from experience
 - b. A sense of self sufficiency and low self esteem
 - c. Ability to experience deep emotion
 - d. Ability to tolerate uncertainty and take risks
 - e. Ability to examine oneself and consider change
-




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Question **36**

Not yet answered

Marked out of 1.00

 Flag question

Malingering is different from somatic symptom disorder because the former:

Select one:

- a. Has evidence of an organic basis
 - b. Stress is expressed through physical symptoms
 - c. Is a deliberate effort to handle upsetting events
 - d. Gratification from the environment is obtained
-



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Question **47**

Not yet answered

Marked out of 1.00

Flag question

In major depression, which of the following is a significant neurotransmitter?

Select one:

- a. Serotonin
 - b. Beta-carotene
 - c. Dopamine
 - d. Acetylcholine
-

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Question 90

Not yet answered

Marked out of 1.00

🚩 Flag question

Which one of the following is not one of the core components associated with dissociative disorders

Select one:

- a. Amnesia
 - b. Confabulation
 - c. Identity confusion
 - d. Identity alteration
 - e. Derealisation
-

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Question **56**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following is NOT a typical neuroleptic?

Select one:


- a. Loxapine
 - b. Paliperidone
 - c. Thiothixene
 - d. Haloperidol
 - e. Thioridazine
-

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Question **33**

Not yet answered

Marked out of 1.00

 Flag question

Dementia unlike delirium is characterized by:

Select one:

- a. Sensory perceptual change
 - b. Slurred speech
 - c. Clouding of consciousness
 - d. Insidious onset
-

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Question **94**

Not yet answered

Marked out of 1.00

 Flag question

Which one of the following antidepressants has the longest half-life?

Select one:


- a. Sertraline
- b. Fluoxetine
- c. Fluvoxamine
- d. Citalopram
- e. Paroxetine

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Question **57**

Not yet answered

Marked out of 1.00

 Flag question

Which One Is false about non benzodiazepine hypnotics

Select one:

- a. Short term treatment of insomnia
 - b. Include: Zaleplon , Zolpidem , Zopiclone
 - c. Have muscle relaxant effects
 - d. Selective agonist of GABA-A benzodiazepine receptors
 - e. Do not have anticonvulsant effects
-

Question 98

Not yet answered

Marked out of 1.00

Flag question

Symptoms of dissociation may be found in all the following conditions except

Select one:

- a. Conversion disorder
- b. Post-traumatic stress disorder (PTSD),
- c. Panic attacks
- d. Somatization disorder may develop dissociative symptoms.
- e. Transvestic fetishism

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Which of the following statements is NOT true?

Select one:

- a. A member of the armed forces cannot be routinely admitted into any psychiatric facility as an involuntary patient
 - b. When a member of the armed forces suffers from a mental disorder while away from his armed forces unit and is admitted into a psychiatric unit, the nearest armed forces unit should still be informed
 - c. A person brought in through an emergency admission should always be admitted into the psychiatric facility by the examining clinician
 - d. Any police officer of or above the rank of inspector may take or cause to be taken into his custody a person who he believes is suffering from a mental disorder and is found within the limits of his jurisdiction
 - e. A person taken into police custody due to a suspected mental disorder should be taken to a mental hospital within 24 hours or within a reasonable time
- 





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Question **46**

Not yet answered

Marked out of 1.00

Flag question

A mother brings in her 30-month-old child because he has not spoken any words yet. What is the best next step?

Select one:

- a. Speech therapy
 - b. Audiometry
 - c. Reassurance
 - d. Chromosomal analysis
 - e. Brain MRI
-

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Question 61

Not yet answered

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 Flag question


During mental state examination, a 16-year-old patient is asked to describe his mood. He answers the following, "My mood is fluctuating, I am up and down". The patient is exhibiting which of the following thought disorders?

Select one:

- a. Tangentiality
- b. Neologism
- c. Thought blocking
- d. No thought disorder is apparent
- e. Clang association

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Question **68**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following psychiatric conditions can predispose to infection with HIV

Select one:

- a. Major depressive disorder
- b. Schizophrenia
- c. Generalised anxiety disorder
- d. PTSD
- e. Bipolar mood disorder

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Question **58**

Not yet answered

Marked out of 1.00

Flag question

The following are contraindications for use of anxiolytics EXCEPT:

Select one:


- a. Severe hepatic impairment
 - b. Pregnancy and breast feeding
 - c. Epilepsy
 - d. Myasthenia Gravis
 - e. Sleep apnoea
-

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Question **80**

Not yet answered

Marked out of 1.00

 Flag question

A male client who reportedly consumes one litre of vodka daily is admitted for alcohol detoxification. To try to prevent alcohol withdrawal symptoms, Dr. Mwaniki is most likely to prescribe which drug?

Select one:

- a. Lorazepam
 - b. Clozapine
 - c. Thiothexine
 - d. Lithium carbonate
-






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Question **79**

Not yet answered

Marked out of 1.00

 Flag question

Family environment and life stressors:

Select one:

- a. Have not yet been studied as a focus of intervention for bipolar disorder
 - b. May cause bipolar disorder
 - c. May exacerbate the cause and severity of bipolar disorder
 - d. Have no role in the treatment of bipolar disorder
 - e. Only play a role in the depressive phase of bipolar disorder
-






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Question **84**

Not yet answered

Marked out of 1.00

 Flag question


The nurse enters the room of a client with a cognitive impairment disorder and asks what day of the week it is: what the date, month, and year are; and where the client is. The nurse is attempting to assess:

Select one:

- a. Delirium
 - b. Confabulation
 - c. Orientation
 - d. Perseveration
-






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Question **42**

Not yet answered

Marked out of 1.00

 Flag question

Mental status of patients with schizophrenia most commonly demonstrates a marked disorder of

Select one:

- a. Mood
 - b. Orientation
 - c. Memory
 - d. Insight
 - e. Thinking
-


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 Flag question

Regarding voluntary admission of patients into a psychiatric unit in Kenya, which of the following is NOT true

Select one:

- a. Persons under the age of 16 years can apply to have themselves voluntarily admitted into a psychiatric hospital
- b. Persons received as a voluntary patients should be reviewed within 72 hours
- c. Persons received as voluntary patients may apply to leave the hospital after a minimum 72 hours.
- d. A person should always be received into a psychiatric facility under the mental health act
- e. Persons under the age of 16 years can only be received as voluntary patients in a psychiatric hospital if their parents or guardians apply for the admission






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Question **95**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following is one of the most influential theories of depression?

Select one:

- a. Berne's Humanistic Theory
- b. Seligman's Learned Helplessness Theory
- c. Freud's Psychodynamic Theory
- d. Beck's Cognitive Theory

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Question **87**

Not yet answered

Marked out of 1.00

🚩 Flag question

Trauma-related arousal and reactivity associated with PTSD includes the following EXCEPT

Select one:

- a. Hyper somnolence
- b. Irritability or aggression
- c. Heightened startle reaction
- d. Hypervigilance
- e. Risky or destructive behaviour

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Question **97**

Not yet answered

Marked out of 1.00

 Flag question

The following vitamin is used to treat
Korsakoff psychosis:

Select one:

- a. Vitamin A
- b. Pyridoxine
- c. Vitamin B7
- d. Vitamin B12
- e. Vitamin B1

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**Question TUU**

Not yet answered

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 Flag question

A group of community nurses sees, and plans care for various clients with different types of problems. Which of the following clients would they consider the most vulnerable to post-traumatic stress disorder?

Select one:

- a. A 40 year old widower who has recently lost his wife to cancer
- b. A 20 year-old college student with diabetes mellitus who experienced date rape
- c. An 8 year old boy with asthma who recently failed a grade in school
- d. A wife of an individual with a severe substance abuse problem

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Question **96**

Not yet answered

Marked out of 1.00

 Flag question

Glucocorticoids inhibits all the following EXCEPT:

Select one:

- a. Corticotrophin releasing factor
- b. Reproduction
- c. Cardiovascular activity
- d. Growth
- e. Immunity

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Question **92**

Not yet answered

Marked out of 1.00

Flag question

Which neurotransmitter is commonly associated with Alzheimer's dementia

Select one:

- a. Dopamine
 - b. Serotonin
 - c. GABA
 - d. Noradrenaline
 - e. Acetylcholine
-

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Question **86**

Not yet answered

Marked out of 1.00

 Flag question

You may avoid provoking aggressive behaviour in your patient by doing the following EXCEPT

Select one:

- a. Remaining calm
 - b. Giving clear instructions
 - c. Avoiding prolonged eye contact
 - d. Being polite
 - e. Maintaining a cluttered room
-

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Question 89

Not yet answered

Marked out of 1.00

 Flag question

ALL of the following are true about tics
EXCEPT:

Select one:

- a. Tics are involuntary, sudden movements or vocal utterances that usually resemble normal behaviour
- b. Multiple tics may occur simultaneously
- c. Tics tend to occur in clusters and wax and wane in frequency and severity
- d. Tics are motor movements or noises that are unconsciously made to manipulate the environment
- e. Solitary tics can occur

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Question **65**

Not yet answered

Marked out of 1.00

🚩 Flag question

It is risky to conduct electroconvulsive therapy in patients with the following conditions EXCEPT

Select one:

- a. Space occupying lesion
 - b. Recent myocardial infarction
 - c. Cerebral aneurysm
 - d. Cerebral oedema
 - e. Controlled hypertension
-

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Question **69**

Not yet answered

Marked out of 1.00

Flag question

Dr Onyango is teaching his students about anxiety medications, he explains that benzodiazepines affect which brain chemical?

Select one:

- a. Gamma-aminobutyric acid (GABA)
 - b. Norepinephrine
 - c. Acetylcholine
 - d. Serotonin
-

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Question **76**

Not yet answered

Marked out of 1.00

 Flag question

One of the major drug therapies for bipolar disorder is

Select one:

- a. Clozapine
 - b. Benzodiazepine
 - c. Lithium carbonate
 - d. Chlorpromazine
-

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Question **51**

Not yet answered

Marked out of 1.00

Flag question

Most persons with intellectual disability in childhood are those with

Select one:


- a. Borderline intellectual disability
- b. Severe intellectual disability
- c. Moderate intellectual disability
- d. Mild intellectual disability
- e. Profound intellectual disability

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Question **67**

Not yet answered

Marked out of 1.00

 Flag question


Which of the following is characteristic of
erectile disorder?

Select one:

- a. First experiencing an erection but then losing tumescence prior to penetration
- b. Losing tumescence during penetration but prior to orgasm
- c. Failure to attain an erection from the outset of sexual activity
- d. All of the above






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Question **82**

Not yet answered

Marked out of 1.00

 Flag question

Which one is NOT a benzodiazepine.

Select one:

- a. Clonazepam
 - b. Clobazam
 - c. Midazolam
 - d. Felbamate
 - e. Clorazepate
-

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Question **72**

Not yet answered

Marked out of 1.00

 Flag question

The aetiology of childhood schizophrenia is most accurately described as

Select one:

- a. Multifactorial
- b. Environmental
- c. Familial
- d. Developmental
- e. Genetic

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Question **27**

Not yet answered

Marked out of 1.00


 Flag question

A 25 year old woman has been taking clonazepam every day for three years for generalized anxiety disorder. She is in town on vacation but forgot her medication at home. When is she most likely to start showing symptoms of withdrawal?

Select one:

- a. 6 days
 - b. 12 hours
 - c. 10 days
 - d. 1 month
 - e. 2 days
-




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Question **50**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following statements is true of exhibitionism- Exhibitionism is:

Select one:


- a. Mostly affects single men
 - b. Most are drug addicts
 - c. A sexual dysfunction
 - d. Most are sex workers
 - e. Most commonly found in male
-

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Question **29**

Not yet answered

Marked out of 1.00

 Flag question

infection. The most likely diagnosis is:

Select one:


- a. Orthopnoea
 - b. Drug overdose
 - c. Tardive dyskinesia
 - d. Neuroleptic malignant syndrome
 - e. Drug induced Parkinsonism
-

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Question **70**

Not yet answered

Marked out of 1.00

 Flag question

HIV Associated Neurocognitive Disorders (HANDs) are a common presentation in Psychiatry. Which of the following is not a risk factor for HANDs?

Select one:

- a. Level of education
 - b. Co-morbid- hepatitis B and C
 - c. Co-morbid IDU
 - d. Age- (old)
 - e. Female sex
-




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Question **55**

Not yet answered

Marked out of 1.00

 Flag question

A 50 year old man is admitted for a femur fracture following a motor vehicle collision. Two days after admission he becomes very agitated, tremulous, diaphoretic, tachycardic and hypertensive. From which substance might he be withdrawing?

Select one:

- a. Oxycodone
 - b. Marijuana
 - c. Heroin
 - d. Cocaine
 - e. Alcohol
-






Question 63

Not yet answered


Marked out of 1.00

 Flag question

In the Four P's model of psychiatric formulation, which domain of factors is concerned with features that make the presenting condition endure, such as the severity of the condition and compliance issues

Select one:

- a. Precipitating
 - b. Predisposing
 - c. Permanence
 - d. Perpetuating
 - e. Protective
-

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Question **74**

Not yet answered

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 Flag question

Which of the following is not a type of dementia?

Select one:

- a. Alzheimer
- b. HIV associated
- c. Pick's
- d. Frontal temporal
- e. Fentil

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Question **73**

Not yet answered

Marked out of 1.00

Flag question

Which of the following is an example of a specific learning disability?

Select one:

- a. Dyslexia
 - b. Phobia
 - c. Autism spectrum disorder
 - d. Intellectual disability
 - e. ADHD
-

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Question 43

Not yet answered

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 Flag question

A 5 year old boy is diagnosed to have autism spectrum disorder. Which of the following manifestations may be noted in this boy?

Select one:

- a. Intolerance to change, disturbed relatedness, stereotypes
 - b. Distractibility, impulsiveness and over activity
 - c. Argumentativeness, disobedience, angry outbursts
 - d. Aggression, truancy, stealing and lying
-

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**Question 45**

Not yet answered

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Flag question

A male client is brought to the psychiatric clinic by family members, who tell the admitting nurse that the client repeatedly drives while intoxicated despite their pleas to stop. During an interview with the nurse, which statement by the client most strongly supports a diagnosis of psychoactive substance abuse?

Select one:

- a. "I only spend half of my salary at the bar"
- b. "I just drink to relax after work"
- c. "I am not addicted to alcohol. In fact, I can drink more than I used to without being affected"
- d. "Yes, I have been arrested three times for drinking and driving, but the police are just trying to get a bribe from me"






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Question **23**

Not yet answered

Marked out of 1.00

 Flag question

Associated with sleep apnoea include the following EXCEPT:

Select one:

- a. Personality changes
 - b. Euphoria
 - c. Depressed mood
 - d. Day time somnolence
 - e. Inability to concentrate
-

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Question **44**

Not yet answered

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Flag question

Multiple lines of evidence support the role of which neurotransmitter in the aetiology of ADHD and in the response to treatment?

Select one:

- a. Serotonin
 - b. Glutamate
 - c. Substance P
 - d. Dopamine
 - e. Norepinephrine
-

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Question **64**

Not yet answered

Marked out of 1.00

Flag question

Which of the following behaviours by a client with dependent personality disorder shows the client has made progress toward the goal of increasing problem-solving skills?

Select one:

- a. The client asks questions
 - b. The client is courteous
 - c. The client controls emotions
 - d. The client stops acting out
-

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Question 5

Not yet answered

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Flag question

A patient with panic disorder can become agoraphobic if:

Select one:

- a. A stressful experience occurs
- b. A patient has deep seated conflicts
- c. Medication side effects predominate
- d. The patient becomes frightened of situations in which anxiety attacks were experienced
- e. Phobic and anxiety traits are inherited together

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Question **39**

Not yet answered

Marked out of 1.00

Flag question

A patient is admitted to Avenue hospital with a psychotic disorder. During the next several days, the patient is seen laughing, yelling, and talking to herself. This behaviour is characteristic of:

Select one:

- a. Illusion
 - b. Delusion
 - c. Hallucination
 - d. Looseness of association
-



Question 16

Not yet answered

Marked out of 1.00

🚩 Flag question

Which of the following is not classified under cluster B personality disorders in the DSM 5?

Select one:

- a. Obsessive-Compulsive Personality Disorder
- b. Histrionic Personality Disorder
- c. Antisocial Personality Disorder
- d. Narcissistic Personality Disorder
- e. Borderline Personality Disorder

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Question 20

Not yet answered

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Flag question

Which of the following is the most commonly used projective technique in child psychiatry interview in order for the child to express concerns indirectly

Select one:

- a. Having the child climb stairs to assess gross motor development
 - b. Assessing fund of knowledge
 - c. Drawing
 - d. Asking questions about specific symptoms
 - e. Asking the child how he feels
-

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Question 30

Not yet answered


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 Flag question

Important teaching for women in their childbearing years who are receiving antipsychotic medications includes which of the following?

Select one:

- a. Continuing use of previous contraception during periods of amenorrhoea
 - b. Increased incidence of dysmenorrhea while taking the drug
 - c. Instruction that amenorrhoea is irreversible
 - d. Occurrence of increased libido due to medication adverse effects
-


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Question 9

Not yet answered

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Flag question

Which of the following is not a common motor symptom of conversion disorder

Select one:

- a. Paralysis
- b. Impaired balance
- c. Muteness
- d. Double vision
- e. Urinary retention

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Question **10**

Not yet answered

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 Flag question

HIV status may provoke psychiatric disorders or exacerbate existing psychiatric disorders. This includes all the following EXCEPT

Select one:

- a. Paraphilias
 - b. Adjustment disorders
 - c. Substance use disorders
 - d. Depression
 - e. Anxiety
-

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Question **32**

Not yet answered

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 Flag question

The most common psychiatric disorder associated with Cushing's syndrome is

Select one:

- a. Mania
 - b. Anxiety
 - c. Depression 70%
 - d. Psychosis
 - e. Nocturnal enuresis
-

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Question **6**

Not yet answered

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Flag question

All of the following conditions exacerbate tics
EXCEPT:

Select one:

- a. Sleep
 - b. Stress
 - c. Fatigue
 - d. An exciting event
 - e. Boredom
-

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Question **38**

Not yet answered

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Flag question

The following may help prevent suicide
EXCEPT:

Select one:

- a. Cognitive behavioural therapy
 - b. Use of substances
 - c. Media campaigns
 - d. Medication such as lithium
 - e. Reduce access to methods e.g. gun control
-

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Question **8**

Not yet answered

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Flag question

Korsakoff psychosis is due to intake of

Select one:

- a. Cannabis
 - b. Amphetamines
 - c. Cocaine
 - d. Alcohol
 - e. Opium
-

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Question 3

Not yet answered

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 Flag question

Insight:**Select one:**

- a. Involves getting the patient to predict what he/she would do in an imaginary situation
 - b. Is a patient's degree of awareness and understanding about being ill
 - c. Is the ability to deal with concepts
 - d. Is the same as judgement
 - e. It involves unconsciously making up false answers when memory is impaired
-

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Question **18**

Not yet answered

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 Flag question

The nurse is caring for an adolescent female who reports amenorrhea, weight loss, and depression. Which additional assessment finding would suggest that the woman has an eating disorder?

Select one:

- a. Oily skin
 - b. Wearing tight fitting clothing
 - c. Excessive and ritualized exercise
 - d. Increased blood pressure
-

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Question 7

Not yet answered

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Flag question

In Post-traumatic stress disorder (PTSD), criterion B (Intrusion symptoms) include all the following EXCEPT:

Select one:


- a. Flashbacks of the traumatic experience
- b. Unwanted upsetting memories of the traumatic experience
- c. Repeated Nightmares
- d. Emotional distress after exposure to traumatic reminders
- e. Refusal to have anything to do with site of trauma **AVOIDANCE**

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Question 1

Not yet answered

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 Flag question

Disorientation, altered consciousness, confusion, agitation, restlessness with hallucinations may signal

Select one:

- a. Conversion
- b. Schizophrenia
- c. Delirium
- d. Pseudologia
- e. Depression



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Question **19**

Not yet answered

Marked out of 1.00

Flag question

A client taking the monoamine oxidase inhibitor (MAOI) antidepressant isocarboxazid is instructed by the nurse to avoid which foods and beverages?

Select one:

- a. Carbonated beverages and tomato products
- b. Milk and green leafy vegetables
- c. Aged cheese and red wine
- d. Lean red meats and fruit juices

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Question **13**

Not yet answered

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🚩 Flag question

When assessing a male client for suicidal risk, which of the following methods of suicide would you identify as most lethal?

Select one:


- a. Use of a gun
 - b. Aspirin overdose
 - c. Head banging
 - d. Wrist cutting
-

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Question **24**

Not yet answered

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 Flag question

A false belief unexplained by reality, which is shared by a number of people is:

Select one:

- a. Obsession
 - b. Superstition
 - c. Hallucination
 - d. Illusion
 - e. Delusion
-

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Question **91**

Not yet answered

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 Flag question

Which of the following antidepressants carries the highest risk of weight gain?

Select one:


- a. Mirtazapine
 - b. Venlafaxine
 - c. Citalopram
 - d. Bupropion
 - e. Fluvoxamine
-

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Question **85**

Not yet answered

Marked out of 1.00

 Flag question

A person with antisocial personality disorder has difficulty relating to others because of never having learned to:

Select one:

- a. Be dependent on others
 - b. Communicate with others socially
 - c. Empathize with others
 - d. Count on others
-

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Question 71

Not yet answered

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 Flag question

All of the following are true of early neural development EXCEPT


Select one:

- a. Environmental factors can influence brain development
- b. Neuronal activity may be required for proliferation and refinement of connections
- c. Instructions contained in the genetic code drive development
- d. Neuronal connections can be made through out life
- e. Neuronal connections are strengthened through pruning of synaptic connections



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Question 62

Not yet answered

Marked out of 1.00

 Flag question

The characteristic manifestation that will differentiate bulimia nervosa from anorexia nervosa is that bulimic individuals

Select one:


- a. Have episodic binge eating and purging A
- b. Have repeated attempts to stabilise their weight
- c. Have peculiar food handling patterns
- d. Have threatened self esteem

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Question **60**

Not yet answered

Marked out of 1.00

 Flag question

Anticonvulsant medication may be used in the following conditions EXCEPT:

Select one:

- a. Bipolar disorder
 - b. Mood stabilizers
 - c. Narcissistic personality disorder
 - d. Neuropathic pain
 - e. Borderline personality disorder
-

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In disorders of sexuality and sexual functioning, the term gender identity disorder refers to:

Select one:

- a. Sexual urges or fantasies involving unusual sources of gratification problems
- b. An individual is dissatisfied with their own biological sex and have a strong desire to be a member of the opposite sex
- c. Problems with sexual fantasies
- d. Problems with the normal sexual response cycle



Question 37


Not yet answered

Marked out of 1.00

 Flag question

Juma, a -7-year-old boy is brought to you by his parents on a referral by the school where the child is in class one. Juma has no major discipline problems but he often answers questions without being called on. His schoolwork is adequate, but his teacher believes "he could do better". He has difficulty completing tasks and appears to spend most of the class time daydreaming. The most likely diagnosis is

Select one:

- a. Autism Spectrum Disorder
 - b. Attention deficit hyperactivity disorder (ADHD)
 - c. Intellectual disability
 - d. Post-traumatic stress disorder
 - e. Conduct disorder
- 






Question 35

Not yet answered

Marked out of 1.00

 Flag question

Which of the following forms of behaviour would imply a diagnosis of gender dysphoria

Select one:

- a. Females who are sexually attracted to both females and males
- b. Males who get sexually turned on by wearing female clothes
- c. Females who have male biological characteristics
- d. Females who feel like a man trapped in a woman's body
- e. Males who are sexually attracted to and prefer other males as sexual partners

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Question **25**

Not yet answered

Marked out of 1.00

 Flag question

Clozapine is a drug indicated for the resistant symptoms of

Select one:


- a. Panic disorder
 - b. Alzheimer's disease
 - c. Schizophrenia
 - d. Major depression
 - e. Bipolar disorder
-

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Question **26**

Not yet answered

Marked out of 1.00

 Flag question

A 34-year-old woman is admitted for treatment of depression. Which of these symptoms would you be least likely to find in the initial assessment?

Select one:

- a. Inability to make decisions
 - b. Increased interest in sex
 - c. Feelings of hopelessness
 - d. Family history of depression
-

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Question **34**

Not yet answered

Marked out of 1.00

 Flag question

A 10 year old child has very limited vocabulary and interaction skills. She has an I.Q. of 45. She is diagnosed to have intellectual disability of this classification:

Select one:

- a. Mild
 - b. Severe
 - c. Profound
 - d. Moderate
-

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Question 22

Not yet answered

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Flag question

Which of the following is NOT true of tardive dyskinesia?

Select one:

- a. Increased doses of the neuroleptics may cause apparent temporary improvement
- b. Fasciculation of the tongue may be the earliest symptom
- c. Symptoms are eased by anticholinergic medication
- d. The syndrome can usually be reversed if detected early and neuroleptics discontinued
- e. Patients should be screened every six months for early signs and should be maintained on lowest possible neuroleptic dose to minimise this side effect






Question 17


Not yet answered

Marked out of 1.00

 Flag question

Which of the following is true of extrapyramidal side effects

Select one:

- a. They occur more commonly in high potency neuroleptics compared to the low potency ones
 - b. Prophylaxis of acute dystonic reactions is accomplished with regular orally administered anticholinergic medication
 - c. They result from serotonin receptor blockade in the basal ganglia
 - d. They are more common in young female patients compared to their male counterparts
 - e. They can only be caused by antipsychotics
- 






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Question **12**

Not yet answered

Marked out of 1.00

 Flag question

Which of the following is not associated with dementia?

Select one:

- a. Agnosia
 - b. Derangement in abstract thinking
 - c. Clouding of consciousness
 - d. Personality change
 - e. Loss of short term and long term memory
-

NOT YET ANSWERED

Marked out of 1.00

Flag question

Regarding involuntary admission of patients into a psychiatric facility in Kenya, which of the following is TRUE?

Select one:

- a. The medical examiner making the recommendation does not have to examine the patient, but goes with the relatives wishes to have the patient admitted.
- b. A patient can apply to be received into a facility as an involuntary patient
- c. An involuntary patient cannot be admitted into a mental hospital for any continuous period exceeding twelve months
- d. A person received as an involuntary patient may be admitted into a psychiatric facility for a period not exceeding six months and this period cannot be extended **CAN BE EXTENDED**
- e. When a person is admitted involuntarily, even the mental health board has no authority to discharge him **has authority**





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Information

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In infant and toddler assessments, observations of play can be important in obtaining additional information about the child including ALL of the following EXCEPT:

Select one:

- a. Symbolic/linguistic development
- b. Social development
- c. Cognitive development
- d. Intellectual Quotient
- e. Motor development