**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF YEAR TWO SEMESTER ONE EXAMINATION**

**MARCH 2015 KRCHN CLASS (PRE-SERVICE)**

**PSYCHIATRIC EXAMINATION**

DATE: …………………… TIME:…………………..

**INSTRUCTIONS**

1. Read the questions carefully and answer only what is asked.
2. Enter your examination number and question number on each page used.
3. ALL questions are compulsory.
4. For part 1 (MCQs), write the answer in the spaces provided on the answer booklet and each MCQ is one (1) mark.
5. For Part 2 (SHORT ANSWER QUESTIONS), answer the questions following each other.
6. For Part 3 (LONG ANSWER QUESTIONS), answer to each question MUST start on a separate page.
7. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
8. Do NOT use a pencil.
9. Mobile phones are NOT allowed in the examination hall.

For Examiner:

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| --- | --- | --- | --- | --- |
| **MCQS** | **SAQS** | **LAQS 1** | **LAQS 2** | **TOTAL** |
|  |  |  |  |  |

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) PSYCHIATRY–10 MARKS**

Q.1. According to Sigmoid Frecid, psychoanalytic theory:

1. Latent phase is where there is no sexual interest and this divides boys and girls in different groups.
2. Phallic phase is when the capacity for objective and mature sex is developed.
3. Genital phase is the time when satisfaction is obtained by actions of suckling and biting.
4. Oral phase is where satisfaction is obtained through the anal activity or action.

Q.2. Which of the following represent symptoms of mental disorder according to symptomatology of mental illness:

1. Elation, depression, blunted mood, stupor.
2. Stupor, agitation, confusion, anger.
3. Delirium, raised blood pressure, depression, elation.
4. Incongruent mood, mannerisms, negativism, raised temperature.

Q.3. Anxiety neurosis is a minor mental disorder with many symptoms which include:

1. Trembling, dry mouth, restlessness.
2. Palpitations, sweating, shortness of breath.
3. Irritability, frequent urination, difficult concentration.
4. Hot flashes, muscle soreness, lack of sleep.

Q.4. Which of the following best represent psychosomatic disorders:

1. Asthmatic attack, essential hypertension.
2. Essential hypertension, tuberculosis.
3. Asthmatic attack, meningitis.
4. Peptic ulcer, pancreatitis.

Q.5. Depressive disorder presents with features which include:

1. Early morning awakening, quick thoughts and actions.
2. Suicidal attempt, early morning awakening.
3. Late morning awakening, slow thoughts and actions.
4. Elated mood, suicidal attempt.

Q.6. Which of the following groups represent disorders of childhood:

1. Nocturnal enuresis, school phobia.
2. School phobia, manic disorder.
3. Schizophrenia, nocturnal enuresis.
4. Temper tantrums, depression.

Q.7. One of the following groups of drugs represent drugs used as major tranquilizers in managing mental illness:

1. Chlorpromazine, Stellazine, haloperidol.
2. Haloperidol, stellazine, mogadon.
3. Mogadon, diazepam, thioridazine.
4. Chropromazine, diazepam, Ativan.

Q.8. Antidepressants produce under desired reactions which include:

1. Dryness of the mouth, raise concentration of neurotransmitters.
2. Blurred vision, tachycardia.
3. Tachycardia, raised mood.
4. Blurred vision, improved activity.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) PSYCHIATRY–10 MARKS**

Q.9. Which of the following represent some of the side effects of major tranquilizers:

1. Which of the following represent some of the side effects of major tranquilizers:
2. Oculogyric crisis, pseudo-parkinsonism.
3. Postural hypotention, anaemia.
4. Constipation, anorexia.

Q.10. To admit a patient suffering from mental disorder from another country to a mental hospital in Kenya, the government of that country would apply in writing to the:

1. Minister of health.
2. Mental health board.
3. Medical practitioner and dentist board.
4. Director of medical services.

**PART TWO: SHORT ANSWER QUESTIONS – PSYCHIATRY – 20 MARKS**

Q.1. List four (4) aetiological factors attributed to the causes of mental illness. 4 marks

Q.2. Name two (2) personality factors which predispose one to develop mental disorder.2marks

Q.3. List any five (5) symptoms of mental illness according to psymptomatology of

psychiatric illness. 5 marks

Q.4. Define the following terms according to WHO:

1. Mental health.
2. Mental illness. 4 marks

Q.5. Name the two (2) major classification of mental illness/mental disorders. 1 mark

Q.6. List the four (4) periods in the developmental trends of psychiatric nursing. 4 marks

**PART THREE: ESSAY ANSWER QUESTIONS – PSYCHIATRY – 20 MARKS**

Q.1. Mr Anderson has been brought to a psychiatric unit suffering from manic disorder.

1. Define manic disorder. 2 marks
2. Formulate two (2) nursing diagnosis for Mr Anderson. 2 marks
3. List four (4) clinical features that Mr Anderson will present with. 4 marks
4. Describe the management of Mr Anderson from admission until he is

discharged. 12 marks