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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Diploma in Clinical Medicine &Surgery**

**(Health Systems management I)**

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**Lecturer’s Details**

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# Course Outline for Health Systems Management I

**Code:** **HSM213**

**Hours:** 30

**Credit:** 3

**Competence**

To enable the learner manage health services.

**Outcomes**

1. Explain concepts, roles and functions of leadership and Management
2. Explain the organization of health care services
3. Appreciate the role of human resource management for effective health care service delivery
4. Demonstrate effective communication within healthcare organizations
5. Apply principles of commodity and supplies management

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** |  |  | **Introduction to leadership and management;** definitions; importance of studying management; historical development of management and concepts, theories, |
| **Week 2:** |  |  | principles and functions of management; differentiate between leadership and management; |
| **Week 3** |  |  | qualities of a leader and styles of leadership,roles,skills |
| **Week 4** |  |  | organizational behaviour and group dynamics, definition of mission and vision; importance of personal and organizational missions and vision statements |
| **Week 5:** |  |  | **organization of health care services;** organization structure: purpose, types, functions, organizational structure of the health care system |
| **Week 6:** |  |  | structures, functions, health services delivery; levels of service, health services at each level, actors, cadres, referral system in Kenya. |
| **Week 7:** |  |  | **resource management**; concepts, principles, practices in human resource management; |
| **Week 8:** |  |  | recruitment, orientation, deployment performance management, counselling and coaching, motivation, work climate |
| **Week 9:** |  |  | **CATs,** |
| **Week 10:** |  |  | conflict resolution; grievances; code of regulation, managing change, human resource development; cycle, continuous professional development, job description, job analysis, |
| **Week 11** |  |  | professionalism and work ethics, medico – legal issues, occupational hazards, workman compensation act, disciplinary process; decision – making, planning meetings |
| **Week 12:** |  |  | . **Communication and networking;** basics of effective communication, effective communication skills, public speaking, report writing |
| **Week 13:** |  |  | networking, advocacy, negotiation partnership, inter/intra‐sectoral collaboration, conducting meetings. |
| **Week 14:** |  |  | . **Commodity and supplies management;** commodity management cycle: selection, procurement, distribution, use and disposal |
| **Week 15:** |  |  | inventory management procedures, procurement procedures, |
| **Week 16:** |  |  | ethical and legal implications in commodity and supplies management. |
| **Week 17:** |  |  | Study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Introduction to leadership and management;** definitions; importance of studying management; historical development of management and concepts, theories, principles and functions of management; differentiate between leadership and management; qualities of a leader and styles of leadership. organizational behaviour and group dynamics, definition of mission and vision; importance of personal and organizational missions and vision statements **organization of health care services;** organization structure: purpose, types, functions, organizational structure of the health care system; structures, functions, health services delivery; levels of service, health services at each level, actors, cadres, referral system in Kenya. **human resource management**; concepts, principles, practices in human resource management; recruitment, orientation, deployment performance management, counselling and coaching, motivation, work climate, conflict resolution; grievances; code of regulation, managing change, human resource development; cycle, continuous professional development, job description, job analysis, professionalism and work ethics, medico – legal issues, occupational hazards, workman compensation act, disciplinary process; decision – making, planning meetings. **Communication and networking;** basics of effective communication, effective communication skills, public speaking, report writing, networking, advocacy, negotiation partnership, inter/intra‐sectoral collaboration, conducting meetings. **Commodity and supplies management;** commodity management cycle: selection, procurement, distribution, use and disposal, inventory management procedures, procurement procedures, ethical and legal implications in commodity and supplies management.

**Teaching Strategies**

1. Interactive lecture

2. Small groups discussions

3. Power point presentation

4. E-learning

5. Problem based learning

6. Study guides

**12.6. Teaching / Learning Resources**

Text books, study guides, journals , internet, LCD Projectors, Laptops , white board, whiteboard markers,

**12.7. Assessment strategies**

1. ***Formative;*** continuous assessment tests, clinical assessment, random tests, end of semester examination, etc.
2. ***Summative;*** OSCE, Clinical assessments, logbooks, research defense, FQE.

**References/Further Readings**

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Diploma in Clinical Medicine &Surgery**

**( Research)**

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**Lecturer’s Details**

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| **Qualifications:** |  |
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| **Signature:** |  |
| **Date:** |  |

# Course Outline for Research

**Module 25: Research**

**Code: RES 106**

**Hours: 60**

**Credit: 06**

**Pre-requisite:-** Introduction to basic principles of research

**Module Competence:** This module is designed to enable the learner to acquire knowledge and skills to conduct scientific research.

**Module Outcomes**

By the end of this module the learner should:

1. Demonstrate understanding of the concept of research and its application.
2. Apply knowledge and skills of research process and methodology in proposal writing.
3. Apply knowledge on basic statistics.
4. Conduct submit research dissertation.

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** | **Concepts of research** |  | Definitions of research, research types**,** purposes of research,designs, types**,** designs, methods |
| **Week 2:** |  |  | types**,** designs, methods advantages and disadvantages of each of the methods and designs and methods. When are they used |
| **Week 3** | **Research process** |  | principles of research. |
| **Week 4** |  |  | , identification, prioritization of research problem, hypothesis, research questions |
| **Week 5:** |  |  | literature review, referencing, citation |
| **Week 6:** |  |  | methodology and protocol development, , instrument development, sampling procedures, data collection, processing, analysis, interpretation, and |
| **Week 7:** |  |  | presentation and report writing |
| **Week 8:** |  |  | CAT |
| **Week 9:** | **Basic statistics** |  | nomenclature, health data gathering, |
| **Week 10:** |  |  | birth rates, morbidity rates, mortality rates, descriptive and Inferential statistics |
| **Week 11** |  |  | descriptive and Inferential statistics |
| **Week 12:** |  |  | descriptive and Inferential statistics |
| **Week 13:** |  |  | descriptive and Inferential statistics |
| **Week 14:** |  |  | descriptive and Inferential statistics |
| **Week 15:** |  |  |  |
| **Week 16:** |  |  |  |
| **Week 17:** |  |  | Study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Concepts and purpose of research**; types**,** designs, methods. **Research process;** principles of research methodology and protocol development, identification, prioritization of research problem, hypothesis, research questions, literature review, referencing, citation, instrument development, sampling procedures, data collection, processing, analysis, interpretation, and presentation and report writing. **Basic statistics** nomenclature, health data gathering, birth rates, morbidity rates, mortality rates, descriptive and Inferential statistics. **Research publication;**

**Teaching Strategies**; Lectures, tutorials and group discussions.

**Teaching/Learning Resources**:

Laptop computer, overhead projector, LCD projector, white board markers, permanent markers, white board, Charts, 3D Pictures.

**Assessment Strategies;**

**Formative;** Continuous assessment tests, individual assignments and group assignments **Summative;** End of module examination

**References/Further Readings;**

Newmann L. (2008). Social Research Methods: Qualitative Approaches. (2nd Edition). Aryl and

Bacon Publishers

Baker D. J. P. (2008). Practical Epidemiology.(1st Edition). London, UK. ELBS

Mugenda O. M. (2007). Research Methods, Qualitative and Quantitative Approaches. (2nd

Edition). ACTS Press

Rao S. (2006). Introduction to Biostatistics and Research Methods.(2nd Edition) Jaypee brothers

Publishers

Kothari C.R., (2004). Research Methodology: Methods and Techniques.(1st Edition). New Age

Publishers

**e-resources;** case studies, case scenarios, simulations, softwares

Nyarango, P., Nordberg, E. Liambila (2005): *Health Planning and Management for Health Care managers in Developing Countries* (2nd Edition).(Manuscript, edited by, W.N; Onyayo S, :Nangami, M.)

Sullivan, Eleanor J., and Phillip J. Decker. *Effective Leadership and Management in Nursing.* 4th ed. Menlo Park, CA: Addison Wesley Nursing, 1997.

Tim Hannagan(2011).management concepts and practices. 5th edition Pearson Education Gate Harlow England

Weaver, C. A, Bell, Kim, G.R. and Kiel, J.M. (2016), Health care Information. (Editors). E-book.

Wolper, L.F. (2010), Health Care administration managing delivery. E-book. Jones and Barttlet publishers

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Diploma in Clinical Medicine &Surgery**

**(Health statistics)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Lecturer’s Details**

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| **Qualifications:** |  |
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# Course Outline for Health Statistics

**Code:** **HST 213**

**Hours:** 30

**Credit:** 3

**Competence**

This module is designed to enable the learner in apply principles of statistics in health care services.

**Module Outcomes**

By the end of this module the learner should:

1. Demonstrate understanding of the history and application of statistics in health care
2. Apply measures of central tendency in data analysis
3. Apply measures of dispersion in data analysis
4. Categorize data effectively
5. Apply various approaches in data analysis and presentation

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** |  |  | Introduction to statistics; Definitions, history, characteristics of the various statistics, types, application of statistics, |
| **Week 2:** |  |  | Scales of Measurement, Nominal, ordinal, interval, ratio, scale |
| **Week 3** |  |  | Measures of Central Tendency; Calculation, interpretation, grouped data, ungrouped data, mode, median, and mean |
| **Week 4** |  |  | Measures of dispersion; range, inter-quartile range, semi inter-quartile range |
| **Week 5:** |  |  | Standard deviation, variance, Percentiles, Skewness. |
| **Week 6:** |  |  | Statistical Data; Primary and secondary, Numerical and categorical, |
| **Week 7:** |  |  | Grouped and ungrouped, Vital statistics, Calculation of demographic rates. |
| **Week 8:** |  |  |  |
| **Week 9:** |  |  | **CATs,** |
| **Week 10:** |  |  | Data analysis and presentation; Introduction to data analysis, interpretation and presentation. |
| **Week 11** |  |  |  |
| **Week 12:** |  |  |  |
| **Week 13:** |  |  |  |
| **Week 14:** |  |  |  |
| **Week 15:** |  |  |  |
| **Week 16:** |  |  |  |
| **Week 17:** |  |  | Study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Introduction to statistics;** Definitions, history, characteristics of the various statistics,types, application of statistics, Scales of Measurement,Nominal, ordinal, interval, ratio, scale. **Measures of Central Tendency;** Calculation, interpretation, grouped data, ungrouped data, mode, median, and mean. **Measures of dispersion;** range, inter-quartile range, semi inter-quartile range, Standard deviation, variance, Percentiles, Skewness. **Statistical Data;** Primary and secondary, Numerical and categorical, Grouped and ungrouped, Vital statistics, Calculation of demographic rates. **Data analysis and presentation;** Introduction to data analysis, interpretation and presentation.

**Teaching Strategies**

Inter active lectures, small group tutorials and group assignments presentations

**12.6. Teaching / Learning Resources**

Text books, study guides, journals, internet, LCD Projectors, Laptops , white board, whiteboard markers,

**12.7. Assessment strategies**

1. ***Formative;*** continuous assessment tests, clinical assessment, random tests, end of semester examination, etc.
2. ***Summative;*** OSCE, Clinical assessments, logbooks, research defense, FQE.

**References/Further Readings**

Afubwa,S.O & Mwanthi, M.A. (2014) *Environmental Health and Occupational health &*

*Safety*. Nairobi: A crocodile Publishing Ltd.

Tranter, M. (2004): Occupational Hygiene and Risk Management. Allen & Unwin.

Lewis, J. & Thormbory,G (2006).Employment Law and Occupational Health: A practical

Handbook, Blackwell

Staren S. Sadhra,K.G.R (1999). Occupational Health risk assessment Occupational &

Environmental Medicine, 4th Edition,

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**KENYA MEDICAL TRAINING COLLEGE**

**DEPARTMENT OF CLINICAL MEDICINE**

**(Pharmacology and therapeutics III)**

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**Lecturer’s Details**

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| **Date:** |  |

# Course Outline for Pharmacology and Therapeutics III

**Code:** PTH 213

**Hours:** 30

**Credit:** 3

**Competence**

Demonstrate understanding of the uses of autacoid drugs and to utilize specific drugs to manage digestive and respiratory system conditions.

**Outcomes**

1. Demonstrate understanding of autacoids and their uses
2. Prescribe the various drugs for digestive system diseases effectively
3. Manage respiratory system conditions appropriately with drugs

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| Week | Dates | | Unit |
| **From** | **To** |
| **Week 1:** |  |  | **Autacoids;** definition, actions of autacoids, classification of autacoids, amine autacoids (histamine, 5-Hydroxytryptamine/serotonin) |
| **Week 2:** |  |  | Lipid-derived autacoids; eicosanoids (prostaglandins, leukotrienes), platelet activating factor |
| **Week 3** |  |  | Peptide autacoids; bradykinins, angiotensin. |
| **Week 4** |  |  | **Drugs Acting on the Digestive System;** classification, drugs used in peptic ulcer disease (antacids, H2 receptor antagonists, proton pump inhibitors,prostaglandin analogues, selective antimuscarinic chelate complexes), |
| **Week 5:** |  |  | **Drugs Acting on the Digestive System;** antispasmodics and drugs affecting gut motility |
| **Week 6:** |  |  | **Drugs Acting on the Digestive System;** emetics, anti-emetics. |
| **Week 7:** |  |  | **Drugs Acting on the Digestive System;** antidiarrhoeal drugs |
| **Week 8:** |  |  | **Drugs Acting on the Digestive System;** laxatives and bowel cleansing solutions, local preparations (anal and rectal preparations) |
| **Week 9:** |  |  | **CATs** |
| **Week 10:** |  |  | **Drugs Acting on the Digestive System;** nutrients preparations (IV fluids and feeds, vitamins). |
| **Week 11** |  |  | **Drugs Acting on the Respiratory System;** classification, preparations for cough (suppressants, expectorants, mucolytics) |
| **Week 12:** |  |  | Drugsfor bronchial asthma; bronchodilators ( α- and β-adrenoreceptors, selective β2 stimulants) |
| **Week 13:** |  |  | Compound bronchodilator preparations |
| **Week 14:** |  |  | Drugs for bronchial asthma; corticosteroids and mast cell stabilizers, inhaler devices and nebulizers |
| **Week 15:** |  |  | Pulmonary surfactants and oxygen |
| **Week 16:** |  |  | Antihistamines (sedating and non-sedating), anti-allergic drugs. |
| **Week 17:** |  |  | Study Week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Autacoids;** definition, actions of autacoids, classification of autacoids, amine autacoids, lipid-derived autacoids, peptide autacoids, cytokines, eicosanoids, bradykinins. **Drugs Acting on the Digestive System;** classification, drugs used in peptic ulcer disease (antacids, H2 receptor antagonists, proton pump inhibitors,prostaglandin analogues, selective antimuscarinic chelate complexes),antispasmodics and drugs affecting gut motility, antidiarrhoeal drugs, laxatives and bowel cleansing solutions, nutrients preparations (IV fluids and feeds, vitamins),local preparations (anal and rectal preparations), emetics, anti-emetics. **Drugs Acting on the Respiratory System;** classification, preparations for cough (suppressants, expectorants, mucolytics), drugs for bronchial asthma (bronchodilators (α- and β-adrenoreceptors, selective β2 stimulants, compound bronchodilator preparations), corticosteroids and mast cell stabilizers; inhaler devices and nebulizers), pulmonary surfactants and oxygen, antihistamines (sedating and non-sedating), anti-allergic drugs.

**Teaching Strategies**

Interactive Lectures, Small Group Assignments, Small Group Discussions

**Teaching/Learning Resources**

Computer, Overhead Projector, LCD Projector, White Board Markers, Permanent Markers, White Board, Charts, Chalk, Chalk Board.

**Assessment Strategies**

***Formative*:** Continuous Assessment Tests, Individual Assignments and Group Assignments

***Summative*:** End of Semester Examination

**References/Further Readings**

1. Bennett, P., & Brown, M. (2009). *Clinical Pharmacology.* London: Churchill Livingstone, ELSEVIER.
2. Katzung, B. G., & Trevor, A. J. (2012). *Basic & Clinical Pharmacology.* London: LANGE.

Mary, J. (2008). *Pharmacology*, Lippincott Williams and Wilkins

1. Njau, E. (2014). *Pharmacology and Therapeutics.* Nairobi: Amref.
2. Rang, H., Dale, M., Ritter, J., Flower, R., & Henderson, G. (2012). *Rang and Dale`s Pharmacology.* London: Churchill Livingstone, ELSEVIER.

Satoskar, R. (2007). *Pharmacology and Pharmacotherapeutics* 6th edition.

1. Tripathi, K. (2013). *Essentials of Medical Pharmacology.* 4th edition. New Delhi: Jaypee.

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Higher Diploma in Clinical Medicine &Surgery**

**(Paediatrics and Child Health I)**

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**Lecturer’s Details**

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| **Qualifications:** |  |
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| **Signature:** |  |
| **Date:** |  |

# Course Outline for Paediatrics and Child Health I

**Code:** **PCH 216**

**Hours:** 60

**Credit:** 6

**Pre-requisites:** Basic sciences, (Human Physiology, Anatomy, General pathology. Pharmacology, Clinical methods, Parasitology, Biochemistry).

**Module Competence**

Diagnose and manage childhood diseases and conditions.

**Outcomes**

1. Diagnose and manage neonatal conditions

2. Apply principles of growth and development in diagnosis and management of childhood illnesses and conditions.

3. Diagnose and Manage Malnutrition and nutritional disorders

4. Carry out immunization and manage Immunizable diseases

5. Manage emerging and re-emerging paediatric tropical diseases and HIV

5. Apply the principles of IMNCI and ETAT plus in the management of common childhood illnesses

6. Diagnose and manage respiratory conditions and diseases.

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** |  |  | **Introduction to paediatrics and Neonatology.** definitions and terminologies, concepts and principles of pediatrics, comprehensive paediatric history; |
| **Week 2** |  |  | **Essential newborn care:**  newborn examination, assessment APGAR score, birth asphyxia and Active resuscitation of the newborn |
| **Week 3** |  |  | **Birth injuries**; cephalo-haematoma, caput sussedeneum, brachial plexus palsies, fracture clavicle, cephalohaematoma. **Congenital disorders** and abnormalities, (club foot CTEV, Spina bifida, imperforate anus/ vagina cleft lip and palate, ambiqous genitalia.  premature neonate, SGA and LGA Anemia, jaundice; ABO and rhesus incompatibility |
| **Week 4** |  |  | Hemorrhagic diseases of the newborn. congenital infections; Syphilis, rubella, herpes, toxoplasmosis, CMV Neonatal sepsis.  Neonatal convulsions, Perinatal mortality. |
| **Week 5:** |  |  | **Growth and development**  Growth monitoring  Anthropometric measurements  Factors influencing  Milestones |
| **Week 6:** |  |  | **Infant feeding**  Types of infant feeding |
| **Week 7:** |  |  | **Nutritional disorders**  Micronutrient deficiencies. Malnutrition; WHO Classification Rickets. |
| **Week 8:** |  |  | Immunization  EPI schedule |
| **Week 9:** |  |  | **CATs,** |
| **Week 10:** |  |  | **Immunizable diseases** |
| **Week 11** |  |  | Measles |
| **Week 12:** |  |  | **Tropical diseases**  Aetiology, lifecycle, transmission, pathophysiology, presentation, investigations, treatment and control |
| **Week 13:** |  |  | HIV  Life cycle, WHO staging and, Management of HIV /aids opportunistic infections. |
| **Week 14:** |  |  | **IMNCI**  Classifications treatment and follow up care for child and young infant |
| **Week 15:** |  |  | Emergency Triage Assessment and Treatment |
| **Week 16:** |  |  | **Respiratory diseases**  Anatomy and physiology of R/S Congenital defects, etiology, pathophysiology, presentation, differential, diagnosis, complications, management, prognosis and prevention, Coryza, foreign body, epiglottitis, Laryngo-tracheal (LTB) bronchitis, bronchiolitis, bronchiolitis, Bronchial Asthma, pneumonia, |
| **Week 17:** |  |  | Study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Introduction to Pediatrics and Neonatology -**Definitions and terminologies, concepts and principles of pediatrics, comprehensive Paediatric history; **Essential newborn care**; Normal newborn examination, assessment of the newborn, APGAR score, birth asphyxia and anoxia, Active resuscitation and care. **Birth injuries**, congenital disorders and abnormalities, premature neonate, SGA and LGA Anemia, jaundice; ABO and rhesus incompatibility and hemorrhagic diseases of the newborn. Congenital Infections; Syphilis, rubella, herpes, toxoplasmosis, CMV Neonatal sepsis, Neonatal convulsions, Perinatal mortality. **Growth and Development** - Growth monitoring, Factors influencing growth and development, developmental milestones. **Infant feeding and Nutritional disorders** - Breast feeding, Weaning and Artificial feeds. Micronutrient deficiencies. **Malnutrition**; WHO Classification of malnutrition; SAM; MAM and Rickets. **Immunization, Immunizable and Tropical diseases** -Vaccines, DVI (KEPI), National Immunization Schedule; Immunizable diseases: Etiology, pathophysiology, presentation, investigation, treatment, complications and prevention. Tropical diseases: aetiology, lifecycle, transmission, pathophysiology, presentation, investigations, treatment and control, WHO staging and, Management of HIV /aids opportunistic infections. **Kenya essential package of health -** IMNCI, ETAT plus WHO GUIDELINES: Concept of IMNCI, common childhood illnesses, Classification of sick children, Emergency Triage Assessment and Treatment of sick children. **Respiratory Diseases and Conditions -** Overview of Anatomy and physiology of the respiratory system; Congenital defects of respiratory system: etiology, pathophysiology, presentation, differential diagnosis, complications, management, prognosis and prevention, ENT: Coryza, foreign body, epiglottitis, Laryngo-tracheal bronchitis, bronchiolitis, bronchiolitis, Bronchial Asthma, pneumonia, pleural effusion, lung abscess.

**Teaching Strategies**

Interactive Lectures, Small Group Discussions, Demonstrations, Small Group Tutorials, Group Assignments, Virtual reality, e- learning.

**Teaching/Learning Resources**

Laptop, Computer, LCD projector, white board markers, and permanent markers, white board, Charts, videos, simulators - manikins, dummy, models.

**Assessment Strategies**

*Formative:* CAT(s) accounts for 40% of the total marks

*Summative:* End of Semester Examinations accounts for 60% of the total marks

**References/Further Readings**

Adetokunbo , L. and Herbert, G., (2003). *Short Textbook of Public Health Medicine*

*for* *the Tropics*, 4th Ed.Boca Raton: CRC Press

Coovadia, H.M. and Wittenberg, D.F. (2011). *Textbook of Paediatrics,* 6th ED. Oxford:

Oxford University Press

Hay, W. (2014). *Current Diagnosis and Treatment in Paediatrics*, 18th ED. Edinburg:

McGraw Hill

Lissauer, T., Clayden, G., and Craft, A. (2012). *Illustrated Textbook of Paediatrics.* Edinburgh, Mosby.

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Wood, C., Wood, C.H., DeGlanville, H. and Vaughan, J. P. (2008*) Community Health,* 3rd Ed. Nairobi AMREF

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Diploma in Clinical Medicine & Surgery**

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**Lecturer’s Details**

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| **Qualifications:** |  |
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| Date: |  |

# Course Outline for Surgery I

**Code:** Sur216

**Hours: 60**

**Credit: 6**

**Competence**

**Module Competence**

This module is designed to enable the learner acquire the appropriate knowledge and skills to diagnose and manage patients with general surgical and orthopaedic disorders/conditions.

**Module Outcomes**

By the end of this module, the learner should;

1. Explain the concepts and principles of surgery
2. Explain the concepts and principles of orthopedics and Traumatology
3. Attend pre and post-operative patients
4. Manage soft tissue conditions
5. diagnos and manage chest conditions appropriately.

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | |  |
| **From** | **To** |
| **Week 1:** | Introduction to surgery |  | definition, types surgery(general, orthopaedic, traumatology, cardiothoracic etc…),terminologies |
| **Week 2:** |  |  | clerkship(history and examination, imaging and other investigations, treatment of general surgery conditions) |
| **Week 3** |  |  | ),metabolic response to injury(basic cncepts in homeostasis, metabolic stress response to surgery and trauma classification of surgical conditions, medical conditions that affect surgical treatment |
| **Week 4** | Introduction to orthopaedics |  | **;** diagnosis and management of orthopaedic disorders (history and examination, imaging and other investigations, treatment of orthopaedic disorders), pathology of fractures and fracture healing, principles of fracture management |
| **Week 5:** |  |  | types of anaesthesia (regional, local and general), care of the airway |
| **Week 6:** | Pre – and post operative surgical care. |  | pre and post-operative care of surgical patient(specific preoperative problems, care in operating room, common and serious post-operative complications),. |
| **Week 7:** |  |  |  |
| **Week 8:** | Pre – and post operative surgical care. |  | types of anaesthesia (regional, local and general), care of the airway |
| **Week 9:** |  |  | C.A.TS |
| **Week 10:** | Soft tissue conditions. |  | burns (pathophysiology ofburninjury, airway and lungs, life threatening events with major burns,care of burnt patient,complication of burns), soft tissue infections, soft tissue injuries, ulcers, gangrene |
| **Week 11** |  |  | burns (pathophysiology ofburninjury, airway and lungs, life threatening events with major burns,care of burnt patient,complication of burns), soft tissue infections, soft tissue injuries, ulcers, gangrene |
| **Week 12:** | Chest conditions |  | obstruction of the airway, chest injuries: fracture ribs, flail chest, pneumothorax, cardiac tamponade, haemothorax, surgical emphysema, empyema, lung tumours, and breast conditions. |
| **Week 13:** |  |  | obstruction of the airway, chest injuries: fracture ribs, flail chest, pneumothorax, cardiac tamponade, haemothorax, surgical emphysema, empyema, lung tumours, and breast conditions. |
| **Week 14:** |  |  |  |
| **Week 15:** |  |  | Study week |
| **Week 16:** |  |  |  |
| **Week 17:** |  |  |  |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Introduction surgery;** definition, types surgery(general, orthopaedic, traumatology, cardiothoracic etc…),terminologies, clerkship(history and examination, imaging and other investigations, treatment of general surgery conditions),metabolic response to injury(basic cncepts in homeostasis, metabolic stress response to surgery and trauma), classification of surgical conditions, medical conditions that affect surgical treatment. **Introduction to Orthopaedics and Traumatology;** diagnosis and management of orthopaedic disorders (history and examination, imaging and other investigations, treatment of orthopaedic disorders), pathology of fractures and fracture healing, principles of fracture management, complications of fractures, special features of fractures in children, joint injuries(dislocations, sublaxations, anterior articular fractures). **Pre and Post-operative Surgical Care;** pre and post-operative care of surgical patient(specific preoperative problems, care in operating room, common and serious post-operative complications), types of anaesthesia (regional, local and general), care of the airway. **Soft Tissue Conditions;** burns (pathophysiology ofburninjury, airway and lungs, life threatening events with major burns,care of burnt patient,complication of burns), soft tissue infections, soft tissue injuries, ulcers, gangrene. **Chest Conditions;** obstruction of the airway, chest injuries: fracture ribs, flail chest, pneumothorax, cardiac tamponade, haemothorax, surgical emphysema, empyema, lung tumours, and breast conditions.

**Teaching Strategies**

Interactive Lectures, Small Group Assignments, and Small Group Discussions

**Teaching/Learning resources**

Computer, LCD Projector, White Board Markers, Permanent Markers, White Board, Charts, Chalk, Chalk Board.

**Assessment strategies**

***Formative*:** Continuous Assessment Tests, Individual Assignments and Group Assignments***Summative*:** End of Semester Examination

***References/Further Readings***

Atingà, J. E., Mutiso, V. M., & Otsyeno, F. M. (2014). *AORF Text Book of Orthopaedics.* Nairobi: Acrodile Publishing.

Burkitt, H. G., Quick, C. R., & Reed, J. B. (2014). *Essential Surgery - Problems, Diagnosis and Management.* London: Churchill Livingstone, ELSEVIER.

Dandy, D. J., & Edwards, D. J. (2009). *Essential Orthopaedics and Trauma.* London: Churchill Livingstone, ELSEVIER.

Ebnezar, J. R. (2016). *Textbook of Orthopedics.* New Delhi: Ansari.

Garden, O. J., & Parks, R. W. (2018). *Principles and Practice of Surgery.* London: ELSEVIER.

Hamblen, D. J., & Simpson, A. H. (2013). *Adams`s Outline of Fractures.* London: Churchill Livingstone, ELSEVIER.

Hamblen, D. S. (2010). *Outline of orthopaedics.* London: Elsevier Churchill Livingstone.

Kenneth, A., et al (2010). *Handbook of Fractures,* 4th Ed. Wolters Kluwer, Philadelphia

McRae, R. (2010). *Clinical Orthopaedic Examination.* London: Churchill livingstone Elsevier

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**KENYA MEDICAL TRAINING COLLEGE**

**DEPARTMENT OF CLINICAL MEDICINE**

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# Course Outline for RH I (Gynaecology)

**Code:** GYN 104

**Hours:** 40

**Credit:** 4

**Competence**

Enable the learner assess, diagnose and manage patients with gynaecological conditions.

**Module Outcomes**

By the end of this module the learner should;

1. Demonstrate the understanding of concepts and principles of clinical methods in gynaecology
2. Recognize and manage disorders of Puberty, Menstruation, Menopause and Andropause
3. Demonstrate understanding of Human Sexuality
4. Identify and manage patients with Infertility
5. Explain Adolescence and Youth Health in relation to Reproductive function
6. Evaluate and manage patients with early pregnancy complications

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Unit Name** | **Topic** | **Hours** |
| **1.** |  |  |  |
| **2.** |  |  |  |
| **3.** |  |  |  |
| **4.** |  |  |  |
| **5.** |  |  |  |
| **6.** |  |  |  |
| **7.** |  |  |  |
| **8.** |  |  |  |
| **9.** |  |  |  |
| **10.** |  |  |  |
| **11.** |  |  |  |
| **12.** | Clinical Methods  Puberty, Menstruation, Menopause and Andropause | Gynaecological history, physical examination and investigations in a gynaecological patient  Skills lab demonstration  Puberty  Menstrual Cycle  Menopause  Andropause | **2**  **2**  **2**  **2**  **2**  **2** |
| **13.** | Human Sexuality and its Disorders  Infertility  Adolescence and Youth Health | Sexual orientation and Deviations  Normal sexual response  Disorders of sexuality  Introduction – definition, normal fertility, types of infertility; general factors influencing fertility  Causes of infertility  Management of infertility.  Assisted reproductive technologies  Introduction - definitions, changes that occur during adolescence  Common medical conditions affecting adolescents and youths  Harmful practices affecting Adolescents and Youths  Peer education and counseling  Youth friendly services | **1**  **1**  **2**  **2**  **2**  **1**  **1**  **2**  **1**  **1**  **1**  **1** |
| **14.** | Early Pregnancy Complications | Abortion  Ectopic pregnancy  Molar pregnancy  Gestational trophoblastic disease  Hyperemesis gravidarum | **2**  **1**  **1**  **2**  **1** |
| **15.** | **Christmas and New Year Break** |  |  |
| **16.** |  |  |
| **17.** |  |  |  |
| **18.** |  |  |  |
| **19.** |  |  |  |
| **20.** |  |  |  |
| **21.** | **End of Semester Exams** |  |  |
| **22.** |  |  |  |

**Module content**

**Clinical Methods;** gynecological history, physical examination in a gynecological patient, gynecological investigations. **Puberty, Menstruation, Menopause and Andropause;** normalpubertal changes, disorders of puberty, physiology of menstruation, menstrual disorders, management of menstrual disorders. Menopausal changes, manifestations of andropause, management of menopausal and andropausal disorders. **Human Sexuality and its Disorders:** sexual orientation,normal sexual response, disorders of sexuality, management of sexuality disorders, Sexual deviations. **Infertility;** introduction – definition, normal fertility, types of infertility; causes of infertility; management of infertility. Assisted reproductive technologies **Adolescents’ and Youth Health:** definitions, changes that occur during adolescence, common conditions affecting adolescents and youths, harmful practices, peer education and counseling, youth friendly services. **Early Pregnancy complications;** abortion, ectopic pregnancy, molar pregnancy and gestational trophoblastic disease, hyperemesis gravidarum.

**Teaching Strategies**

Lectures, tutorials, Skills-lab, skills demonstrations in theatre, and at bedside.

**Teaching/Learning Resources**

Laptop computer, LCD projector, white board, white board markers, permanent markers, Flip Charts, Mannikins, Models, 3D Pictures, videos.

**Assessment Strategies**

***Formative;*** Continuous assessment tests, individual assignments and group assignments ***Summative;*** End of semester examination, FQE.

**References and Further readings;**

Bain C., Burton K., Callander R., Ramsden I., (2011) Gynaecology Illustrated, 6th Edition,

Philadelphia, USA: Churchill Livingston/Elsevier,

DeCherney A. Nathan L., Laufer N., Roman A. (2007) Current Diagnosis & Treatment obstetrics

& Gynaecology, 11thEdition, San Francisco, USA: McGraw Hill/Lange

Dutta D. (2005), Text book of Gynaecology, 4th Edition, Culcatta, India: New central Book

Agency (P) Ltd.

Lobo R., Gershenson D., Lentz G., Valea F. (eds.), (2017) Comprehensive Gynaecology, 7th

Edition, Philadelphia USA: Elsevier

MoH, (2003) Adolescent Reproductive Health and Development Policy

Monga A. (ed.) (2006) Gynaecology by Ten teachers18th Edition, London, UK: Book power

ELST/Hodder Arnold

Symonds E., Symonds I., (2006) Essential Obstertics & Gynaecology, 4th Edition, Philadelphia

USA: Churchill Livingstone

**e-resources;** case studies, case scenarios, simulations, soft wares, Apps

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Diploma in Clinical Medicine &Surgery**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Lecturer’s Details**

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| **Qualifications:** |  |
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# Course Outline for Medicine I

**Code:** **MED 216**

**Hours:** 60

**Credit:** 6

**Competence**

To enable the learner apply the knowledge, skills and attitudes in the management of medical conditions.

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**Outcomes**

1. Classify, diagnose and manage STIs
2. Demonstrate understanding of management of HIV/AIDS
3. Diagnose and manage tropical diseases
4. Manage Respiratory conditions
5. Manage Cardiovascular conditions

**Module Units**

|  |
| --- |
| **Unit name Hours** |
| **Theory Practicals** |
| 1. **STI, HIV,AIDS 10 0** 2. **Dermatology 10 0** |
| 1. **Tropical Medicine 10 0** 2. **Respiratory conditions 10 0** |
| 1. **Cardiovascular conditions 20 0** |

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** |  |  | **STIs**;definitions, classification ,common features of STIs, syndromic management**,** , complications |
| **Week 2:** |  |  | **HIV/AIDS;** Epidemiology, lifecycle of HIV virus, classifications/staging, opportunistic infections |
| **Week 3** |  |  | management and HBC **Dermatology**; overview of the anatomy and physiology of the skin, History taking, physical examination, |
| **Week 4** |  |  | pharmacology of topical applications, leprosy, skin bacterial infections, fungal, viral, pediculosis, insect bites, tungiasis, |
| **Week 5:** |  |  | scabies, albinism, Eczema, psoriasis, drug eruptions, vitiligo, acne vulgaris, carcinomas, ulcers**.** |
| **Week 6:** |  |  | **Tropical Medicine;** parasitic,( nematodes, cestodes, trematodes) protozoan, (malaria, trypanasomiasis, leishmaniasis, amoebiasis, giardiasis), |
| **Week 7:** |  |  | bacterial, (brucellosis, shigellosis, salmonellosis, anthrax, leptospirosis), fungal (candidiasis, cryptococcosis, blastomycosis, histoplasmosis) |
| **Week 8:** |  |  | viral, (haemorrhagic fevers, cytomegalovirus, infectious mononucleosis), **Respiratory conditions,** overview of anatomy and physiology, history taking, physical examination, |
| **Week 9:** |  |  | **CATs,** |
| **Week 10:** |  |  | Features of upper respiratory diseases, investigation, treatment and complications of respiratory diseases. |
| **Week 11** |  |  | Features of lower respiratory diseases, investigation, treatment and complications of respiratory diseases. |
| **Week 12:** |  |  | **Cardiovascular conditions,** overview of anatomy and physiology, |
| **Week 13:** |  |  | history taking, physical examination, features of cardiovascular diseases |
| **Week 14:** |  |  | features of cardiovascular diseases, investigations, treatment and complications of cardiovascular diseases |
| **Week 15:** |  |  | features of cardiovascular diseases, investigations, treatment and complications of cardiovascular diseases |
| **Week 16:** |  |  | features of cardiovascular diseases, investigations, treatment and complications of cardiovascular diseases |
| **Week 17:** |  |  | Revision/study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**STIs**;definitions, classification ,common features of STIs, syndromic management**,** , complications **HIV/AIDS;** Epidemiology, lifecycle of hiv virus, classifications/staging, opportunistic infections, management and HBC **Dermatology**; overview of the anatomy and physiology of the skin, History taking, physical examination, pharmacology of topical applications, leprosy, skin bacterial infections, fungal, viral, pediculosis, insect bites, tungiasis, scabies, albinism, Eczema, psoriasis, drug eruptions, vitiligo, acne vulgaris, carcinomas, ulcers**.** **Tropical Medicine;** parasitic,( nematodes, cestodes, trematodes) protozoan, (malaria, trypanasomiasis, leishmaniasis, amoebiasis, giardiasis), bacterial, (brucellosis, shigellosis, salmonellosis, anthrax, leptospirosis), fungal (candidiasis, cryptococcosis, blastomycosis, histoplasmosis) viral, (haemorrhagic fevers, cytomegalovirus, infectious mononucleosis), **Respiratory conditions,** overview of anatomy and physiology, history taking, physical examination, features of respiratory diseases, investigation, treatment and complications of respiratory diseases.

**Cardiovascular conditions,** overview of anatomy and physiology, history taking, physical examination, features of cardiovascular diseases, investigations, treatment and complications of cardiovascular diseases**.**

**Teaching Strategies**

Interactive Lectures, Small Group Tutorials and Small Group Assignments.

**Teaching/Learning Resources**

Computer, LCD projector, white board markers, permanent markers, white board, Charts.

**Assessment Strategies;**

**Formative;** Continuous Assessment Tests, Individual Assignments and Group Assignments

**Summative;** End of module examination

**References and Further readings**

* 1. Harrison's Principles of internal medicine 17th edition.
  2. Davidson's Principles and Practice of medicine, 21st Edition.
  3. Tropical Diseases AMREF
  4. Kumar and Clerk Text book of clinical Medicine 6E Edition
  5. Oxford Textbook of Medicine Michael Glynn, William Drake, Clinical Methods, 23rd Edition, 2012, London UK

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Kenya Medical Training College**

**Department of Clinical Medicine**

**Course Outline**

**For**

**Higher Diploma in Clinical Medicine &Surgery**

**(Clinical Pathology I)**

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**Lecturer’s Details**

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# Course Outline for Clinical Pathology I

**Code:** **CLP 213**

**Hours:** 30

**Credit:** 3

**Pre-requisite:** Basic sciences for diploma in clinical medicine

**Competence**

To enable the learner demonstrate the understanding of pathological processes to the clinical features of diseases.

**Outcomes**

1. Explain the pathogenesis and pathology of the disorders of the cardiovascular system.
2. Explain the pathogenesis and pathology of the disorders of the respiratory system

**Content Delivery**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Dates** | | **Unit** |
| **From** | **To** |
| **Week 1:** |  |  | Review of anatomy and physiology, cardiac failure, |
| **Week 2:** |  |  | Cardiomyopathies, myocarditis and pericarditis |
| **Week 3** |  |  | Rheumatic fever and rheumatic heart disease, |
| **Week 4** |  |  | Valvular heart disease and infective endocarditis |
| **Week 5:** |  |  | Disorders of arteries, hypertension, disorders of veins and lymphatics |
| **Week 6:** |  |  | Review anatomy and physiology. Disorders of upper respiratory tract –rhinitis, sinusitis, |
| **Week 7:** |  |  | Disorders of upper respiratory tract – laryngitis, diphtheria, tonsillitis, epiglottitis |
| **Week 8:** |  |  | Disorders of the lower respiratory tract – bronchitis. lung congestion, pulmonary |
| **Week 9:** |  |  | **CATs,** |
| **Week 10:** |  |  | Pneumonia, lung abscess, bronchiectasis |
| **Week 11** |  |  | Bronchial asthma, empyema, hydrothorax, |
| **Week 12:** |  |  | Pulmonary atelectasis, lung collapse, emphysema |
| **Week 13:** |  |  | asphyxia, pulmonary tuberculosis and lung carcinoma |
| **Week 14:** |  |  |  |
| **Week 15:** |  |  | Make up lessons |
| **Week 16:** |  |  |  |
| **Week 17:** |  |  | Study week |
| **Week 18:** |  |  | **End of Semester Examinations** |

**Module Content**

**Cardiovascular system;** review of anatomy and physiology, cardiac failure, cardiomyopathies, myocarditis and pericarditis, rheumatic fever and rheumatic heart disease, valvular heart disease and infective endocarditis, disorders of arteries, hypertension, disorders of veins and lymphatics.

**Respiratory system**; review anatomy and physiology. Disorders of upper respiratory tract –rhinitis, sinusitis, laryngitis, diphtheria, tonsillitis, epiglottitis, Disorders of the lower respiratory tract – bronchitis. lung congestion, pulmonary oedema, pneumonia, lung abscess, bronchiectasis, broncho asthma, empyema, hydrothorax, pneumothorax, pulmonary atelectasis, lung collapse, emphysema, asphyxia, pulmonary tuberculosis and lung carcinoma.

**Teaching Strategies**

Lectures and tutorials.

**Teaching/Learning Resources**

Laptop computer, overhead projector, LCD projector, white board markers, permanent markers, white board, Charts, 3D Pictures.

**Assessment Strategies**

*Formative:* CAT(s) accounts for 40% of the total marks

*Summative:* End of Semester Examinations accounts for 60% of the total marks

**References/Further Readings**

Kishasha M (2016). *Textbook of human pathology*. 1st edition, Acrodile publishers, Nairobi,

Kenya.

Harsh M (2014). *Textbook of Pathology*. 1st edition. New Delhi: Jaypee Brothers, Medical Pub,

India

Ngton C, & Muir (2014). *Textbook of Pathology*. 15th edition, New Delhi. Jaypee Brothers, India

**Prepared By:** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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